

SUMMER - FALL 2023

FREE

# PARKWAYS

YOUR GUIDE TO FIVE RIVERS METROPARKS



HOW YOUR METROPARKS  
METROPARKS  
**101**  
MAKE FOR A HEALTHIER YOU





















FIVE RIVERS  
METROPARKS



# FIVE RIVERS METROPARKS

## ACTIVITIES & AMENITIES BY PARK

	Aullwood Garden	Carriage Hill	Cox Arboretum	Deeds Point	Eastwood	Englewood	Germantown	Hills & Dales	Huffman	Possum Creek	Island	RiverScape	Sugarcreek	Sunrise	Taylorville	Twin Creek	Wegerzyn Gardens	Wesleyan
Hiking/Walking 	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•
Cycling 				•	•	•		•	•	•	•		•	•		•	•	•
Mountain Biking 								•										
Paddling 	•	•		•	•	•	•		•	•	•		•	•	•	•		
Whitewater 					•						•							
Horseback Riding 		•				•			•			•				•		
Disc Golf 						•												
Fishing+ 	•	•		•	•	•	•		•	•	•	•		•	•	•	•	•
Nature Play 			•			•		•	•			•					•	•
Playground 							•			•								•
Camping 						•	•			•						•		
Sledding 						•	•							•				
Boating <sup>∞</sup> 					•	•												
Fossil Hunting 	•	•				•	•		•			•			•	•		•
Ice Rink 											•							
Community Garden Plots 									•								•	
Shelters 		•			•	•	•	•	•	•		•		•	•	•	•	•
Picnic Areas 	•	•	•		•	•	•	•	•	•	•	•		•	•	•	•	•

+ Visit [metroparks.org/fishing](https://metroparks.org/fishing) to learn where you can fish without an Ohio license.

∞ Visit [metroparks.org/boating](https://metroparks.org/boating) for details on rules for boating locations.

The Dayton region also is home to 270 miles of water trails and the nation's largest paved trail network, where you can experience more than 350 miles of connected trails.

### Your Five Rivers MetroParks includes trails for all users:

- 25 miles of equestrian trails
- 9-plus miles of mountain biking trails
- trails accessible to those who use mobility devices
- 78 miles of hiking trails and a 29-mile backpacking trail

### ALERTS AND CLOSURES

Weather conditions and construction can affect hiking trails, bikeways and access to certain park entrances. All construction information, detours and weather-related notices are posted online at [metroparks.org/alerts](https://metroparks.org/alerts).



### LOST ITEMS

If you lost something valuable in a MetroPark, contact the Rangers to identify and retrieve your belongings. Contact Alan Starnes at (937) 567-4265 for details.



### HOW TO CONTACT A RANGER

Inform the Montgomery County Sheriff's Office dispatcher you are in a MetroParks facility. A MetroParks law enforcement Ranger will be notified and respond as soon as possible.

EMERGENCY CONTACT: 9-1-1

NON-EMERGENCY: (937) 225-HELP (4357)





**Becky Benná**  
Chief Executive Officer, retired

Hello MetroParks Friends,

Summer is upon us, and with it comes new opportunities to get outdoors and enjoy all that nature has to offer. Throughout the pandemic, your MetroParks strived to provide experiences that benefited you, your family and friends both physically and mentally. Hopefully, the pandemic is behind us, and we are very excited to continue offering something for everyone at your MetroParks, conservation areas, facilities, waterways and trails.



Speaking of opportunities, I am moving on to new adventures, as I am retiring from my role as Five Rivers MetroParks' CEO. Throughout my career, I have been guided and supported by wonderful mentors, staff, volunteers, friends and family who helped me live my passion and purpose. Working in the field of parks, recreation and conservation has allowed me to serve communities for more than 40 years, and I hope I helped make them a better place to live, work, play and thrive.

I'm very pleased to briefly introduce your new Five Rivers MetroParks CEO: Karen Hesser, currently chief of operations for MetroParks. Our Board of Park Commissioners conducted a national search, as well as in-depth interviews and assessments — Karen certainly has earned her new leadership role. A member of MetroParks' leadership team since 2012, she has extensive knowledge and experience in the parks, conservation and recreation field. I am very proud and pleased that Karen will lead the organization and work with the board, outstanding leadership team, staff and volunteers to continue to meet and exceed MetroParks' mission and community expectations.

I know the continued stewardship of more than 16,500 acres of protected land, sensitive habitats and waterways is in the very capable hands of MetroParks employees, volunteers, residents and community partners. Thank you so very much for the privilege and honor to serve you during the past 12 years.

As many of you may know, I am an avid user of MetroParks. I hope to see you in the future on a trail or at one of the many opportunities our region's outstanding park system has to offer!


Gratefully,

*Becky Benná*

THANK YOU, BECKY BENNÁ!

Congratulations to Becky Benná on her retirement! The MetroParks family so appreciates her 12 years of service to our community. A recent honor sums it up best: In January 2023, the Ohio Parks and Recreation Association awarded Benná the Harvey Woods Lifetime Achievement Award for having excelled in her day-to-day responsibilities during the course of her career, mentoring young professionals, and serving in leadership roles at the state and national levels.

Read more about new CEO Karen Hesser at [metroparks.org/ParkWaysOnline](https://metroparks.org/ParkWaysOnline).

 **OUR MISSION:** *Five Rivers MetroParks is dedicated to protecting the region's natural heritage and providing outdoor experiences that inspire a personal connection with nature.*

#### METROPARKS COMMISSIONERS



Karen L. Davis



Jessica Salem



Bear Monita



Five Rivers MetroParks  
is a CAPRA-accredited  
park agency.



1) A health care worker who used MetroParks' Mindfulness Walks to reduce stress.



2) A woman and her family who kept active during the pandemic by participating in the MetroParks Trails Challenge and exploring our region's trails.

HOW YOUR METROPARKS  
  
 MAKE FOR A HEALTHIER YOU

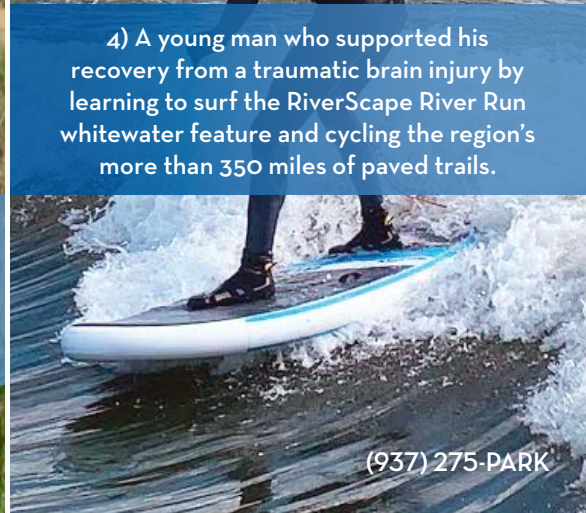
# METROPARKS 101



3) A woman who recovered from a skull fracture and extreme fear of falling by taking up mountain biking at the MetroParks Mountain Biking Area (MoMBA).



4) A young man who supported his recovery from a traumatic brain injury by learning to surf the RiverScape River Run whitewater feature and cycling the region's more than 350 miles of paved trails.



These are just four of the stories about people who took back their health using nature as their top tool.

Since the onset of the pandemic, park attendance figures show more people have been spending time outdoors, discovering the healing effects of nature. Those effects are backed up by an ever-growing body of scientific research, said Scott Hall, University of Dayton professor and clinical mental health counseling program coordinator.

Here are a handful of the ways nature makes humans healthier: Time outdoors lowers blood pressure and stress hormones, reduces muscle tension, and boosts your immune system. It increases energy levels and improves sleep. Nature has additional benefits for kids, improving everything from problem solving to coordination.

