SUMMER - FALL 2024

FREE

PARWAYS

YOUR GUIDE TO FIVE RIVERS METIROPARKS

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FIVE RIVERS METROPARKS



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- + Visit metroparks.org/fishing to learn where you can fish without an Ohio license.
- ∞ Visit metroparks.org/boating for details on rules for boating locations.

The Dayton region also is home to 270 miles of water trails and the nation's largest paved trail network, where you can experience more than 350 miles of connected trails.

Your Five Rivers MetroParks includes trails for all users:

- 25 miles of equestrian trails
- 9-plus miles of mountain biking trails
- · trails accessible to those who use mobility devices
- 78 miles of hiking trails and a 29-mile backpacking trail

ALERTS AND CLOSURES

Weather conditions and construction can affect hiking trails, bikeways and access to certain park entrances. All construction information, detours and weather-related notices are posted online at metroparks.org/alerts.

LOST ITEMS

If you lost something valuable in a MetroPark, contact the Rangers to identify and retrieve your belongings. Contact Alan Starnes at (937) 567-4265 for details.

HOW TO CONTACT A RANGER

Inform the Montgomery County
Sheriff's Office dispatcher you are in a
MetroParks facility. A MetroParks law
enforcement Ranger will be notified and
respond as soon as possible.
EMERGENCY CONTACT: 9-1-1
NON-EMERGENCY: (937) 225-HELP (4357)



Karen L. Hesser CPRP. Chief Executive Officer

Hello MetroParks Friends,

The change of season is upon us and as we at MetroParks prepare for our busiest months, we want to be sure we're welcoming everyone with open arms. One of my priorities as CEO of your Five Rivers MetroParks is to ensure our three strategic focus areas remain front and center. Those are diversity, equity and inclusion (DEI); climate change mitigation; and financial health. In this issue of ParkWays, our DEI work is highlighted.

In the following pages, you'll read about how your MetroParks team designs spaces so they're more accessible to everyone in our community. Learn how MetroParks' 191 miles of managed trails help our active and older adult population stay healthy while making personal connections to nature. Plus, you'll learn about some of the

70 diverse groups that requested volunteer opportunities last year, including schools, corporate groups and those with different abilities.

DEI is not a new idea for MetroParks. Our values have long included diversity, respect and community. We are committed to creating a welcoming, inclusive experience for every employee, volunteer and visitor. We strongly believe nature is for everyone: all ages, gender identities, ethnicities, religions, abilities and socioeconomic statuses. Members of our internal DEI Council bring their talents and viewpoints to all they do, which in turn helps MetroParks create a park district in which everyone feels welcome to connect with nature.

MetroParks continues the journey to make everyone feel safe, comfortable and welcome in their MetroParks. We look forward to the future thanks to the education and support from community partners, such as the National Conference for Community and Justice (NCCJ) of Greater Dayton, the Montgomery County Board of Developmental Disabilities and others.

Gratefully,



OUR MISSION: Five Rivers MetroParks is dedicated to protecting the region's natural heritage and providing outdoor experiences that inspire a personal connection with nature.

METROPARKS COMMISSIONERS





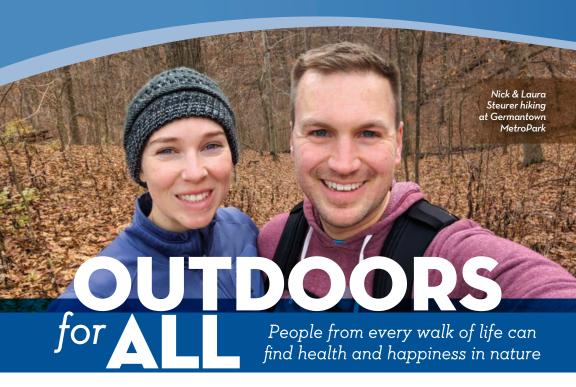




is a CAPRA-accredited park agency.



ParkWays is a publication of Five Rivers MetroParks and published two times per year. An online version is available at metroparks.org/parkways. ©2024 Five Rivers MetroParks 409 E. Monument Ave. Dayton, Ohio 45402 • (937) 275-PARK



These two Montgomery County residents serve the community in different ways — but both find joy spending time outside.

From nurse to patient to new mom, Laura Steurer has been meeting life's joys and challenges with help from her favorite MetroParks trails.

A Miamisburg resident, Steurer is a surgical nurse, a considerable challenge during the

pandemic. Then, in early summer 2022 after having consistent headaches, Steurer discovered she needed brain surgery requiring three days in the ICU and 12 weeks of recouperation.

Laura hiking at Possum Creek MetroPark through her pregnancy



While she and her husband, Nick, have always been active outdoors, she decided to take her trail time seriously to be as fit as possible for her surgery. The couple spent much of that summer on the trails, with Laura completing the 9.2-mile orange trail in Germantown MetroPark twice the day before her surgery.

"The outside is therapeutic, especially the fresh air," Steurer said. "I've never spent time outside and felt worse after."

Then, in May 2023, the Steurers discovered that, after years of trying, they were expecting a baby. Steurer stuck with the trails for her mental and physical health during pregnancy.

"I was really active the whole time," she said.
"My mood totally shifted from the start to finish of a hike. I felt like a totally different person when I was done."

At full term, Steurer returned to her favorite trail in Germantown MetroPark to prepare for her newest adventure as a mom. Son August Fitzpatrick was born Feb. 2, 2024.

As a healthcare professional, Steurer knows access to the outdoors and being active in nature are important.

"Even a short amount of time outside is good," she said. "A lot of people don't have the means to go to the gym, but the trails are scattered in location so most people can access them."

Laura's Picks

If you are new to the outdoors and don't know where to start, Laura Steurer suggests:

- Walking is a great place to begin. Five Rivers MetroParks has several easy natural-surface and paved trails, including Heart Healthy Trails. (See page 21.)
- Steurer's pick for beginners is Possum Creek MetroPark, where the trails are easy to traverse and vary in length from 0.3 to 3.5 miles.

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COVER STORY

When it comes to finding peace and relaxation in nature, longtime Daytonian and Sinclair College professor Amaha Sellassie has found both on rivers. He's no stranger to the outdoors, although recreating on the water is something relatively new to him.

In 2022, Sellassie was invited by his friend and avid paddler on a kayaking adventure. Since then, he's been trying to paddle at least once a week during warm weather.

"I just fell in love with it," Sellassie said. "I find so much joy and see cranes, bald eagles. You just never know what you're going to see."

In addition to teaching, Sellassie is also the board president of west Dayton's Gem City Market and co-executive director of CO-OP Dayton, two organizations focused on addressing needs, equity and economic success in the community — something he thinks about on the water.

"Water is a moveable form, but underneath are separate particles working together and there's this emphasis on cooperation," Sellassie said. "Last summer, I used kayaking as a way to rethink work - let's move from a golf course to a kayak. Why can't we have friends go on the river to have deep dialogue? I've been exploring that a lot."

Sellassie also understands the importance of the outdoors being a welcoming space for everyone.

"I've been trying to reimagine Blackness that

includes being out on the rivers," he said.
"There's this underlying assumption or narrative
these things are more for white people, but
down South everyone is outside."

Sellassie envisions a future for Dayton's riverfronts like those he's experienced when traveling, where communities convene near the water to enjoy each other's presence in nature. To reach that future, he encourages others to try something new.

"Take your time and just try to relax," Sellassie advised. "I couldn't believe I waited so long to get on the water after I tried kayaking the first time."

Amaha's Picks

Amaha Sellassie enjoys outings on the Great Miami River near the confluence of the Mad River, located between RiverScape and Deeds Point MetroParks. New paddlers may feel more comfortable on flat water. Sellassie's favorite parks with lakes are Possum Creek and Eastwood MetroParks.

