

METROPARKS TRAILS CHALLENGE LOG

LOG NO.	TRAIL	START	END	TRAIL TYPE	MILES	CHECK OFF
1	GREAT MIAMI RIVER TRAIL	RIVERSCAPE METROPARK (237 E. MONUMENT AVE.)	ISLAND METROPARK (101 E. HELENA ST.)	HIKE/BIKE (PAVED)	1.6*	<input type="radio"/>
2	MAD RIVER WATER TRAIL	EASTWOOD METROPARK (1385 HARSHMAN RD.)	RIVERSCAPE METROPARK (237 E. MONUMENT AVE.)	PADDLE	4*	<input type="radio"/>
3	WOLF CREEK TRAIL	GOLDEN GATE PARK (545 UPPER LEWISBURG SALEM RD.)	DULL WOODS CONSERVATION AREA	HIKE/BIKE (PAVED)	2.1*	<input type="radio"/>
4	STILLWATER RIVER TRAIL	ISLAND METROPARK (101 E. HELENA ST.)	WEGERZYN GARDENS METROPARKS (1301 E. SIEBENTHALER AVE.)	HIKE/BIKE (PAVED)	2*	<input type="radio"/>
5	STILLWATER RIVER WATER TRAIL	AULLWOOD GARDEN METROPARK (955 AULLWOOD RD.)	WEGERZYN GARDENS METROPARKS (1301 E. SIEBENTHALER AVE.)	PADDLE	5.5*	<input type="radio"/>
6	MAD RIVER TRAIL	EASTWOOD METROPARK (1385 HARSHMAN RD.)	RIVERSCAPE METROPARK 237 E. MONUMENT AVE.	HIKE/BIKE (PAVED)	3*	<input type="radio"/>
 7	HEART HEALTHY TRAIL	ISLAND METROPARK (101 E. HELENA ST.)	ISLAND METROPARK (LOOP TRAIL)	HIKE/BIKE	.5	<input type="radio"/>
8	HILLTOP FLOW	METROPARKS MOUNTAIN BIKING AREA, MOMBA (4485 UNION RD.)	MOMBA (LOOP TRAIL)	MOUNTAIN BIKE	.7	<input type="radio"/>
9	VOODOO TRAIL	METROPARKS MOUNTAIN BIKING AREA, MOMBA (4485 UNION RD.)	MOMBA (LOOP TRAIL)	MOUNTAIN BIKE	1	<input type="radio"/>
10	LOWER STEALTH TRAIL	METROPARKS MOUNTAIN BIKING AREA, MOMBA (4485 UNION RD.)	MOMBA (LOOP TRAIL)	MOUNTAIN BIKE	.5	<input type="radio"/>
11	ADIRONDACK TRAIL	HILLS & DALES METROPARK (2606 HILTON DR., KETTERING)	HILLS & DALES METROPARK (OAK KNOLL DRIVE)	HIKE	1.5*	<input type="radio"/>
12	YELLOW TRAIL	POSSUM CREEK METROPARK (4790 FRYTOWN RD.)	POSSUM CREEK METROPARK (LOOP TRAIL)	HIKE	1.3	<input type="radio"/>
13	RED TRAIL	COX ARBORETUM METROPARK (6733 SPRINGBORO PIKE)	COX ARBORETUM METROPARK (LOOP TRAIL)	HIKE	.6	<input type="radio"/>
14	GREAT MIAMI RIVER TRAIL	FISHBURG ROAD PARKING LOT (5949 RIP RAP RD.)	NEEDMORE ROAD	HIKE/BIKE (PAVED)	2*	<input type="radio"/>
15	BLUE TRAIL	TAYLORSVILLE METROPARK (1200 BROWN SCHOOL RD.)	TAYLORSVILLE METROPARK (LOOP TRAIL)	HIKE	.9	<input type="radio"/>
 16	YELLOW TRAIL	CARRIAGE HILL METROPARK (7821 E. SHULL RD.)	CARRIAGE HILL METROPARK (LOOP TRAIL)	HIKE	1.8	<input type="radio"/>
17	GARDEN PATH	AULLWOOD GARDEN METROPARK (955 AULLWOOD RD.)	AULLWOOD GARDEN METROPARK (LOOP TRAIL)	HIKE/BIKE (PAVED)	.8	<input type="radio"/>
18	WHITE TRAIL	ENGLEWOOD METROPARK (4361 W. NATIONAL RD., VANDALIA)	ENGLEWOOD METROPARK (LOOP TRAIL)	HIKE	1.2	<input type="radio"/>
19	GREAT MIAMI RIVER WATER TRAIL	TAYLORSVILLE METROPARK (2005 U.S. 40)	FISHBURG RD. PARKING LOT 5949 RIP RAP RD.	PADDLE	2.5*	<input type="radio"/>
20	CREEKSIDE TRAIL	EASTWOOD METROPARK (4349 SPRINGFIELD ST.)	IRON HORSE TRAIL INTERSECTION	HIKE/BIKE (PAVED)	2.9*	<input type="radio"/>
21	SILVER TRAIL	GERMANTOWN METROPARK (7501 CONSERVANCY RD.)	GERMANTOWN METROPARK (LOOP TRAIL)	HIKE	1.7	<input type="radio"/>
 22	HEART HEALTHY TRAIL	EASTWOOD METROPARK (1385 HARSHMAN RD.)	EASTWOOD METROPARK (LOOP TRAIL)	HIKE	1.7	<input type="radio"/>
23	PINK TRAIL	TWIN CREEK METROPARK (8502 CHAMBERLAIN RD.)	TWIN CREEK METROPARK (LOOP TRAIL)	HIKE	2.2	<input type="radio"/>
24	GREAT-LITTLE TRAIL	MEDLAR CONSERVATION AREA (4558 MEDLAR RD., MIAMISBURG)	GREAT MIAMI RIVER TRAIL INTERSECTION	HIKE/BIKE (PAVED)	2.3*	<input type="radio"/>
25	BLUE TRAIL	SUGARCREEK METROPARK (4178 CONFERENCE RD., BELLBROOK)	SUGARCREEK METROPARK (LOOP TRAIL)	HIKE	1.3	<input type="radio"/>
26	GREAT MIAMI RIVER TRAIL	TAYLORSVILLE METROPARK (2005 U.S. 40)	OLD SPRINGFIELD ST.	HIKE/BIKE (PAVED)	2.7*	<input type="radio"/>
27	YELLOW TRAIL	CARRIAGE HILL METROPARK (8111 E. SHULL RD.)	CARRIAGE HILL METROPARK (LOOP TRAIL)	HORSE-BACK	2.3	<input type="radio"/>
 28	MARIE AULL TRAIL	WEGERZYN GARDENS METROPARK (1301 E. SIEBENTHALER AVE.)	WEGERZYN GARDENS METROPARK (LOOP TRAIL)	HIKE	1	<input type="radio"/>

* These are segments of longer trails, so you may have to hike, bike or shuttle back to your original starting point. Paddling trails also will require you to return to your original destination. Miles listed are one-way. Other trails are loops, so you will start and end at the same point.



These trails are a part of MetroParks' Heart Healthy Trails initiative. Learn more at metroparks.org/heart-healthy.