Don't just take it from us: Your Five Rivers MetroParks is full of places and ways to enjoy the outdoors for every age, ability and interest — whether you prefer to sit on a park bench and listen to birds or take an overnight backpacking adventure. Indeed, nature is accessible to every person and every family in our community.

"Research really highlights the fact that nature, just by its design, promotes wellbeing in physical, mental, emotional and social health. You can experience

a curative effect by just 20 minutes in nature," Hall said, adding that filling your life with more nature can be as simple as getting a houseplant — or just stepping outside to breathe fresh air. "You don't have to go to these far ends of the world to connect with nature."



- Stories about residents who've improved their health outdoors — and how you can follow their lead
- Health benefits of time outdoors for adults and children — and tips for making the most of them in your MetroParks
- The science that supports the benefits of spending time outdoors
- Lists of the best places to view wildlife; learn about our region's history; hike, bike and paddle, and much more
- How to plan a visit to your MetroParks and the many activities available to you and your family

For more than 60 years, Five Rivers MetroParks has protected the region's natural heritage and provided outdoor experiences that inspire a personal connection with nature, including:



12 OUTDOOR PLAY AREAS



18 CLEAN, SAFE PARKS



2ND STREET MARKET



8 CONSERVATION AREAS



165 MILES OF MANAGED TRAILS



270 MILES OF RIVER CORRIDOR



8+ OUTDOOR RECREATION FEATURES



9+ EDUCATIONAL FEATURES



16,500+ ACRES OF PROTECTED LAND

**METROPARKS.ORG/EXPLORE**

WE WANT TO  
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YOU!**



Tell us your story about how time in nature has improved your life and send us a pic. We'll share some stories on our social media channels and website.

Email [multi.media@metroparks.org](mailto:multi.media@metroparks.org)  
or call (937) 275-PARK (7275).



# MISSION: CONSERVATION

Your Five Rivers MetroParks protects more than 16,500 acres of land in the Montgomery County region. That's more acres than comprise the cities of Kettering, approximately 10,500 acres, and Huber Heights, approximately 14,200 acres.

MetroParks maintains 90% of those 16,500 acres in their natural state, managed so habitats for plants and wildlife are a priority. Doing so preserves clean water and air, and it supports biodiversity.

Indeed, Five Rivers MetroParks is a conservation agency, and protecting the region's natural heritage is at the heart of everything it does – from making the Wagner Subaru Outdoor Experience a waste-free event to conducting controlled burns to support native prairie and edge/thicket habitat.

Conservation efforts focus on river corridors and land adjacent to existing MetroParks to preserve habitat on the largest scale possible, connect existing open space and protect distinct natural

features. Doing so provides wildlife, flora and fauna better places to live and thrive – and gives people access to beautiful, pristine places where they can connect with nature and improve their physical and mental health.

You'll find these special outdoor places at all 18 of your MetroParks. In addition to its parks, Five Rivers MetroParks protects conservation areas, which are significant tracts of land primarily in a natural state with minimal infrastructure.

Most conservation areas currently have very limited access due to lack of trails and parking, although three have enhanced public access for visitors:

- **Dull Woods**, 8199 Cole St. in Brookville: Accessible from the Wolf Creek paved trail, approximately 1 mile from the parking lot, a boardwalk winds through a swamp forest remnant.
- **Medlar**, 4558 Medlar Rd. in Miamisburg: Explore diverse habitats, including a mature woods and wetlands, along the paved 2.25-mile Great-Little paved trail.



*This land in Trotwood, Spring Run Conservation Area, is slowly being transformed into a new MetroPark.*

- **Woodman Fen**, 2409 Newcastle Dr. in Dayton: A recently upgraded, natural-surface perimeter trail gives visitors a look at the area's only fen habitat.

Spring Run Conservation Area in Trotwood is slowly being transformed into a new MetroPark. Staff and volunteers have been converting this land, once farmland and a golf course, to native grassland, forest and wetlands for nearly a decade. In August 2022, additional wetland restoration work began with an H2Ohio grant from the Ohio Department of Natural Resources. Spring Run's 540 acres are adjacent to Sycamore State Park – providing a large area for wildlife habitat and open space protection in western Montgomery County.

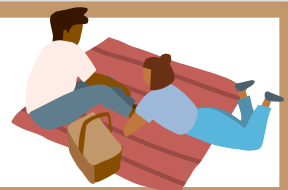


- Photos and more info about Spring Run Conservation Area
- What the Bat Blitz revealed about our local environment
- Identifying the flora and fauna in your MetroParks
- Leave No Trace principles and why they're so important
- Land acquisitions that one day will expand existing MetroParks
- How and when to use native plants in your yard
- Tips for living more sustainably
- How the 2nd Street Market supports MetroParks' conservation mission
- The schedule for monthly EcoTalks, when scientists share their research stories

WE WANT TO  
**HEAR  
FROM  
YOU!**

Tell us your favorite place in MetroParks to connect with nature and send us a pic.

Email [multi.media@metroparks.org](mailto:multi.media@metroparks.org)  
or call (937) 275-PARK (7275).





# NATURE *IS THE* CLASSROOM

Tropical waters once covered present-day Ohio, and Montgomery County is a prime location for discovering fossils of creatures that lived around 450 million years ago. Swamp milkweed, native to southwestern Ohio, is the only plant that feeds monarch caterpillars and butterflies. Crepuscular animals are active during dawn and dusk. In 1830, you could buy 158 acres of farmland for \$2,000. Lasagna gardening means layering compost with other natural materials to create super-healthy soil – not growing tomatoes, basil and other veggies to put in lasagna.

These are just a handful of the factoids children and adults who attend a Five

Rivers MetroParks educational program might learn. MetroParks naturalists and other expert staff and volunteers offer programs year-round covering a wide range of topics, including gardening, animal tracking and tree identification, composting at home, nature photography, heritage and history, sustainable living, and much more. Some programs are specific to adults, while others are for children and teens, such as Tike Hikes, Conservation Kids and Conservation Leaders. (See pages 20-25.)

Yet programs are only one way to learn about nature: Facilities, interpretive signage, events and more throughout

MetroParks provide a dose of education with your outdoor adventure. MetroParks also offers community resources for classroom teachers and other groups. For example:

- Experience life in the 1880s at the Historical Farm and Visitor Center at Carriage Hill MetroPark.
- Stroll through the Inventors Walk at RiverScape MetroPark to discover the many, and sometimes lifestyle-changing, things created in Dayton.
- Hike the purple trail at Possum Creek MetroPark and stop along the way to learn about (and see remnants of) the 1930s Argonne Forest amusement park.
- Attend the Small Farm and Food Fest on Aug. 5 to learn about sustainable living, as well as growing, raising, preparing and sourcing local food.
- Spend the weekend of Oct. 7-8 at the Wagner Subaru Outdoor Experience to learn about recreational opportunities in our region and to try fly fishing, cycling, paddling and more.
- Work with MetroParks staff to create a Green Schoolyard, vegetable and habitat gardens that serve as ecological teaching tools and provide a place where children can connect with nature.
- Visit the 2nd Street Market to learn about the importance of local food.

Another option: Go outside or visit one of your MetroParks and observe the natural world around you. Snap a quick photo or keep a nature journal so you can learn more later about what you saw.

Indeed, regardless of where the classroom is located, what you learn at MetroParks will help you connect with nature, live more sustainably, protect our natural heritage and enjoy a healthy, active lifestyle.



- Best places to explore the outdoors with kids
- Where to find nature play areas in your MetroParks
- How to use the new Kids in Parks trails
- Seasonal, year-round gardening tips from MetroParks experts
- How to build a rain barrel and compost at home
- The best things to do and see in your MetroParks in every season
- Celebrating the 100th anniversary of Aullwood Garden MetroPark and the 50th of Wegerzyn Gardens MetroPark

THANK YOU TO



dayton  
children's

FOR SUPPORTING METROPARKS' PROGRAM

**GROWING FOR GOOD**

which helps Montgomery County residents challenged with food insecurity start and maintain their own gardens. In 2022, the Ohio Parks and Recreation Association awarded the program a first place Award of Excellence in the health and wellness category.