- Possum Creek MetroPark: Last fall, an accessible dock was installed at Argonne Lake, allowing those who use mobility challenges to easily get situated in a kayak or canoe.
- Eastwood MetroPark: For those without paddling gear, self-service kayak rentals are available at a kiosk located between Eastwood Lake and Blue Lake (lake side). Simply use your mobile device to check out a kayak, paddle and life jacket.





Lights, Camera, Amphibian!

If a picture is worth a thousand words, how can 30,000 photos describe improvements to an ecosystem? MetroParks' conservation staff and volunteers hope to find out.

In fall 2023, conservation technician Sarah Browning started a long-term research project to contribute to amphibian conservation, which is under studied in Ohio's wetlands. MetroParks' conservation staff had the perfect location in mind.

Spring Run Conservation Area in Trotwood is now home to 22 acres of wetlands thanks to restoration being implemented over 10 years the perfect timetable for long-term research.

Through a partnership with Ohio Partners in Amphibian Research & Reptile Conservation (OhioPARC), MetroParks sourced devices called Camera Trap Arrays. These data-collection tools are comprised of a long fence that funnels wildlife through a small opening inside a bucket. Any significant movement inside the bucket triggers a camera to snap

a picture. Wildlife are then able to leave and return to their habitat through another opening in the bucket.

"This is a passive way to monitor," said MetroParks Biologist Lisa Zoromski. "No animals are being harmed, and we don't have to handle the wildlife. It's a very easy way to collect data."

Because OhioPARC has a specific interest in research on amphibians and reptiles, they allowed MetroParks to borrow one of the two arrays at Spring Run Conservation Area as part of a state-wide initiative to analyze species in Ohio.

"New wetland restoration sites are great to study because we'll understand how impactful the wetlands are," said Zoromski. "If we start to see rare or threatened species present at this site over time, it would be awesome."

MetroParks' conservation team has been pleasantly surprised by the data collected so far.

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CONSERVATION



Images of wildlife captured in Five Rivers MetroParks' Camera Trap Arrays.



"Though many of the images are of rodents, we were surprised to get many images of turtles and frogs right away," said Zoromski. "This is a good sign. Moving forward, we hope to add more arrays."

However, more arrays mean more photos, and the first six months have already yielded 30,000 images to review.

This is where select groups of MetroParks volunteers and universities may come in.

"We are able to upload photos to a platform that allows us to share images with people so they can help classify them," said Zoromski. "We hope to work with local college students and groups of volunteers to help us identify the wildlife in the many photos we have currently and will continue to gather."

Some of the first volunteers to help MetroParks' conservation team ID photos are a group of young Conservation Leaders, youth ages 10 to 17 who wish to deepen their connections with nature by exploring Dayton's ecology.

"Each month, the Conservation Leaders volunteer with staff on various conservation projects," said Zoromski. "It's enjoyable to work with such an engaged and enthusiastic group of future leaders in conservation."

Just after the new year, a handful of these volunteers were trained to ID photos using a platform they can access from any device at any time. They eagerly dove into identifying photos, going through hundreds the first day of their training alone.

"Although often viewed as at odds with one another, this blend of nature and technology

speaks to these kids. They've grown up using screens," said Erin Rowekamp, MetroParks education specialist. "This project allows these youth volunteers to support MetroParks' conservation mission and foster a deeper understanding of the research and the important role they can play now and in the future to make meaningful improvements to wild spaces."

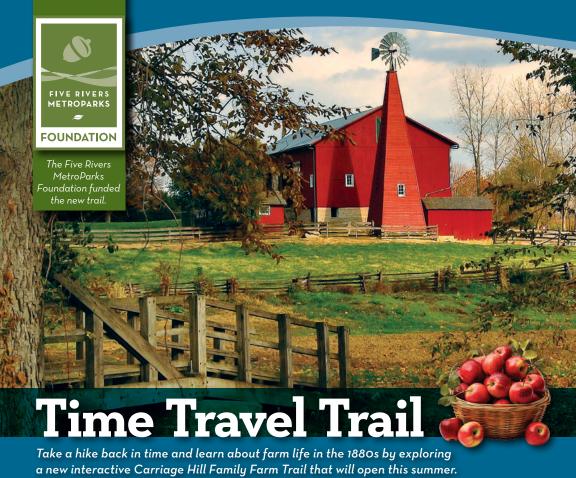






Find upcoming Conservation Leaders programs on page 29.

Learn more about new and ongoing MetroParks' research and conservation projects at metroparks.org/research.



Generations of the Arnold family lived and worked on the Carriage Hill Historical Farm from the 1830s until 1916. The Arnolds were prosperous but lived a simple life shaped by their German Baptist Brethren faith. They also were active in the community and their church, helping their friends and Brethren

around the region. In addition to their farm operations, the Arnolds ran a sawmill.

To access the new trail, visitors walk through the Carriage Hill Historical Farm. It includes original and reproduction buildings representing the 1880s, as well as heritage animals and heirloom crops found on the Arnolds' family farm. The trail provides a connection to other park features and aligns with MetroParks' sustainable trail initiative, which calls for natural surface trails to have less of an environmental impact while improving hikers' experiences. Other improvements include clearing invasive species around the Joseph Arnold Pond so it's more visible.

"Relax in seating around the pond and watch the windmill turn," said Mike Pitts, Carriage Hill MetroPark manager. "It's a beautiful setting now."

Stops Back in Time

The 0.75-mile, natural-surface Carriage Hill Family Farm Trail includes stops where visitors can imagine the park when it was home to the Arnold family.

"Generations of children have played outdoors here," said Doug Horvath, MetroParks education coordinator. "Your family can gain the same benefits of play, including stronger bodies and imaginations, by reenacting past playful activities. Have a footrace, pretend to camp and explore a creek. We've placed stations with props along the trail to help keep the mood you gained from the historical homestead visit and live it down the natural trail."

Farmers grew crops for extra income in truck patch gardens in the 1880s.
The Arnolds grew pumpkins, potatoes, turnips, beans and melons, harvesting the ripened produce and loading

EDUCATION









it into a wagon to be sold at market. Use available tools to try making a mounded row, digging a hole and removing weeds.

Explore the **sugar camp** area to imagine standing by a fire boiling sap in the large kettle to produce **maple syrup**. The Arnolds produced syrup for extra income during winter, tapping 50 to 100 maple trees on their property for sap that produced as much as 25 gallons of syrup.

Farmers planted fruit trees to add variety to the crops they harvested and sold. The Arnolds planted apples, plums, cherries and peaches in various locations, including this orchard. This year, 17 trees similar to what Joseph Arnold cultivated in the 1880s are being planted to restore this orchard. The fruit will be used during programs and demonstrations at the Carriage Hill Historical Farm.

Imagine the farm implements in the equipment graveyard being used in the fields. At a time when parts were not readily available for purchase, broken equipment was a valuable source for repair parts.



Scan the code to download OuterSpatial and access MetroParks' free mobile app, which includes more information about the Carriage Hill Historical Farm and Family Farm Trail.



Throughout the year, the farm comes to life through living history demonstrations and programs. Scan the code or visit metroparks.org/carriagehill for program listings.



METROPARKS.ORG PARKWAYS PARKWAYS

Recreation Opportunities FORALL Nathan Stevens has worked with adults with autism and developmental disabilities for 15 years, and he's discovered one of the places they feel most included and thrive is in nature.









discovered one of the places they feel most included and thrive is in nature.

Stevens is the community and recreation coordinator at Resident Home Association (RHA), a Dayton-based nonprofit organization

that's provided residential, respite, day support and transportation services for adults with disabilities for nearly 60 years.

"I get to know residents, figure out what they are interested in and match them up with opportunities that meet their interests," said Stevens. "It's also very important to me to match our residents with activities in the community that also educate people that we can do the same activities in the same manner everyone else can."