WE WANT TO  
**HEAR FROM YOU!**



Tell us your favorite factoid about nature and send us a pic of you enjoying the outdoors. We'll share some stories on our social media channels and website.

Email [multi.media@metroparks.org](mailto:multi.media@metroparks.org) or call (937) 275-PARK (7275).



# EXPERIENCE THE OUTDOORS - *Adventure Style*

Dayton is increasingly becoming known as a great place to surf and whitewater paddle.

Also growing: Its reputation as the Outdoor Adventure Capital of the Midwest, as well as awareness that the region is home to the nation's largest paved trail network, with more than 350 miles to explore.

Five Rivers MetroParks manages 165 miles of trails for hiking, cycling, horseback riding and more, as well as 42 miles of the region's 270 miles of river corridor. MetroParks is home to outdoor recreation facilities and amenities for almost any interest, whether you enjoy more passive activities, such as fishing and nature photography, or more intense ones, such as mountain biking, backpacking and, yes, paddling. Examples include:

- Blue Heron Disc Golf Course at Englewood MetroPark
- Boating, both motorized at Eastwood MetroPark and nonmotorized at numerous parks
- Camping at frontcountry, backcountry and trailside sites
- Carriage Hill MetroPark Riding Center
- Cycling, walking, rollerblading and more on paved trails

- Fishing options, including stocked ponds and areas where you can fish without a license
- Geocaching at numerous MetroParks
- Heart Healthy Trails at eight locations
- Hiking on more than 75 miles of natural surface trails
- Horseback riding on more than 30 miles of equestrian trails
- MetroParks Mountain Biking Area (MoMBA) at Huffman MetroPark
- MetroParks Ice Rink at RiverScape MetroPark
- Mindfulness Walks at four locations
- Nature Play Areas at numerous MetroParks
- RiverScape River Run whitewater features
- Sledding hills at three parks
- Twin Valley Backpacking Trail in Germantown and Twin Creek MetroParks
- Wildlife viewing and bird blinds

In addition, MetroParks' expert outdoor recreation staff offer programs to help you progress from trying an activity for the first time to having the skills and knowledge to independently do the activity. For example, start with Try Paddlesports (see page 18) then take a series of paddling-related programs to paddle on your own more confidently. Or attend the Wagner Subaru



*Pictured: Stand Up Paddleboarder (SUP) at the Wagner Subaru Outdoor Experience 2022. Photo by Sophia Daugherty*

Outdoor Experience on Oct. 7 & 8 (see page 19) to try a variety of outdoor activities at this kid- and dog-friendly festival.

Indeed, it's fun and convenient to explore the outdoors, connect with nature – and enjoy a healthy, active lifestyle – at your MetroParks.



- Celebrating the 15th anniversary of the Twin Valley Trail
- Where to find, and how to use, MetroParks' new pump track
- New paddling access to Twin Creek near Germantown and Twin Creek MetroParks
- A guide to hitting the trails in each season
- Tips from outdoor rec pros about things to do in MetroParks by the season
- How to complete an ABC bike check before your next ride
- Best trails for dog walking, discovering history and more
- Seasonal guides to local nature-based adventures



The 2023 MetroParks Trails Challenge runs through Oct. 31 and is a fun way to explore our region's trails – on your own time and at your own pace. Finish one or all 28 trails for your chance to win prizes.

For more information and to register, scan the code or visit **METROPARKS.ORG/TRAILSCALLENGE**



**WE WANT TO HEAR FROM YOU!**



Tell us about your favorite outdoor adventure in a MetroPark and send us a pic. We'll share some stories on our social media channels and website.

Email [multi.media@metroparks.org](mailto:multi.media@metroparks.org) or call (937) 275-PARK (7275).

**THANK YOU TO THE**




**MIAMI VALLEY**  
Regional Planning Commission

== FOR SUPPORTING THE ==

**BIKE TO WORK DAY**  
**PANCAKE BREAKFAST**

AT RIVERSCAPE METROPARK ON MAY 19





# A Helping Hand for Nature

When horticulturalist Allison Bush (below, left, working with a volunteer at RiverScape MetroPark) works with MetroParks' gardening volunteers, she treats them as teammates and wants them to continuously get as much from their experiences at MetroParks as



they give. With degrees in horticulture and natural resources, plus years of experience as a landscape designer and arborist, Bush is always educating volunteers.

Lessons such as these are just one reason people volunteer with MetroParks. Yet whatever their role, assistance from MetroParks volunteers is so important and valued.

Volunteers provide an important community service, working side-by-side with staff. Five Rivers MetroParks volunteers extend the agency's resources and help MetroParks accomplish its mission. In 2022, approximately 1,410 volunteers served 18,038 hours in MetroParks at programs and special events – for a value to the agency of more than \$488,000.

The benefits of volunteering include:

- **No experience required:** Learn new skills, care for the environment and make new friends. All you need is enthusiasm for our region's natural heritage and a willingness to learn, and a desire to share with others.
- **Something for everyone:** MetroParks has a wide variety of volunteer

# VOLUNTEER

opportunities so everyone can find something that meets their passion – and schedule. People of all ages and abilities are MetroParks volunteers.

- **Fun and rewarding:** Volunteers share their interests with people of all ages and improve our region's quality of life.
- **Benefits the body:** Volunteers spend time outdoors, learning more about the natural world, resulting in improved mental and physical health.

It's easier than ever to become a MetroParks volunteer through the Get Connected online volunteer platform. Search volunteer opportunities, create a volunteer profile, participate in virtual training and more.

Also on Get Connected are opportunities for:

- Families and youth ages 14-17 looking to fulfill required service hours
- Groups, including large families, service clubs, schools, nonprofit or governmental agencies, and corporate or religious organizations



- MetroParks faves and recommendations from volunteers
- Share our region's agricultural history at the Carriage Hill Historical Farm
- Local veteran continues to serve
- MetroParks Volunteer Patrol monitors trails for safety
- Generations serve at Adventure Central
- How volunteers protect wildlife
- MetroParks staff teach volunteers gardening and more
- Families' stories about volunteering
- Pond Patrol volunteers help keep wildlife safe

## Join MetroParks for **PUBLIC VOLUNTEER DAYS**

Registration required  
at [metroparks.org/volunteer](https://metroparks.org/volunteer)

### SERVICE SATURDAYS

**JUNE 17, JULY 15, AUG. 19, SEPT. 16**  
9 AM to noon  
Multiple MetroParks, variety of projects

### MAKE A DIFFERENCE DAY

**SATURDAY, OCT. 28**  
9 AM to noon  
Multiple MetroParks, variety of projects

### HIGH PRIORITY NEEDS

Volunteers are especially needed to help with gardening and trail maintenance, as well as with large events such as the Wagner Subaru Outdoor Experience.

### LEARN MORE & GET STARTED

**VISIT** [metroparks.org/volunteer](https://metroparks.org/volunteer)

**EMAIL** [volunteer.services](mailto:volunteer.services@metroparks.org)

**CALL** (937) 275-7275 (PARK)  
to speak with a  
volunteer coordinator

[@metroparks.org](mailto:volunteer.services@metroparks.org)



WE WANT TO  
**HEAR  
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YOU!**



Tell us about a time you volunteered or did a good deed to protect nature and send us a pic. We'll share some stories on our social media channels and website.

Email [multi.media@metroparks.org](mailto:multi.media@metroparks.org)  
or call (937) 275-PARK (7275).



# SUPPORTING NATURE

Providing access to nature and outdoor experiences is critical to MetroParks' mission – and to people's health and wellbeing. To support this, the Five Rivers MetroParks Foundation offers an Access to Nature financial assistance program to reduce financial barriers for people to take MetroParks programs, rent shelters and more.

As of December 2022, the foundation had provided funding for nearly 850 financial assistance awards. Aryel Newman and her mother, Tracy Lawlah, used the assistance to fish, paddle and camp. For example, Lawlah took MetroParks' paddling safety program, followed by a program in which she and Aryel paddled for the first time in moving water.

"We had been wanting to paddle the river for some time, but were worried about what could happen," said Newman, noting the idea of attending a program



Aryel Newman participating in a fishing program at Possum Creek funded by Access to Nature

# PHILANTHROPY

eased those worries since an instructor and other attendees would be present. “It was very informative – we learned how to maneuver in whitewater.”

Access to Nature is just one of the many items the Five Rivers MetroParks Foundation supports. In 2022, for example, it funded park benches and swings, the award-winning Growing for Good program that helps residents living in food deserts start successful gardens, Kids in Parks trails, support for park and conservation maintenance, and much more. The James M. Cox, Jr. Arboretum Foundation and Wegerzyn Gardens Foundation also provide philanthropic support at those MetroParks.

You can help the Five Rivers MetroParks Foundation secure funding for special projects and programming, as well as an endowment. Charitable contributions can support all MetroParks or one specific park, educational and recreation services, conservation initiatives, and more. In 2023, MetroParks’ philanthropy team is creating even more ways to give, adding to the many options already available.



- Why Five Rivers MetroParks needs philanthropic funding
- More ways to support the foundations
- Donor profiles and why they chose to support MetroParks
- Projects and programs supported by the foundations

WE WANT TO  
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YOU!**



Tell us why you support protecting nature and ensuring everyone has access to parks and send us a pic. We'll share some stories on our social media channels and website.

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or call (937) 275-PARK (7275).



**2022**  
**PHILANTHROPY**  
IN YOUR METROPARKS

## THREE FOUNDATIONS

- 23 board members
- 31 projects/programs funded
- with support totaling \$958,860
- at SEVEN MetroParks locations

## 12 PROGRAMS FUNDED

- 5,535 people participated in programs funded by the foundations

## \$1,051,606 CASH DONATIONS

received through foundations and sponsorships

- \$3,747 in-kind donations received through foundations

## ACCESS TO NATURE

financial assistance program

- 545 individuals/families supported
- \$4,942 in financial assistance provided

## 162 METROPARKS CHAMPIONS

1,006 DONORS across all foundations

## BECOME A METROPARKS CHAMPION

The Champions Program is the easiest way to support the Five Rivers MetroParks Foundation. Establish a monthly recurring gift in an amount that works for you while helping your MetroParks make up for gaps in levy funding.

EMAIL [champions@metroparks.org](mailto:champions@metroparks.org)  
CALL (937) 275-7275 (PARK)  
VISIT [metroparks.org/donate](http://metroparks.org/donate)



# FIVE RIVERS METROPARKS PARK SYSTEM MAP

METROPARKS.ORG/MAP

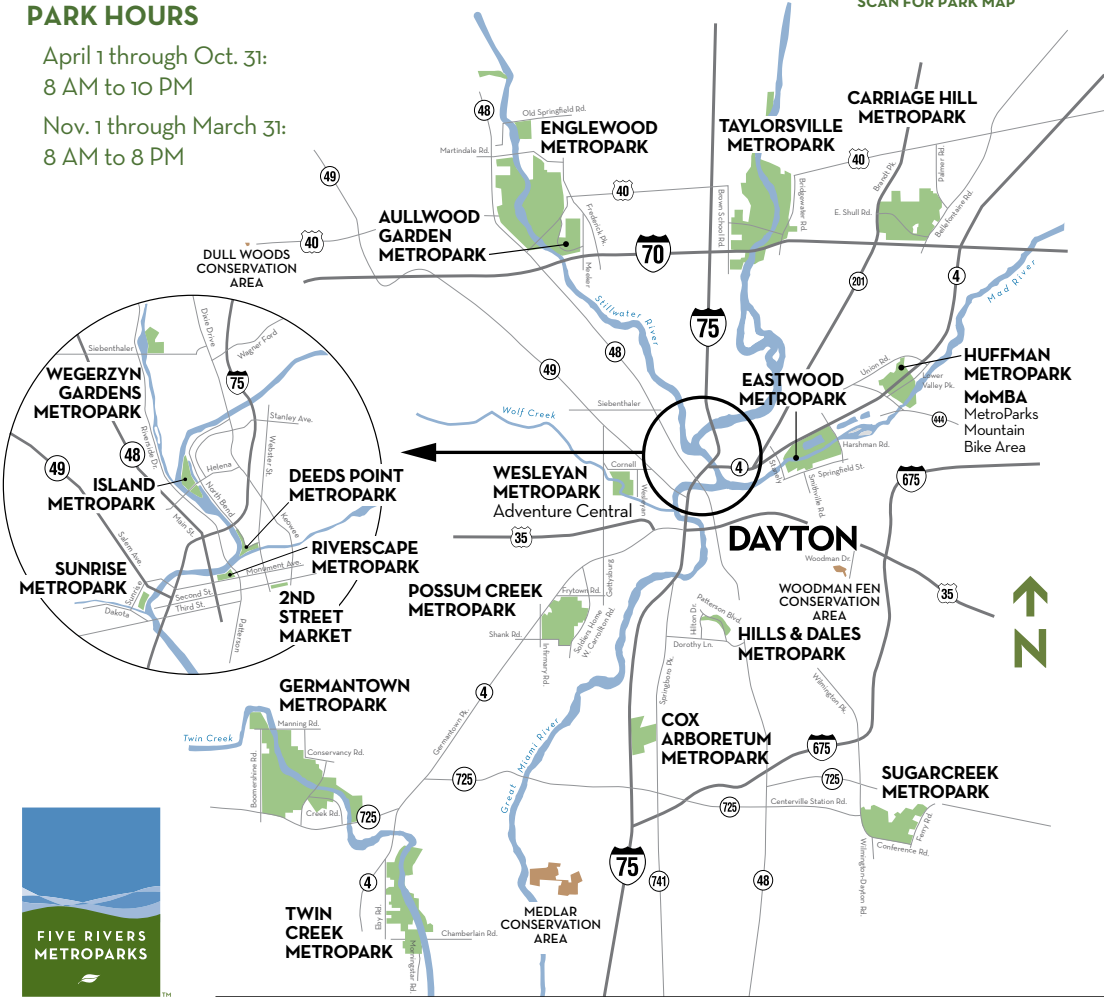


SCAN FOR PARK MAP

## PARK HOURS

April 1 through Oct. 31:  
8 AM to 10 PM

Nov. 1 through March 31:  
8 AM to 8 PM



Five Rivers MetroParks operates 30 outstanding public locations. Founded in 1963 to serve the greater Dayton area, MetroParks protects more than 16,500 acres of open space and provides year-round recreation, education and conservation opportunities. Admission to MetroParks' locations is available free of charge — made possible by Montgomery County citizen support of a property tax levy.

## METROPARKS

2nd Street Market	Englewood	RiverScape
Aullwood Garden	Germantown	SugarCreek
Carriage Hill	Hills & Dales	Sunrise
Cox Arboretum	Huffman	Taylorville
Deeds Point	Island	Twin Creek
Eastwood	Possum Creek	Wegerzyn Gardens
		Wesleyan

## CONSERVATION AREAS

Dull Woods	Medlar	Woodman Fen
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DOWNLOAD THE

Five Rivers MetroParks  
**MOBILE  
APP**



Your mobile guide to parks and trails, powered by OuterSpatial.