The activities RHA residents seem to enjoy most are being in nature and participating in nature-related programs. However, Stevens understands many residents have had limited time outdoors during the past few years due to the pandemic.

"Many people, including RHA residents, spent a lot of time indoors during the pandemic," he said. "Time in nature allows our residents to regain their health after being cooped up from COVID."

From participating in such MetroParks programs as Backpacking 101 and Fiber Arts Meet Up to unstructured hikes on the trails, Stevens notices the benefits being in nature has for his residents. Additionally, the Boy Scouts of America and RHA team up to host a "Venturing Group" that builds outdoor living skills and allows residents to camp, hike and participate in programs that allow them to earn badges.

"Being outside does have a positive effect on their mental and physical health," said Stevens. "It's amazing how I can take them out and give them one-on-one time in nature,

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RECREATION

and a lot of times that will change their demeanor for the week."

Stevens' goal is to ensure the community is inclusive of those who are developmentally disabled and who wish to participate in everyday public activities.

"My mom worked at RHA, so at an early age I was able to meet other autistic adults and dispel any misunderstandings of people with autism," said Stevens.

Now, Stevens and adults at RHA participate in community-based activities to dispel myths.

"I want to educate the community," he said.
"But I also have to set up people with things
they can handle that help with social skills."

Stevens said MetroParks' programs and park experiences are appropriate without being overwhelming for RHA residents. Because many programs are more intimate, with a limited number of participants and a casual setting, RHA residents don't feel overwhelmed.

An avid hiker himself, Stevens knows his residents' limits because he often spends time on the trails in MetroParks. His favorite is the outer loop at Twin Creek MetroPark.

Trails are for everyone, regardless of body shape, age, ability, gender, race and



Nathan Stevens with Keith Savage on an outing at the Reds stadium.

beyond. However, for those who may have considerations similar to those of RHA's residents, Stevens suggests:

- The paved paths at Hills & Dales and Wegerzyn Gardens MetroPark.
- Cox Arboretum MetroPark, which features a network of brick paths that weave through the gardens and shorter, naturalsurface trails with more even terrain.
- Possum Creek MetroPark, which features trails from 0.3 miles to 3.5 miles, including natural-surface loop trails that take hikers through different habitats.

For information on MetroParks' accessible trails, visit metroparks.org/ParkWaysOnline.







Volunteering in VOLUME

It's easy for groups to provide much-needed support to Five Rivers MetroParks.

Miamisburg High School students may be volunteering in the gardens at Cox Arboretum MetroPark today, but they're learning skills they can use in the future.

The Vocational Block Program at Miamisburg High School provides opportunities for students to volunteer and learn valuable life skills during the school day. In 2023, they completed 17 volunteer shifts at Cox Arboretum MetroPark, helping with such gardening and landscaping tasks as weeding garden beds and sowing vegetable seeds in the Maimon Memorial Garden.

"Volunteering at Cox Arboretum gives students fresh air and a sense of accomplishment, along with opportunities to learn about nature in person and learn and practice skills in gardening and landscaping," said program teacher Katie Grant.



VOLUNTEER



Another volunteer group, Capabilities Inc., provides personalized rehabilitation services for people with disabilities. A group of four from this organization completed two shifts at Wegerzyn Gardens MetroPark, helping with gardening projects. During one shift at Aullwood Garden MetroPark, group volunteers set up lanterns for the Aullwood Winter Luminary Walk. Capabilities Inc. plans to volunteer even more often in 2024.

"I looked for a way to help in our community and allow the public to see how capable our members are of working and being in the public," said Jean Weaver, Capabilities Inc. community consultant. "And I love the MetroParks."

Groups can easily request a project specific to their needs and interests on Get Connected, MetroParks' online volunteer platform.

"We have quite a diversity in our participating community groups, from corporate to school to special interest groups and more," said Jenny Hymans, MetroParks' manager of volunteer services.

"Everyone is welcome and encouraged to get outside and give back with MetroParks." Request an opportunity for your team or group today!



How to Become a METROPARKS VOLUNTEER

MetroParks has a variety of volunteer opportunities year-round for nearly every interest, need, age, ability and commitment. Visit metroparks.org/volunteer to discover how you, your family and groups can support MetroParks as a volunteer.

Learn More & Get Started

VISIT metroparks.org/volunteer

EMAIL volunteer.services
 @metroparks.org
CALL (937) 275-(PARK) 7275
 to speak with a
 volunteer coordinator





Investing in Island

Your support is needed for critical updates at this popular urban MetroPark.

Since it was an amusement park in the late 19th century, Island MetroPark has been an active community gathering spot, especially for families looking to connect with nature in our city's core.

Currently, fundraising is underway to improve this MetroPark — and you can help.

For the past year, the Five Rivers MetroParks Foundation has been actively fundraising for the Island MetroPark Improvement Project. Phase I includes replacement of the splash pad and addition of musical toys and site amenities. Phase II includes replacement of the playground. Both opened in 1997 and, after 25 years, have reached the end of their useful lives.

Following completion of phase I, for which \$720,000 is currently being raised, the

Foundation will begin fundraising for Phase II. Following the completion of fundraising for these, the Five Rivers MetroParks Foundation will begin fundraising for improvements to the rest of the park, including the Island MetroPark bandshell.

Five Rivers MetroParks is grateful for Montgomery County voters, who support a property tax levy that provides 87% of the agency's funding. However, with the elimination of and reductions to state and other funding in the past 10 years, Five Rivers MetroParks needs alternative revenue to support critical projects such as this one. Already, the Five Rivers MetroParks Foundation has secured more than 60% of the funds needed for Phase I through grants, but donations in any dollar amount from the community are needed to replace these much-loved amenities.

In summer 2022, children using the splash pad and playground were surveyed so MetroParks could learn what they'd like to experience at this site. The designs incorporate elements

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PHILANTHROPY





The proposed splash pad will include a wide variety of interactive features for all ages and abilities to play and cool off in the summer months.



New nature themed playground equipment, music toys and additional site furnishings will enhance the existing shelter and splash pad area.

HOW TO SUPPORT THE Island MetroPark Improvement Project

Scan the QR code or complete and mail the form on the next page. For more information, visit metroparks.org/donate or (937) 275-PARK (7275).



most participants identified as desirable and account for the many improvements available in more recent years. Those include:

- Features that promote more creative, independent play, along with gross and fine motor skill development
- Use of fresh water at the splash pad, eliminating the need to constantly monitor chemicals and use a recirculating pump, which will create a healthier system for children and reduce operational costs
- New opportunities for interactive play and the opportunity to develop social skills
- · Improved accessibility
- Nature-based play elements to increase kids' appreciation for nature
- Seating elements that allow adults to watch comfortably

According to Dayton Children's, Island MetroPark is in a community that needs health intervention — and spending time playing outdoors has a host of physical and mental health benefits backed by an ever-growing body of research. Those include a reduction in

such chronic conditions as obesity, asthma and attention-deficit disorder. The new and improved splash pad and playground will not only let Island MetroPark continue to have a vital role for an underserved community, it will encourage nature-based activities by making them more convenient and fun.

"We hope you will join a legacy of generous and visionary nature lovers through a gift to help secure and sustain the future of these important community amenities that will have millions of visits in the course of their lives," said Alexis Larsen, MetroParks' chief of philanthropy. "The lives you touch and change for the better through your gift will impact local kids and families for decades to come."

Give to the Foundation

SUPPORT YOUR FIVE RIVERS METROPARKS

The agency today known as Five Rivers MetroParks was created in 1963 by a group of committed citizens who gave of their time and treasure to protect our region's natural areas from development. They left a lasting impact by establishing open spaces across the Dayton region for the enjoyment of all.

Now, you can join this legacy of generous and visionary nature lovers.

The Five Rivers MetroParks Foundation secures funding for special projects, programming and an endowment to help fill MetroParks' 13% gap in levy funding.

Here are just some of the ways your charitable contributions improve local quality of life:

- Support education and recreation programs
- Support conservation and sustainability initiatives
- Maintain outdoor facilities and resources
- Fund new projects
- Make outdoor experiences accessible to everyone in our community

Supporting the Five Rivers MetroParks Foundation is the best way for local nature lovers to invest in the outdoors and ensure everyone has access to the natural wonders in their MetroParks, along with ways to experience nature in their own back yards.

The easiest way to support the Foundation is to join its Champions program by establishing a monthly recurring gift in a minimum of just \$10.



MetroParks' philanthropy staff will work with you and your family, business or organization to create a gift that supports your passion, as well as MetroParks' — and our community's — needs.

Contact the Five Rivers
MetroParks philanthropy staff at
champions@metroparks.org,
(937) 275-PARK (7275) or directly at:

Alexis Larsen, chief of philanthropy alexis.larsen@metroparks.org (937) 274-4381

Brenda Cox, philanthropy manager brenda.cox@metroparks.org (937) 277-4839

Sharon Smith.

corporate giving & grants manager sharon.smith@metroparks.org (937) 277-4139

Become a Champion: METROPARKS.ORG/CHAMPION

Support your MetroParks: METROPARKS.ORG/DONATE



At Five Rivers MetroParks, philanthropy isn't just about helping MetroParks meet its mission and vision today.

It's about helping our community develop new habits for decades to come: improving their physical and mental health outdoors, seeking outdoor experiences that help them more fully appreciate nature, taking action to preserve and protect our region's environment.

It's about ensuring your Five Rivers MetroParks remain vital, relevant and accessible — now and for all the generations to come.

Won't you join us on this awesome adventure?

PHILANTHROPY

DONATE TODAY

Scan the code or visit **metroparks.org/donate** to support the Five Rivers MetroParks Foundation. You also can remove this page, complete the form below and mail a check to: Five Rivers MetroParks Foundation, 409 E. Monument Ave., third floor, Dayton, OH 45402. Do not send cash in the mail.



Thank you for your support!

DONOR INCORMATION

DONOR INFORMAL	
Prefix	Name(s)
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☐ I would like my do	onation to remain anonymous.
☐ I have named Five	e Rivers MetroParks as a beneficiary of my estate.
☐ I would like inform	nation on planned giving.

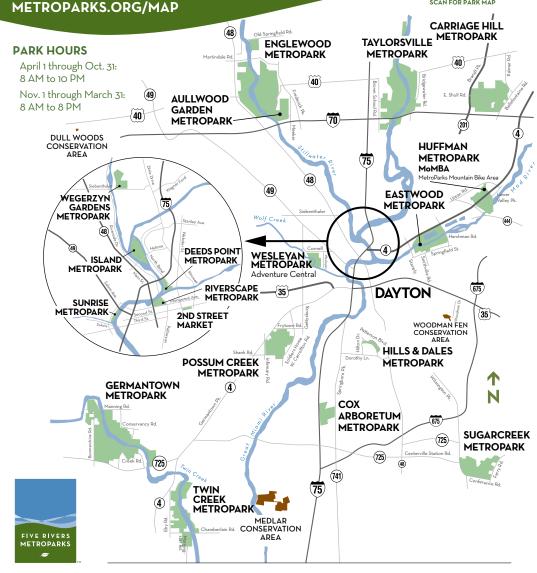
For questions please call the philanthropy department at (937) 275-7275 or visit metroparks.org/foundation. The Five Rivers MetroParks Foundation is a 501(c)(3) organization.

Your donation is tax-deductible to the fullest extent of the law.

FIVE RIVERS METROPARKS PARK SYSTEM MAP







Five Rivers MetroParks operates 30 outstanding public locations. Founded in 1963 to serve the greater Dayton area, MetroParks protects nearly 16,000 acres of open space and provides year-round recreation, education and conservation opportunities. Admission to MetroParks' locations is available free of charge – made possible by Montgomery County citizen support of a property tax levy.

METROPARKS

2nd Street Market Aullwood Garden Carriage Hill Cox Arboretum Deeds Point Eastwood

Englewood Germantown Hills & Dales Huffman Island Possum Creek

RiverScape Sugarcreek Sunrise Taylorsville Twin Creek Wegerzyn Gardens Wesleyan

CONSERVATION AREAS

Dull Woods

Medlar

Woodman Fen

DOWNLOAD THE

Five Rivers MetroParks

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Your mobile guide to parks and trails, powered by OuterSpatial.



APP: METROPARKS.ORG/MOBILE

PARKWAYS (937) 275-PARK

SPECIAL EVENTS

MAY

(FREE) YMCA HEALTHY KIDS DAY SAT. MAY 11, 12:00-4:00 PM P157 RIVERSCAPE METROPARK daytonymca.org/programs/healthy-kids-day

MAYFAIR PLANT SALES

SAT. MAY 4, 9:00 AM-3:00 PM P194

SUN. MAY 5, 11:00 AM-3:00 PM P195

2ND STREET MARKET

NATIVE PLANT SALE **SUN. MAY 12, 11:00 AM-3:00 PM** P197 2ND STREET MARKET

(FREE) BIKE TO WORK DAY PANCAKE BREAKFAST FRI. MAY 17, 7:00-9:00 AM P133 RIVERSCAPE METROPARK

(FREE) PASSPORT TO METROPARKS FRI. MAY 24, 6:00-9:00 PM P152 RIVERSCAPE METROPARK

JUNE

(FREE) TWIN VALLEY TRAIL (TVT) CHALLENGE SAT. JUN 1, 5:30 AM-8:00 PM Q156 GERMANTOWN METROPARK

(FREE) FOR DAYTON BY DAYTON SAT. JUN 8, 4:00-9:00 PM Q77 RIVERSCAPE METROPARK 4dbdayton.com

(FREE) SUNSET AT THE MARKET THU. JUN 13, 5:30 - 8:30 PM Q130 2ND STREET MARKET

(FREE) MUD DAY SAT. JUN 29, 10:00 AM-1:00 PM Q124 WEGERZYN GARDENS METROPARK

JULY

(FREE) THE UNITED IRISH OF DAYTON CELTIC FESTIVAL FRI. JUL 26, 5:30-11:00 PM Q78 SAT. JUL 27, 11:30 AM-11:00 PM Q79 SUN. JUL 28, 9:00 AM-6:00 PM Q80 RIVERSCAPE METROPARK www.daytoncelticfestival.com

AUGUST

SMALL FARM AND FOOD FEST SAT. AUG 3, 10:00 AM-5:00 PM Q33 CARRIAGE HILL METROPARK

(FREE) SUNSET AT THE MARKET THU. AUG 8, 5:30 - 8:30 PM Q131 2ND STREET MARKET

(FREE) DAYTON AFRICAN AMERICAN CULTURAL FESTIVAL SAT. AUG 17, 12:00-8:00 PM Q294

RIVERSCAPE METROPARK

SEPTEMBER

WEGERZYN GARDENS FOUNDATION ANNUAL GARDEN PARTY

THU. SEP 12, 5:30 - 8:00 PM Q295 WEGERZYN GARDENS METROPARK www.wegerzyngardensfoundation.org

(FREE) HISPANIC HERITAGE FESTIVAL Sat. Sep 21, 11:00 AM-11:00 PM Q235

RIVERSCAPE METROPARK
www.facebook.com/PACODayton



PROGRAM GUIDI

HOW TO REGISTER



ONLINE

Search online at metroparks.org/programs by date or program number to register.



BY PHONE

Call **937-275-PARK** to register for programs unless otherwise noted in the listing.