SCAN TO  
DOWNLOAD APP

APP: [METROPARKS.ORG/MOBILE](https://www.fiveriversmetro.org/mobile)



# 2023 SPECIAL EVENTS

## JUNE

### (FREE) TWIN VALLEY TRAIL (TVT) CHALLENGE

**SAT. JUN 3, 5:30 AM - 10 PM** N15  
GERMANTOWN METROPARK  
[metroparks.org/tvtchallenge](http://metroparks.org/tvtchallenge)

### (FREE) FOR DAYTON BY DAYTON

**SAT. JUN 10, 4 - 9 PM** N30  
RIVERSCAPE METROPARK  
[www.4dbdayton.com](http://www.4dbdayton.com)

### (FREE) MUD DAY

**SAT. JUN 24, 10 AM - 1 PM** N76  
WEGERZYN GARDENS METROPARK



## JULY

### (FREE) THE UNITED IRISH OF DAYTON CELTIC FESTIVAL

**FRI. JUL 28, 5:30 - 11 PM** N64  
**SAT. JUL 29, 11:30 AM - 11 PM** N65  
**SUN. JUL 30, 9 AM - 6 PM** N66  
RIVERSCAPE METROPARK  
[www.daytoncelticfestival.com](http://www.daytoncelticfestival.com)



## AUGUST

**(FREE) SMALL FARM AND FOOD FEST**  
**SAT. AUG 5, 10AM - 5 PM** N48  
CARRIAGE HILL METROPARK



### (FREE) DAYTON AFRICAN AMERICAN CULTURAL FESTIVAL

**SAT. AUG 19, 12 - 8 PM** N68  
ISLAND METROPARK  
[www.daacf.com](http://www.daacf.com)



## SEPTEMBER

### WEGERZYN GARDENS FOUNDATION ANNUAL GARDEN PARTY

**THU. SEP 14, 5 - 8 PM** N272  
WEGERZYN GARDENS METROPARK  
[www.wegerzyngardensfoundation.org](http://www.wegerzyngardensfoundation.org)  
Age: 21Y and up.



### (FREE) HISPANIC HERITAGE FESTIVAL

**SAT. SEP 16, 11 AM - 11 PM** N69  
RIVERSCAPE METROPARK  
[www.facebook.com/PACODayton](http://www.facebook.com/PACODayton)



## OCTOBER

### (FREE) WAGNER SUBARU OUTDOOR EXPERIENCE

**SAT & SUN OCT. 7 - 8** O1, O2  
EASTWOOD METROPARK  
[metroparks.org/outdoorx](http://metroparks.org/outdoorx)



### (FREE) FALL FAMILY ADVENTURE

**SAT. OCT 21, 5 - 7:30 PM** O42  
WEGERZYN GARDENS METROPARK



### (FREE) MAKE A DIFFERENCE DAY

**SAT. OCT 28, 9 AM - NOON**  
MULTIPLE METROPARKS

**CHECK ONLINE FOR MORE PROGRAMS IN NOVEMBER AND DECEMBER**



## PROGRAM GUIDE

### HOW TO REGISTER



#### ONLINE

Search online at [metroparks.org/programs](http://metroparks.org/programs) by date or program number to register.



#### BY PHONE

Call 937-275-PARK to register for programs unless otherwise noted in the listing.

### PROGRAM DETAILS

#### REGISTRATION REQUIRED



Registration is required for programs marked with this icon.

#### PROGRAM SERIES

Programs contained within a light blue box are part of a series of programs.

FIND MORE ONLINE



SCAN FOR A FULL LIST OF PROGRAMS

# ACTIVE OUTDOORS

## CAMPING

### GREAT AMERICAN CAMPOUT

**SAT. JUN 24, 3 PM - SUN. JUN 25, 12 PM** N19

POSSUM CREEK METROPARK

Price per family (up to 5): \$30 🍷

## FISHING

### (FREE) FLY FISHING 1: GEAR

**THU. JUN 8, 6:00-7:30 PM** N10

POSSUM CREEK METROPARK

Age: 14Y and up

### FLY FISHING 2: LAKE

**SAT. JUN 10, 9:00 AM-12:00 PM** N3

POSSUM CREEK METROPARK

Age: 14Y and up. Fee: \$30 🍷

### (FREE) TRY FLY FISHING

**WED. JUL 19, 5:30-8:30 PM** N7

EASTWOOD METROPARK

**WED. AUG 9, 5:30-8:30 PM** N9

COX ARBORETUM METROPARK

Age: 14Y and up

### FLY FISHING 2: RIVER

**SAT. JUL 22, 9:00 AM-1:00 PM** N8

EASTWOOD METROPARK

Age: 14Y and up. Fee: \$50 🍷

## MOUNTAIN BIKING

### (FREE) TRY MOUNTAIN BIKING

**THU. JUN 15, 4:00-7:00 PM** N37

**TUE. JUL 11, 4:00-7:00 PM** N38

**TUE. AUG 8, 4:00-7:00 PM** N39

HUFFMAN METROPARK

### OLDER ADULT ADVENTURES

Adults ages 55-plus will connect to nature and learn about adopting a healthy, active outdoor lifestyle.

#### MOUNTAIN BIKING

**THU. JUN 15, 1:30-3:00 PM** N41

HUFFMAN METROPARK

Age: 55Y and up. Fee: \$10 🍷

#### SUP FOR OLDER ADULTS

**WED. JUN 28, 5:30-7:30 PM** L209

POSSUM CREEK METROPARK

Age: 55Y and up. Fee: \$12 🍷

### KAYAKING FOR OLDER ADULTS

**THU. AUG 10, 5:30-7:30 PM** N252

POSSUM CREEK METROPARK

Age: 55Y and up. Fee: \$12 🍷

## PADDLING

### FLATWATER FLOAT

**THU. JUN 8, 6:00-7:30 PM** N160

POSSUM CREEK METROPARK

**THU. JUL 6, 5:30-7:30 PM** N242

EASTWOOD METROPARK

Age: 14Y and up. Fee: \$12 🍷

### (FREE) TRY PADDLESPOrts

**TUE. JUN 13, 4:00-7:00 PM** N184

**WED. AUG 2, 4:00-7:00 PM** N251

EASTWOOD METROPARK

**WED. JUL 12, 4:00-7:00 PM** N247

POSSUM CREEK METROPARK

### KAYAK UNDER THE FOUNTAINS

**TUES. JUN 27, 5:30-6:15 PM** N238

**6:30-7:15 PM** N239

**7:30-8:15 PM** N240

RIVERSCAPE METROPARK

Age: 18Y and up. Fee: \$15 🍷

### KAYAK RIVER TRIPS

Paddling equipment is provided for these trips, designed for those with at least flatwater experience. Learn general moving water paddling concepts.

### INFLATABLE KAYAK:

#### DOWNTOWN DAYTON

**SAT. JUL 8, 2:00-4:30 PM** N244

RIVERSCAPE METROPARK

Age: 14Y and up. Fee: \$30 🍷

### KAYAK THE MAD RIVER

**FRI. JUL 14,  
5:00-8:00 PM** N248

EASTWOOD METROPARK

Age: 14Y and up.

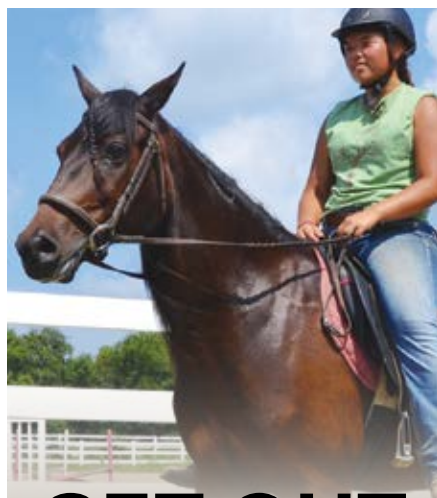
Fee: \$30 🍷

FIND MORE  
ONLINE



SCAN FOR A  
FULL LIST OF  
PROGRAMS





# GET OUT & RIDE

at the Carriage Hill  
Riding Center

Lessons,  
camps and  
rides available.