PROGRAM DETAILS

REGISTRATION REQUIRED



Registration is required for programs marked with this icon.

PROGRAM SERIES

Programs contained within a light blue box are part of a series of programs.



ACTIVE OUTDOORS

OLDER ADULT ADVENTURES

Adults ages 55-plus will connect to nature and learn about healthy, active outdoor lifestyles.

HIKING (FREE)

WED. MAY 8, 1:30-3:30 PM P48 POSSUM CREEK METROPARK

MON. JUN 17, 1:30-3:00 PM Q214 TWIN CREEK METROPARK

MON. JUL 15, 1:30-3:00 PM Q219 HILLS & DALES METROPARK

MON. AUG 19, 1:30-3:00 PM Q220 ENGLEWOOD METROPARK

MON. SEP 16, 1:30-3:00 PM Q221 EASTWOOD METROPARK

MOUNTAIN BIKING

TUE. JUN 11, 1:30-3:00 PM Q164 HUFFMAN METROPARK

Fee: \$15

KAYAKING

TUE. JUN 18, 3:30-5:00 PM Q236 POSSUM CREEK METROPARK

Fee: \$12

PADDLING

(FREE) TRY PADDLESPORTS

TUE. JUN 18, 6:00-8:00 PM Q158 POSSUM CREEK METROPARK

THU. JUL 11, 4:00-7:00 PM Q159 EASTWOOD METROPARK

MON. AUG 5, 4:00-7:00 PM Q160 EASTWOOD METROPARK

SWIFTWATER RESCUE FOR PADDLERS

SAT., SUN. JUN 22-23, 8:30 AM-6:00 PM Q279 EASTWOOD METROPARK

Age: 18Y and up. Fee: \$235 😷



CAMPING

GREAT AMERICAN CAMPOUT SAT. JUN 22, 3:00 PM - SUN. JUN 23, 10:00 AM Q162 POSSUM CREEK METROPARK Fee: \$30 6

FISHING

(FREE) TRY FLY FISHING THU. JUN 13, 4:30-7:30 PM Q2 THU. JUL 18, 5:30-8:30 PM Q4 EASTWOOD METROPARK Age: 14Y and up

MOUNTAIN BIKING

(FREE) TRY MOUNTAIN BIKING THU. MAY 2, 4:00-7:00 PM P190 TUE. JUN 11, 4:00-7:00 PM Q143 TUE. JUL 9, 4:00-7:00 PM Q146 TUE. AUG 6, 4:00-7:00 PM Q150 HUFFMAN METROPARK



METROPARKS.ORG/ TRAILSCHALLENGE

20 PARKWAYS (937) 275-PARK



GET OUT & RIDE

at the Carriage Hill Riding Center

Connect with nature on horseback through lessons, camps and rides.

- · Weekend horse trail rides and Saturday pony rides run June 4-late October.
- · Summer horse camps are held June 6-Aug. 12.
- · Fall horseback riding lessons begin in Sept.

Carriage Hill Riding Center, 8111 E. Shull Rd. For details and to register: METROPARKS.ORG/

RIDINGCENTER



Access to Nature financial assistance available for lessons and camps; visit metroparks.org/access.



Heart Healthy Trails are featured outings in Five Rivers MetroParks' free app. To download visit:



METROPARKS.ORG/MOBILE

Relax on MetroParks'

MINDFULNES

These short, easy walks invite you to stop and engage in simple breathing and meditation activities. Mindfulness Walks are featured outings in Five Rivers MetroParks' free mobile app; visit

metroparks.org/mobile

to download.



METROPARKS.ORG/MINDFUL

SAVE THE DATE

SATURDAY & SUNDAY OCTOBER 5&6



The Midwest's premier outdoor adventure festival

EASTWOOD METROPARK METROPARKS.ORG/OUTDOORX

RESERVATIONS & RENTALS

OUTDOOR Enjoy the outdoors

TIES by reserving campsite or shelter.

METROPARKS.ORG/RESERVATIONS



Rent items for camping, backpacking and cycling.

METROPARKS.ORG/EQUIPMENT



ADULT NATURE EXPLORATION

CONSERVATION & CITIZEN SCIENCE

MOTH ECOLOGY AND RESEARCH FRI. JUL 26, 9:00 PM-12:00 AM Q285 GERMANTOWN METROPARK

Fee: \$5 😷

FLORA & FAUNA

FROGS OF OHIO

FRI. MAY 24, 8:00-10:00 PM P10
COX ARBORETUM METROPARK
Age: 18Y and up Fee: \$8 6

SPRING MIGRANT BIRD WALK **SAT. MAY 25, 8:00-10:00 AM** P31 GERMANTOWN METROPARK

Age: 18Y and up Fee: \$5 4

SAT. MAY 25, 1:00-3:00 PM P29 GERMANTOWN METROPARK Age: 18Y and up Fee: \$8 *\textcap{\textcap}

(FREE) OWL WALK
SAT. MAY 25, 9:00-10:30 PM P33
GERMANTOWN METROPARK
Age: 14Y and up ⁴

NATIVE TREE ID

SAT. JUL 6, 9:00 AM-12:00 PM Q17
COX ARBORETUM METROPARK
Age: 18Y and up Fee: \$10 4

BUTTERFLY ID

SAT. JUL 6, 1:00-3:30 PM Q16
COX ARBORETUM METROPARK
Age: 18Y and up Fee: \$8 *6

COYOTE SEARCH **SAT. JUL 6, 8:30-10:30 PM** Q18
COX ARBORETUM METROPARK

Age: 14Y and up Fee: \$5 *\frac{1}{2}\$

COMMON FEEDER BIRDS SAT. JUL 13, 9:00-11:00 AM Q19 GERMANTOWN METROPARK Age: 18Y and up Fee: \$5 ^+

STREAM FISHES OF OHIO SAT. JUL 13, 1:00-4:00 PM Q21 GERMANTOWN METROPARK Age: 18Y and up Fee: \$10 ^6

NOCTURNAL WILDLIFE HIKE **SAT. JUL 13, 9:00-10:30 PM** Q20 GERMANTOWN METROPARK Age: 14Y and up Fee: \$3 *\frac{1}{2}

MOTH TRAPPING

FRI. AUG 9, 8:00-10:00 PM Q284

GERMANTOWN METROPARK

Fee: \$3 **

BEAVER WATCH
FRI. AUG 23, 8:30-9:30 PM Q23
POSSUM CREEK METROPARK
Age: 14Y and up Fee: \$5 ^+

MIGRATING BIRD WALK SAT. SEP 7, 9:00-11:00 AM Q24 GERMANTOWN METROPARK Age: 14Y and up Fee: \$5 °C

SPIDER ID AND ECOLOGY SAT. SEP 7, 1:00-3:30 PM Q25 COX ARBORETUM METROPARK Age: 14Y and up Fee: \$8 ^\text{-}

GARDENING

WALK WITH THE HORTICULTURIST

During these walks learn about the plants and plantings, and ask questions.