[METROPARKS.ORG/RIDINGCENTER](https://METROPARKS.ORG/RIDINGCENTER)

## RESERVATIONS & RENTALS

### OUTDOOR FACILITIES

Enjoy the outdoors  
by reserving a  
campsite or shelter.

[METROPARKS.ORG/RESERVATIONS](https://METROPARKS.ORG/RESERVATIONS)

### OUTDOOR EQUIPMENT

Rent items for  
camping, backpack-  
ing and cycling.

[METROPARKS.ORG/EQUIPMENT](https://METROPARKS.ORG/EQUIPMENT)



[METROPARKS.ORG](https://METROPARKS.ORG)



SATURDAY & SUNDAY  
**OCTOBER 7 & 8**

**EASTWOOD  
METROPARK**

1385 HARSHMAN RD.,  
DAYTON, OHIO



[METROPARKS.ORG/OUTDOORX](https://METROPARKS.ORG/OUTDOORX)

FREE AND FOR EVERYONE IN  
THE FAMILY - INCLUDING DOGS!

- DOZENS OF OUTDOOR RECREATION ACTIVITIES
- LIVE DEMOS
- EXHIBITOR VILLAGE
- KIDS ACTIVITIES
- FREE CAMPING
- FOOD TRUCKS
- LIVE MUSIC



# ADULT NATURE EXPLORATION

## FLORA & FAUNA

### COMMON BIRDS OF OHIO

**SAT. JUN 24, 9:00-11:30 AM** N172

COX ARBORETUM METROPARK

Age: 18Y and up. Fee: \$8 🗲

### STREAM FISHES OF OHIO

**SAT. JUN 24, 1:00-3:30 PM** N180

WEGERZYN GARDENS METROPARK

Age: 18Y and up. Fee: \$8 🗲

### BUTTERFLY ID

**SAT. JUL 8, 1:00-3:30 PM** N168

COX ARBORETUM METROPARK

Age: 18Y and up. Fee: \$8 🗲

### OWL WALK

**SAT. JUL 8, 9:00-11:30**

**PM** N171

SUGARCREEK METROPARK

Age: 18Y and up.

Fee: \$3 🗲

### NATIVE TREE ID

**SAT. AUG 12,**

**9:00 AM-12:00 PM** N193

COX ARBORETUM

METROPARK

Age: 18Y and up.

Fee: \$10 🗲

FIND MORE  
ONLINE



SCAN FOR A  
FULL LIST OF  
PROGRAMS



## GARDENING

### PROGRESSIVE GARDEN TOUR: AULLWOOD, WEGERZYN, COX, RIVERSCAPE

**SAT. JUN 17, 10:00 AM-4:00 PM** N75

WEGERZYN GARDENS METROPARK

Age: 18Y and up. Fee: \$10 🗲

## NATURE APPRECIATION

### ACCESSIBLE FOREST THERAPY WALK

**SUN. JUN 11, 1:00 PM-3:30 AM** N270

WEGERZYN GARDENS METROPARK

Age: 18Y and up. Fee: \$25 🗲

## PHOTOGRAPHY & ART

### PICTURING PUDDLES AND PONDS

**SAT. JUN 10, 10:00-11:30 AM** N161

WEGERZYN GARDENS METROPARK

Age: 18Y and up. Fee: \$20 🗲

### PHOTOGRAPHIC SCAVENGER HUNT

**SAT. JUL 29, 10:00-11:30 AM** N163

COX ARBORETUM METROPARK

Age: 18Y and up. Fee: \$15 🗲

## AULLWOOD GARDEN 100 YEARS



WEDDING ANNIVERSARY



*Registration required for all programs, which  
are held at Aullwood Garden MetroPark for  
adults 18 and older.*

### AULLWOOD WEDDING CELEBRATION

**SAT. JUN 3, 10 AM - 1 PM** N74, Fee: \$10 🗲

### JOHN AND MARIE AULL: CARING FOR THE ENVIRONMENT

**SAT. JUL 8, 10 AM - NOON** N77, Fee: \$15 🗲

### TOUR AULLWOOD

**WED. JUN 28, 6 - 7:30 PM** N197, Fee: \$7 🗲

**WED. JUL 26, 6 - 7:30 PM** N198, Fee: \$7 🗲

## WEGERZYN GARDENS

# 50 YEARS

ANNIVERSARY

Special programs  
will be held at  
Wegerzyn Gardens  
MetroPark through-  
out the year to  
commemorate its  
anniversary starting  
this spring.

# EARTH FRIENDLY LIVING

## GARDENING

VEGETABLE GARDEN VISITS,  
A SMALL GARDEN

**THU. JUN 22, 6:30-7:30 PM** N265

WEGERZYN GARDENS METROPARK

Age: 18Y and up Fee: \$10 🍷

GARDEN DESIGN

**SAT. JUL 15, 10:00 AM-2:00 PM** N78

WEGERZYN GARDENS METROPARK

Age: 18Y and up Fee: \$10 🍷

VEGETABLE GARDEN VISITS,  
HISTORIC GARDENING

**THU. JUL 27, 6:30-7:30 PM** N266

CARRIAGE HILL METROPARK

Age: 18Y and up Fee: \$10 🍷

VEGETABLE GARDEN VISITS,  
THE DEMONSTRATION GARDEN

**THU. AUG 24, 6:30-7:30 PM** N267

POSSUM CREEK METROPARK

Age: 18Y and up Fee: \$10 🍷

## PICK YOUR OWN FLOWERS, GREENS AND HERBS AT POSSUM CREEK METROPARK

### • **Wednesdays** — 4:30-6:30 PM

JUNE 14 (N257)

JUNE 21 (N259)

JUNE 28 (N260)

### • **Saturday** — 4:30-6:30 PM

JULY 8 (N258)

Registration required.

Fee: \$15

## Relax on MetroParks'

## MINDFULNESS WALKS

*These short, easy walks invite you to stop and engage in simple breathing and meditation activities. Mindfulness Walks are featured outings in Five Rivers MetroParks' free mobile app; visit [metroparks.org/mobile](http://metroparks.org/mobile) to download.*



**METROPARKS.ORG/MINDFUL**

## GET IN SHAPE ON



## HEART HEALTHY TRAILS

These entry-level treks make it easy for you to exercise outdoors. Heart Healthy Trails are featured outings in Five Rivers MetroParks' free mobile app; visit [metroparks.org/mobile](http://metroparks.org/mobile) to download.



**METROPARKS.ORG/  
HEART-HEALTHY**

## PAINT-A-PARK

These free programs allow you to create a work of art inspired by nature. Art supplies available to borrow or bring your own. Second Sunday of each month June - Dec., 2 - 5 PM, various MetroParks.



# 2023 SMALL FARM & FOOD FEST



## SATURDAY AUGUST 5

10 AM to 5 PM

Free, all ages  
Carriage Hill  
MetroPark



- Discover time-honored farming skills that help you live more sustainably today.
- Learn about healthy eating
- Attend workshops, demos & talks
- Shop an outdoor farmers market
- Food trucks, live music, games, wagon rides

[METROPARKS.ORG/FARMFEST](https://METROPARKS.ORG/FARMFEST)



## HOW TO SUPPORT YOUR FIVE RIVERS METROPARKS

Charitable contributions to the Five Rivers MetroParks Foundation can support all MetroParks or educational and recreational services, conservation initiatives, and more. It's easy to support your MetroParks with so many ways to give, including:

- Champions program
- Tribute Program
- Individual Giving
- Planned Giving



[METROPARKS.ORG/DONATE](https://METROPARKS.ORG/DONATE)



## ECO TALKS

Learn about the environment from experts with monthly EcoTalks at Cox Arboretum MetroPark. Listen to local researchers share results from their conservation projects. EcoTalks are free, registration is required due to limited space.