COX IN MAY
WED. MAY 8, 6:00-7:00 PM P185
COX ARBORETUM METROPARK
Age: 18Y and up Fee: \$8 ⁴

WEGERZYN IN JUNE
WED. JUN 5, 6:00-7:00 PM Q133
WEGERZYN GARDENS METROPARK
Age: 18Y and up Fee: \$8 46

SUMMER GARDENS AT COX WED. JUL 10, 6:00-7:00 PM Q134 COX ARBORETUM METROPARK, Age: 18Y and up Fee: \$8 **

LATE SUMMER GARDEN
CHANGES
WED. AUG 7, 6:00-7:00 PM Q135

WEGERZYN GARDENS METROPARK
Age: 18Y and up Fee: \$8 **

22 PARKWAYS (937) 275-PARK

ADULT NATURE EXPLORATION

HERITAGE & HISTORY

VISIT THE PAST

SAT. JUL 20, 10:00-11:00 AM Q111 CARRIAGE HILL METROPARK

SAT. AUG 10, 10:00-11:00 AM Q118 TAYLORSVILLE METROPARK

Age: 18Y and up Fee: \$7 🐣

PHOTOGRAPHY & ART

PHOTOGRAPHY OUTING AT THE RIVER

SUN. MAY 19, 1:00-2:30 PM P169

RIVERSCAPE METROPARK Age: 18Y and up Fee: \$16 **

PHOTOGRAPHY OUTING

AT THE FARM SAT. JUN 8, 10:00-11:30 AM Q106

POSSUM CREEK METROPARK Age: 18Y and up Fee: \$16 PHOTOGRAPHY A LA MODE **SAT. JUL 20, 10:00-11:30 AM** Q125 COX ARBORETUM METROPARK

Age: 18Y and up Fee: \$20

PHOTOGRAPHY SCAVENGER HUNT

SUN. AUG 4.

1:00-2:30 PM Q117

COX ARBORETUM METROPARK

Age: 18Y and up Fee: \$18 4

GOLDEN HOUR PHOTOGRAPHY

SAT. SEP 7.

6:30-8:00 PM Q112

CARRIAGE HILL METROPARK

Age: 18Y and up Fee: \$20 🕆







EARTH FRIENDLY LIVING

GARDENING

SUMMER GARDENING Q&A

Stop by the Market to learn from and ask questions of MetroParks gardening expert Betty Hoevel. 2ND STREET MARKET

(FREE) HEIRLOOM TOMATOES AND HOW TO GROW THEM FRI. MAY 10, 11:30 AM-12:30 PM P69

(FREE) MAKING AN HERB BASKET FOR PATIO OR GARDEN FRI. JUN 7, 11:30 AM-12:30 PM Q9

(FREE) HARVESTING AND PRESERVING FRI. JUL 12, 11:30 AM-12:30 PM Q10

(FREE) TRANSITION GARDEN: SUMMER TO FALL FRI. AUG 9, 11:30 AM-12:30 PM Q11

GETTING THE GARDEN PLANTED **SAT. MAY 11, 10:00-11:30 AM** P166 WEGERZYN GARDENS METROPARK Age: 18Y and up Fee: \$15 ¹

POCKET NATIVE PLANT GARDENS

SUN. MAY 19, 1:00-2:30 PM P168 RIVERSCAPE METROPARK Age: 18Y and up Fee: \$15 16

LANDSCAPE LESSONS

Use MetroParks gardens to learn about seasonal bloom and development, garden structure and design, and how to create gardens that enhance the environment.

GARDENING IN THE HEAT SAT. JUN 1, 10:00-11:30 AM Q104 WEGERZYN GARDENS METROPARK Age: 18Y and up Fee: \$15 **

NATIVE PLANTS AND SHADE GARDENS **SAT. JUL 13, 10:00-11:30 AM** Q110 WEGERZYN GARDENS METROPARK Age: 18Y and up Fee: \$15 ^A

PLACING NATIVES IN THE LANDSCAPE **SAT. AUG 17, 10:00-11:30 AM** Q119

COX ARBORETUM METROPARK

Age: 18Y and up Fee: \$15 ^0

FALL COLOR IN THE GARDEN SAT. SEP 14, 10:00-11:30 AM Q123 WEGERZYN GARDENS METROPARK Age: 18Y and up Fee: \$15 16

LAST CHANCE VEGGIE GARDEN PLANTING

SAT. JUN 8, 10:00-11:30 AM Q105 POSSUM CREEK METROPARK Age: 18Y and up Fee: \$15 °C

NATURE APPRECIATION

TOUR AULLWOOD

WED. MAY 15, 6:00-7:00 PM P170 WED. JUN 12, 6:00-7:00 PM Q109 WED. JUL 17, 6:00-7:00 PM Q116 WED. AUG 14, 6:00-7:00 PM Q122 AULLWOOD GARDEN METROPARK Age: 18Y and up Fee: \$7 ~ To The Park Age: 18Y and up Fee: 18Y and u

PRAIRIE TOUR **SAT. JUL 27, 10:00-11:00 AM** Q113

POSSUM CREEK METROPARK

Age: 18Y and up Fee: \$7 *\frac{1}{2}\$

SUSTAINABLE HOME

(FREE) COMPOST KITCHEN THU. JUL. 11-18, 6:00-8:00 PM Q157 POSSUM CREEK METROPARK Age: 18Y ^A







- that help you live more sustainably today
- · Learn about healthy eating
- Attend workshops, demos & talks
- · Shop an outdoor farmers market
- · Food trucks, live music, games, wagon rides

METROPARKS.ORG/FARMFEST

SATURDAY **AUGUST 3**

10 AM to 5 PM





CARRIAGE HILL FIVE RIVERS METROPARKS

PICK YOUR OWN:

AT POSSUM CREEK METROPARK

GREENS AND HERBS

Wednesdays - 4:30-6:30 PM JUNE 12 (Q223) JUNE 19 (Q222) JUNE 26 (Q224)

FLOWERS, PRODUCE AND HERBS

 Wednesdays — 4:30-6:30 PM JULY 3 - SEPT 4 (Q225 - Q234)

Registration required.

Fee: \$15

RENT A FIVE RIVERS METROPARKS COMMUNITY **GARDEN PLOT**

LARGE GARDEN PLOTS ARE AVAILABLE ON AN ANNUAL BASIS AT:

POSSUM CREEK (available from late April through Nov. 1)

plots also available)

 WEGERZYN GARDENS (available seasonally and year-round; organic

METROPARKS.ORG/ COMMUNITY-GARDENS



These free programs allow you to create a work of art inspired by nature. Art supplies available to borrow or bring your own. First Sunday of each month May - Sept., 2 - 5 PM, various MetroParks.



25

FIVE RIVERS METROPARKS IS HIRING

Spend time outdoors at your MetroParks while working to make our community a great place to live, work and play. Seasonal, part and full time job opportunities available.

METROPARKS.ORG/CAREERS





6 TO 9 PM · RIVERSCAPE METROPARK

Learn more about your MetroParks and kick off the summer festival season with:

- · more than a dozen games and activities
- · food trucks, live music and music bingo
- · a sneak peek of the Dayton Celtic Festival, Hispanic Heritage Festival and Dayton African American Cultural Festival

METROPARKS.ORG/PASSPORT

MetroParks - collect stamps and enter to win great prizes!



MUD DAY

Join us on June 29 from 10 AM - 1 PM at Wegerzyn Gardens MetroPark for everything mud: wading pools, mud building, murals and mud face painting, games and crafts for all. Dress for muddy fun!



Fall Family Adventure

SATURDAY OCT. 19 4 TO 7 PM

Enjoy crafts, storytelling, music and more at Wegerzyn Gardens MetroPark - all while exploring nature and meeting MetroParks' Animal Ambassadors - at this free event.





MAKING THE **OUTDOORS** Accessible to All



The Five Rivers MetroParks Foundation offers the Access to Nature financial assistance program to help alleviate costs associated with MetroParks programs and rentals. Qualifying Montgomery County residents can receive up to a 75% discount based on financial need. To learn more, visit METROPARKS.ORG/ACCESS

FAMILY & CHILDREN

MOTHER AND SON FISHING DAY SAT. MAY 4, 9:00 AM-12:00 PM P45

POSSUM CREEK METROPARK Fee: \$5 ⁴ੈ

(FREE) MAY THE 4TH BE WITH YOU SAT. MAY 4, 1:00-3:30 PM P224
WEGERTYN GARDENS METRODARK A

SEED BOMBS FOR POLLINATORS SAT. MAY 11, 10:30-11:30 AM P202

POSSUM CREEK METROPARK

Fee: \$15 😷

(FREE) FAMILY TRAM TOUR MON. JUN 3, 6:00-6:45 PM Q107 MON. JUN 3, 7:00-7:45 PM Q108 MON. JUL 1, 6:00-6:45 PM Q114 MON. JUL 1, 7:00-7:45 PM Q115 MON. AUG 5, 6:00-6:45 PM Q120 MON. AUG 5, 7:00-7:45 PM Q121 COX ARBORETUM METROPARK

FATHER AND DAUGHTER FISHING DAY

SAT. JUN 15, 9:00 AM-12:00 PM Q3 POSSUM CREEK METROPARK

Fee: \$5

PROPAGATING HERBS FROM CUTTINGS

SAT. JUN 22, 10:30-11:30 AM Q155 POSSUM CREEK METROPARK

Fee: \$15 🐣

CONSERVATION KIDS

This series for ages 3-13 nurtures kids' desire to explore nature and provides families inspiration to spend time outdoors. Programs are organized in three levels. Start with Discover (Agreen) programs, then Act (Ablue) and Share (Aorange) Children will learn about nature and work with their peers to protect it before ultimately becoming stewards and advocates for conservation. Children who complete programs in each level will receive a tool to help them talk about conservation with their peers. Visit metroparks.org/kids.

PLANTING FOR POLLINATORS

SAT. MAY 4, 9:30-11:00 AM P158 COX ARBORETUM METROPARK

Fee: \$3 😷 🔺

(FREE) MEET OUR NATIVE TREES SAT. MAY 4, 3:00-4:30 PM P159

COX ARBORETUM METROPARK 🕆 🔺

NESTWATCH MONITORING

SAT. MAY 18, 2:00-3:30 PM P162

GERMANTOWN METROPARK

Fee: \$3 🐴 🔺

(FREE) INSECT INVESTIGATION SAT. MAY 25, 10:00-11:30 AM P163

POSSUM CREEK METROPARK 4 🛕

NOCTURNAL BACKYARD INSECTS **SAT. MAY 25, 8:00-10:00 PM** P165 COX ARBORETUM METROPARK

Fee: \$3 😷 🔺

NIGHTTIME INSECT EXPLORATION FRI. JUN 7, 8:00-10:00 PM Q244

GERMANTOWN METROPARK

Fee: \$3 4 🛕

EASTERN BLUEBIRD NESTBOX MONITORING

SAT. JUN 15, 10:00-11:30 AM Q249 POSSUM CREEK METROPARK

Fee: \$3 😷 🔺

(FREE) BUTTERFLY SAFARI SAT. JUN 15, 2:00-3:30 PM Q250 SUGARCREEK METROPARK ♥ ▲

(FREE) WOODLAND NESTING BIRDS

SAT. JUN 22, 10:00-11:30 AM Q251 HILLS & DALES METROPARK

TOGETHER WITH FIREFLIES SAT. JUN 22, 7:30-9:30 PM Q252 COX ARBORETUM METROPARK

Fee: \$3 4 🛕

BUZZWORTHY CITIZEN SCIENCE **SAT. JUN 29, 3:00-4:30 PM** Q253 COX ARBORETUM METROPARK

Fee: \$3 4 🛕

(FREE) NATURE'S DEFENSES SAT. JUL 6, 6:00-7:00 PM Q254 GERMANTOWN METROPARK

NATURE GAMES

SAT. JUL 13, 10:00 AM-12:00 PM Q256 COX ARBORETUM METROPARK

Fee: \$3 🐴 🔺

YOUTH SCIENTIST EXPLORATION

- iNATURALIST

SAT. JUL 20, 1:00-2:30 PM Q257 TAYLORSVILLE METROPARK

Fee: \$3 4 🛕

FAMILY & CHILDREN

(FREE) WETLAND ESCAPE SAT. JUL 20, 4:00-5:30 PM Q258 CARRIAGE HILL METROPARK 1 A

WATERWAY CHECK-UP SAT. JUL 27, 3:00-4:30 PM Q261

WEGERZYN GARDENS METROPARK

Fee: \$3 4 🛕

TREES & OUR CLIMATE SAT. AUG 10, 2:00-3:30 PM Q291 COX ARBORETUM METROPARK

Fee: \$3 4 🛕

Fee: \$3 4 📥

(FREE) WETLAND EXPLORATION FRI. AUG 16, 6:30-7:30 PM Q273

CARRIAGE HILL METROPARK 1 A

CREEK GUIDE TRAINING **SAT. AUG 17, 4:00-6:00 PM** Q275 COX ARBORETUM METROPARK

(FREE) BAT SEARCH SAT. AUG 24. 8:00-9:00 PM Q288 HILLS & DALES METROPARK 4 A

PRAIRIE SEED COLLECTING SAT. AUG 31, 3:30-5:00 PM Q277 POSSUM CREEK METROPARK Fee: \$3 😷 🔺

BACKYARD NATURALIST TRAINING **SAT. SEP 7. 10:00 AM-12:00 PM** Q270 COX ARBORETUM METROPARK

Fee: \$3 4 🛕

Fee: \$3 4 🛕

MONARCH HEALTH FRI. SEP 13, 6:00-7:30 PM Q265 COX ARBORETUM METROPARK

(FREE) SPIDER SEARCH SAT. SEP 21, 7:00-8:30 PM Q269 HILLS & DALES METROPARK 4 A

(FREE) WOODPECKER WATCH SAT. SEP 28, 2:30-3:30 PM Q264 TAYLORSVILLE METROPARK 1

CHILDREN'S GARDEN WONDERS

Have you experienced the amazing Children's Garden at Wegerzyn? Join us for wonder and fun as we explore different areas of the Children's Discovery Garden and how it helps us learn about the world around us. Fee per Family: \$3 🔏

THE POND WED. JUN 12, 1:00-2:00 PM Q280 FOREST AND PRAIRIE WED. JUN 26, 1:00-2:00 PM Q281

INSECTS

WED. JUL 10, 1:00-2:00 PM Q282

5 SENSES

WED. JUL 24, 1:00-2:00 PM Q292

SEED HUNT

WED. AUG 7, 1:00-2:00 PM Q293

PRESCHOOL

STORYTIME IN THE GARDEN

Enjoy wonderful stories about nature in the Children Discovery Garden at Wegerzyn. Fee per Family: \$3

HOW SEEDS MOVE FRI. MAY 17, 11:00-11:45 AM P225

FLOWER TALK FRI. JUN 14, 11:00-11:45 AM Q245

GROWING A FOREST FRI. JUL 19. 11:00-11:45 AM Q246

TIKE HIKE

Explore nature with your preschooler. Dress for the weather and to get wet and dirty. Age: 3Y-5Y

(FREE) TIKE HIKE

MON. MAY 20, 10:00-11:00 AM P67 GERMANTOWN METROPARK

FRI. JUN 7, 10:00-11:00 AM Q5 TAYLORSVILLE METROPARK

TUE. JUL 9, 10:00-11:00 AM Q8 HILLS & DALES METROPARK

WED. AUG 28, 10:00-11:00 AM Q306 GERMANTOWN METROPARK

FRI. SEP 6, 10:00-11:00 AM Q307

SUGARCREEK METROPARK

CELEBRATE OUTDOORS Reserve a campsite or shelter for your next event.

FAMILY & CHILDREN

YOUTH & TEEN

MORNING CHORES

SAT. MAY 4, 8:30-9:30 AM P145 SAT. JUN 1, 8:30-9:30 AM Q34 SAT. JUL 6, 8:30-9:30 AM Q35 SAT. AUG 10, 8:30-9:30 AM Q36 SAT. SEP 7, 8:30-9:30 AM Q37

CARRIAGE HILL METROPARK

Age: 8Y-12Y Fee: \$5 4

CONSERVATION LEADERS

This series for ages 10-17 fosters a deepened connection with nature through experiences in and exploration of Dayton's local ecology. Older youth are empowered as they gain a growing awareness of local environmental issues and see first-hand their positive impact on greater Dayton's environment.