# FAMILY & CHILDREN

## CONSERVATION KIDS

This series for ages 3-13 nurtures kids' desire to explore nature and provides families inspiration to spend time outdoors. Programs are organized in three levels. Start with Discover (▲green) programs, then Act (▲blue) and Share (▲orange). Children will learn about nature and work with their peers to protect it before ultimately becoming stewards and advocates for conservation. Children who complete programs in each level will receive a tool to help them talk about conservation with their peers. Visit [metroparks.org/kids](http://metroparks.org/kids).

### (FREE) WOODLAND NESTING BIRDS

**SAT. JUN 3, 1:00-2:30 PM** N165

TAYLORSVILLE METROPARK 🗝️ ▲

### (FREE) NIGHTTIME INSECT EXPLORATION

**SAT. JUN 3, 8:30-9:30 PM** N167

ENGLEWOOD METROPARK 🗝️ ▲

### NESTBOX MONITORING

**SAT. JUN 10, 1:00-2:30 PM** N169

POSSUM CREEK METROPARK

Fee: \$3 🗝️ ▲

### BEE SPOTTER

**SAT. JUN 10, 3:30-5:00 PM** N170

COX ARBORETUM METROPARK

Fee: \$3 🗝️ ▲

### TOGETHER WITH FIREFLIES

**SAT. JUN 10, 7:30-9:30 PM** N173

COX ARBORETUM METROPARK

Fee: \$3 🗝️ ▲

### (FREE) BUTTERFLY SAFARI

**SAT. JUN 17, 3:00-4:30 PM** N175

SUGARCREEK METROPARK 🗝️ ▲

### (FREE) BABY OWL SEARCH

**SAT. JUN 17, 8:30-9:30 PM** N181

HILLS & DALES METROPARK 🗝️ ▲

### iNATURALIST

**SAT. JUL 15, 1:00-2:30 PM** N188

ENGLEWOOD METROPARK

Fee: \$3 🗝️ ▲

### WATERWAY CHECK-UP

**SAT. JUL 15, 3:30-5:00 PM** N195

WEGERZYN GARDENS METROPARK

Fee: \$3 🗝️ ▲

### NATURE SPORTS

**SAT. JUL 22, 12:30-2:30 PM** N200

COX ARBORETUM METROPARK

Fee: \$3 🗝️ ▲

### (FREE) CREEK FUN

**SAT. JUL 22, 4:00-6:00 PM** N201

SUGARCREEK METROPARK 🗝️ ▲

### (FREE) WETLAND ESCAPE

**FRI. JUL 28, 6:00-7:00 PM** N199

CARRIAGE HILL METROPARK 🗝️ ▲

### (FREE) NATURE'S DEFENSES

**SAT. JUL 29, 5:30-6:30 PM** N203

SUGARCREEK METROPARK 🗝️ ▲

### (FREE) NOCTURNAL EXCURSION

**SAT. JUL 29, 8:30-10:00 PM** N204

GERMANTOWN METROPARK 🗝️ ▲

### (FREE) BUTTERFLIES AND DRAGONFLIES

**SAT. AUG 12, 1:00-2:00 PM** N205

GERMANTOWN METROPARK 🗝️ ▲

### (FREE) WETLAND EXPLORATION

**FRI. AUG 18, 6:00-7:00 PM** N207

CARRIAGE HILL METROPARK 🗝️ ▲

### (FREE) POLLINATOR DISCOVERY

**SAT. AUG 19, 10:00-11:30 AM** N209

POSSUM CREEK METROPARK 🗝️ ▲

### CREEK GUIDE TRAINING

**SAT. AUG 19, 1:00-3:00 PM** N211

COX ARBORETUM METROPARK

Fee: \$3 🗝️ ▲

### TREE OBSERVER

**SAT. AUG 19,**

**4:00-5:30 PM** N246

COX ARBORETUM

METROPARK Fee: \$3 🗝️ ▲

### PRAIRIE SEED COLLECTING

**SAT. AUG 26,**

**10:00-11:30 AM** N213

POSSUM CREEK METROPARK

Fee: \$3 🗝️ ▲

### (FREE) CREEK EXPLORATION

**SAT. AUG 26,**

**4:00-6:00 PM** N214 🗝️

SUGARCREEK METROPARK ▲

**SAVE MONEY  
ON METROPARKS'  
programs and rentals**

**METROPARKS.ORG/  
ACCESS**

**FIND MORE  
ONLINE**



**SCAN FOR A  
FULL LIST OF  
PROGRAMS**



# FAMILY & CHILDREN

## (FREE) POLLINATORS AND COMPANION PLANTINGS

**SUN. JUN 18, 11:00 AM-12:00 PM** N79  
2ND STREET MARKET

## FATHER AND DAUGHTER FISHING DAY

**SUN. JUN 18, 1:00-4:00 PM** N6  
POSSUM CREEK METROPARK Fee: \$5 🍷

## MOTHER AND SON FISHING DAY

**SAT. JUN 24, 9:00 AM-NOON** M70  
POSSUM CREEK METROPARK Fee: \$5 🍷

## (FREE) FORAGING FOR MUSHROOMS: FALL IS THE BEST TIME!

**SUN. SEP 24, 10:30-11:30 AM** N261  
2ND STREET MARKET

## (FREE) PUMPKIN DECORATING AT THE MARKET

**SAT. OCT 28, 9:00 AM-3:00 PM** O67  
2ND STREET MARKET

## (FREE) TRICK OR TREAT AT THE MARKET

**SUN. OCT 29, 11:00 AM-3:00 PM** O68  
2ND STREET MARKET

## (FREE) LEARN THE SECRETS OF HERITAGE GRAINS

**SUN. NOV 12, 10:30-11:30 AM** N262  
2ND STREET MARKET

## BREAKFAST WITH SANTA

**SUN. DEC 17, 9:00-10:00 AM** O71  
**SUN. DEC 17, 10:00-11:00 AM** O72  
2ND STREET MARKET.  
Fee per person: \$15. 🍷

## PRESCHOOL

### TIKE HIKE

Explore nature with your preschooler. Dress for the weather and to get wet and dirty.

#### (FREE) TIKE HIKE

**THU. JUN 8, 10:00-11:00 AM** N1  
GERMANTOWN METROPARK

**TUE. JUN 13, 10:00-11:00 AM** N226  
SUGARCREEK METROPARK

**THU. JUL 6, 10:00-11:00 AM** N227  
TAYLORSVILLE METROPARK

**WED. JUL 12, 10:00-11:00 AM** N232  
ENGLEWOOD METROPARK

**THU. AUG 10, 10:00-11:00 AM** N233  
GERMANTOWN METROPARK

**TUE. AUG 15, 10:00-11:00 AM** N234  
COX ARBORETUM METROPARK  
Age: 3Y-5Y 🍷

## YOUTH & TEEN

### MORNING CHORES

**SAT. JUN 3, 8:30-9:30 AM** N49

**SAT. JUL 1, 8:30-9:30 AM** N50

**SAT. AUG 12, 8:30-9:30 AM** N51  
CARRIAGE HILL METROPARK

Age: 8Y-12Y. Fee: \$5 🍷

### CONSERVATION LEADERS

This series for ages 10-17 fosters a deepened connection with nature through experiences in and exploration of Dayton's local ecology. Older youth are empowered as they gain a growing awareness of local environmental issues and see first-hand their positive impact on greater Dayton's environment.

### ASSESSING BIODIVERSITY

**SAT. JUN 3, 4:00-6:00 PM** N166  
COX ARBORETUM METROPARK  
Age: 10Y-17Y. Fee: \$3 🍷

### WILD WETLANDS

**SAT. JUN 17, 5:30-7:30 PM** N177  
COX ARBORETUM METROPARK  
Age: 10Y-17Y. Fee: \$3 🍷

### RADIO TELEMETRY

**SAT. JUL 8, 4:30-6:30 PM** N241  
COX ARBORETUM METROPARK  
Age: 10Y-17Y. Fee: \$3 🍷

### WATER CHEMISTRY

**SAT. JUL 29, 2:00-4:00 PM** N202  
WEGERZYN GARDENS METROPARK  
Age: 10Y-17Y. Fee: \$3 🍷

### NATURE GAMES

**SAT. AUG 12, 3:00-5:00 PM** N243  
GERMANTOWN METROPARK  
Age: 10Y-17Y. Fee: \$3 🍷

### OHIO'S FISH

**SAT. AUG 26, 1:00-3:00 PM** N215  
WEGERZYN GARDENS METROPARK  
Age: 10Y-17Y. Fee: \$3 🍷

# FAMILY & CHILDREN

## YOUTH KAYAK CAMP: MOVING WATER

**WED. - FRI. JUN. 21-23, 9AM - 5PM** N235

EASTWOOD METROPARK

Age: 9Y-17Y. Fee: \$90 🗝️

## YOUTH KAYAK CAMP: WHITEWATER

**WED. - FRI. JUL. 19-21, 9AM - 5PM** N249

EASTWOOD METROPARK

Age: 14Y-17Y. Fee: \$90 🗝️

## YOUTH MOUNTAIN BIKING SKILLS CLINIC

**TUE. JUL 25,**

**1:00-5:00 PM** N43

**THU. AUG 10,**

**1:00-5:00 PM** N44

HUFFMAN METROPARK

Age: 9Y-16Y. Fee: \$15 🗝️

FIND MORE  
ONLINE



SCAN FOR A  
FULL LIST OF  
PROGRAMS



## EXPLORE NATURE AT HOME

Take-home program kits offer self-guided activities with nature, outdoor recreation and wellness themes. Available kits will be available for pre-registration and pick up at multiple locations.



[METROPARKS.ORG/KITS](https://metroparks.org/kits)



*Spending time outside is good  
for all of us – but is especially  
important for children.*



MetroParks' special outings, Let's Explore, make it easy to experience the outdoors with kids. Start at a nature play area, hike a nearby trail suitable for children and look for fun activities to complete along the way. Let's Explore adventures are available at:

- Englewood MetroPark East Park
- Sugarcreek MetroPark
- Possum Creek MetroPark



[METROPARKS.ORG/  
LETSEXPLORE](https://metroparks.org/letsexplore)



## CELEBRATE OUTDOORS

Reserve a  
campsite or  
shelter for  
your next event.



[METROPARKS.ORG/  
RESERVATIONS](https://metroparks.org/reservations)



Most 2nd Street Market vendors accept EBT/SNAP benefits, in addition to Produce Perks.

# SHOP FRESH & LOCAL 2ND STREET MARKET

600 E. Second St., downtown Dayton

Buy farm-fresh produce, flowers, meats, dairy, kitchen staples and more from a variety of local vendors. Grab a bite to eat from prepared food vendors or one-of-a-kind artisan goods.

**Friday & Sunday 11 AM to 3 PM**

**Saturday 9 AM to 3 PM**

The outdoor farmers market is open May 6 through the end of October.

Join the Market for special events, workshops and celebrations presented by



- Celebrate **Pride Month** throughout June
- Join us for **National Farmers Market Week** Aug. 6-12
  - **2nd Thursday** at the Market: Aug. 10
- Celebrate **Hispanic Heritage Month**: weekend of Sept. 16
  - **Apple Day** at the Market: Sunday, Sept. 24
  - **Stock Up Wednesday**: Wednesday, Nov. 22
  - **Artisan Night**: Thursday, Dec. 14

For more information, additional programs and events, a list of vendors and more:

- Visit [METROPARKS.ORG/LOCALFOOD](https://metroparks.org/localfood)
- Follow [facebook.com/2ndStreetMarket](https://facebook.com/2ndStreetMarket)
- Sign up for 2nd Street Market emails at [metroparks.org/newsletters](https://metroparks.org/newsletters)
- Call (937) 228-2088



**METROPARKS.ORG/LOCALFOOD**



# ENJOY SUMMER AT RIVERSCAPE METROPARK

[METROPARKS.ORG/RIVERSCAPE](http://METROPARKS.ORG/RIVERSCAPE)

FREE FANTASTIC CONCERTS

PRESENTED BY



Bring a chair and enjoy live music by bands from a variety of genres, including R&B, bluegrass, Big Band and more. Held most Thursdays June-August from 7-9 PM and Fridays, June 2 & Aug. 4, from 6 to 9 PM.

**June 2:** The Shady Pine and The Repeating Arms

**June 8:** Bob Gray Orchestra

**June 15:** Big Gil & His Funky All-Stars

**June 22:** Tom Daugherty Orchestra

**July 6:** The New Old-Fashioned

**July 13:** Natural Progression

**July 20:** Dayton Jazz Orchestra

**August 4:** Chevere LF Dance Studio  
and Dayton Salsa Project

**August 10:** Retrobuton

**August 17:** LYD

**August 24:** Kim Kelly Orchestra



Scan for RiverScape  
MetroPark info

FREE FITNESS CLASSES

PRESENTED BY



Enjoy fun yoga and Zumba under the RiverScape Pavilion most Saturdays from 10 to 11 AM through August.

Community fitness classes are held most Monday through Wednesday evenings at 6 PM through October. Classes include Tai Chi & Qigong, Boot Camp, and dance fitness.



## FOUNTAINS & FUN

MEMORIAL DAY THROUGH LABOR DAY

The Five Rivers MetroParks Fountain of Lights operates for 10-minute intervals at the top of the hour.  
Monday-Friday 6:55 AM to 10:05 PM  
Saturday-Sunday 10:55 AM to 10:05 PM  
(The fountain may turn off early or not operate depending on wind and other weather conditions.)

Interactive Fountain  
open daily from  
11 AM to 8 PM



Fountain Snack Bar open daily except Mondays; hours vary.

Relax along the downtown riverfront amidst urban gardens.

Access hundreds of miles of paved recreation trails.

Rent kayaks from Taiter's Kayak Solutions on select dates from June through September.



## METROPARKS ICE RINK



Opens the Friday after Thanksgiving.  
Details coming in early November.

[METROPARKS.ORG/ICE RINK](http://METROPARKS.ORG/ICE RINK)



# ACCESS PARKWAYS RESOURCES, PROGRAM INFO & MORE ONLINE

Programs and events in your MetroParks are being added all the time! Scan the code or visit [metroparks.org/parkways](https://metroparks.org/parkways) to access program and event info, learn updates as they're announced, discover resources that help you connect with nature and much more.

- Visit MetroParks' blog: [metroparks.org/ParkWaysOnline](https://metroparks.org/ParkWaysOnline)
- Sign up for Five Rivers MetroParks' email newsletters: [metroparks.org/newsletter](https://metroparks.org/newsletter)
- Download MetroParks' mobile app, powered by OuterSpatial: [metroparks.org/mobile](https://metroparks.org/mobile)
- Call (937) 275-PARK (7275)

- Facebook: [facebook.com/fiveriversmetroparks](https://facebook.com/fiveriversmetroparks)
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- YouTube: [youtube.com/FiveRiversMetroParks](https://youtube.com/FiveRiversMetroParks)
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## HOLD ON TO YOUR PARKWAYS!

This issue covers select programs from June 2023 through December 2023.

ON THE COVER: TOP LEFT: Paddling at Wagner Subaru Outdoor Experience, photo by Sophia Daugherty. TOP RIGHT: Fishing on the Great Miami River at Drop 2 of the RiverScape River Run, photo by Brent Anslinger. BOTTOM LEFT: Walking dogs at Englewood MetroPark, photo by Austin + Skila Creative. BOTTOM RIGHT: Enjoying fall at Eastwood MetroPark, photo by Sophia Daugherty.

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