FOREST COMMUNITY ANALYSIS

SAT. MAY 25, 1:30-4:30 PM P226

POSSUM CREEK METROPARK

Fee: \$3 4

WILDFLOWER FIELD IDENTIFICATION

SAT. JUN 8, 1:00-3:00 PM Q247

COX ARBORETUM METROPARK

Fee: \$3 4

DRAGONELY DISCOVERY

SAT. JUN 22, 2:30-4:30 PM Q262

COX ARBORETUM METROPARK

Fee: \$3 4

SPIDER SEARCH AND IDENTIFICATION

SAT. AUG 17, 7:30-9:30 PM Q283

COX ARBORETUM METROPARK

Fee: \$3 🐣

RADIO TELEMETRY

SAT. AUG 24, 2:00-4:00 PM Q286

COX ARBORETUM METROPARK

Fee: \$3 🔨

INVERTEBRATE SAMPLING INVESTIGATION

SAT. SEP 7, 3:00-5:00 PM Q272

COX ARBORETUM METROPARK

Fee: \$3 🐣

EXPLORING ADAPTATIONS

SAT. SEP 21, 2:00-4:00 PM Q271

COX ARBORETUM METROPARK

Fee: \$3 😷

YOUTH KAYAK CAMP: MOVING WATER

TUE., WED. JUL. 23-24, 9:00 AM-5:00 PM Q278

EASTWOOD METROPARK

Age: 9Y-17Y. Fee: \$90 1

YOUTH MOUNTAIN BIKING SKILLS CLINIC THU. JUL 25, 1:00-5:00 PM Q169 HUFFMAN METROPARK

Age: 9Y-17Y. Fee: \$20 4





Spending time outside is good for all of us — but is especially important for children.

• • • • • • • • • • • • •

MetroParks' special outings, Let's Explore, make it easy to experience the outdoors with kids. Start at a nature play area, hike a nearby trail suitable for children and look for fun activities to complete along the way. Let's Explore adventures are available at:

- Englewood MetroPark East Park
- Sugarcreek MetroPark
- Possum Creek MetroPark

METROPARKS.ORG/ LETSEXPLORE





Most 2nd Street Market vendors accept EBT/SNAP benefits, in addition to Produce Perks.



SHOP FRESH & LOCAL 2ND STREET MARKET

600 E. Second St., downtown Dayton

Buy farm-fresh produce, flowers, meats, dairy, kitchen staples and more from a variety of local vendors. Grab a bite to eat from prepared food vendors or one-of-a-kind artisan goods.

Friday & Sunday 11 AM to 3 PM Saturday 9 AM to 3 PM

The outdoor farmers market is open May 4 through the end of October.

Join the Market for special events, programs and celebrations.

- · Native Plant Sale: Sunday, May 12
- · Tab-A-Pull-Ooza: Saturday, May 18

SUNSET AT THE MARKET

Shop, dine and enjoy entertainment during these evenings at the Market. June 13 and Aug. 8, 5:30-8:30 PM

- · Carriage Hill Steam Engine at the Market: Sunday, July 21
 - · Join us for National Farmers Market Week: Aug. 5-11
 - Hunger Action Month food drive with The Foodbank throughout September.
 - · Summer Gardening Q&A Series: See page 24

CULTURE KITCHEN

Celebrate different cultures through food during these dinners held from 5:30-8:30 PM. Advance registration is required.

- French Crepes: Thursday, May 9 P243 Fee \$15
- Farm to Table: Thursday, July 11 Q290 Fee \$35
- · Hispanic Heritage: Thursday, Sept. 12 Q287 Fee \$35

For more information, additional programs and events, a list of vendors and more:

- · Visit METROPARKS.ORG/LOCALFOOD
- · Follow facebook.com/2ndStreetMarket
- Sign up for 2nd Street Market emails at metroparks.org/newsletters
- · Call (937) 228-2088



METROPARKS.ORG/LOCALFOOD



ENJOY SUMMER

AT RIVERSCAPE METROPARK

METROPARKS.ORG/RIVERSCAPE

SUMMER MUSIC SERIES

Enjoy free concerts all summer long!

Food, drinks, and alcoholic beverages (for those 21 and older) will be available for purchase at the RiverScape Café.



Friday, June 7: '90s Night • 6-9 PM Thursday, June 13: Big Band • 7-9 PM Friday, June 21: R&B • 7-9 PM Thursday, June 27: Celtic Folk Rock • 7-9 PM

Friday, July 5: '60s British Rock • 6-9 PM Thursday, July 11: Reggae • 7-9 PM Thursday, July 18: Big Band • 7-9 PM

Friday, August 2: Pickin' in the Park • 6-9 PM Thursday, August 8: Rock • 7-9 PM Thursday, August 15: Big Band • 7-9 PM Friday, August 23: '80s Night • 7-9 PM Thursday, August 29: R&B • 7-9 PM

FITNESS IN THE PARK

PRESENTED BY Kettering HEALTH



Enjoy free fitness classes most Saturday mornings from 10 to 11 AM all summer long!

Yoga in the Park with Speakeasy Yoga

• May 11, June 1, July 6, July 20, Aug. 3, Aug. 31

Zumba in the Park with Meghan Millat

• May 18, June 8, June 29, July 13, Aug. 10, Aug. 24

Scan for RiverScape MetroPark info



For more free fitness classes Monday Wednesday at 6PM, check out our Community Fitness series online!

FOUNTAINS, FOOD & FUN!

FOUNTAINS

· The Five Rivers MetroParks Fountain of Lights operates for 10-minute intervals at the top of the hour.

Monday-Friday 6:55 AM to 10:05 PM Saturday-Sunday 10:55 AM to 10:05 PM (The fountain may turn off early or not operate depending on wind and other weather conditions.)

 Interactive Fountain open daily from 11 AM to 8 PM



FOOD & DRINK

- · Fountain Snack Bar hours vary.
- · RiverScape Cafe will have extended evening hours, an upgraded menu, and alcoholic beverages for those 21 and older.



Open June-October: Rent kayaks from Taiters Kayak Solutions on Tuesdays and Thursdays.



NEW THIS YEAR!

- First Tuesdays: Cornhole Tournaments · Second Tuesdays: Live Local Musicians
- Third Tuesdays: Music Bingo
- Fourth Tuesdays: Live Local Musicians



From June-October, enjoy free activities, food and drinks from the RiverScape Cafe and, for those 21 and older, a variety of cocktails, beer and wine.

PROGRAM INFO & MORE ONLINE **ACCESS PARKWAYS RESOURCES**

Programs and events in your MetroParks are being added all the time! Scan the code or visit metroparks.org/parkways to access program and event info, learn updates as they're announced, discover resources that help you connect with nature and much more.

- metroparks.org/ParkWaysOnline Visit MetroParks' blog:
- email newsletters: **metroparks.org/newsletter** Sign up for Five Rivers MetroParks'
- · Download MetroParks' mobile app, powered by OuterSpatial: metroparks.org/mobile
- Call (937) 275-PARK (7275)
- (f) Facebook: facebook.com/fiveriversmetroparks
- YouTube: youtube.com/FiveRiversMetroParks
- 1 · TikTok: @fiveriversmetroparks



PLEASE RECYCLE

HOLD ON TO YOUR PARKWAYS!

This issue covers select programs from May 1 through September 30, 2024.

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409 East Monument Avenue, Dayton, Ohio 45402-1260 Five Rivers MetroParks **Third Floor** FIVE RIVERS METROPARKS