

NEW METROPARKS

TRAIL CHALLENGE

The challenge is a fun way to hike, walk, bike or paddle 25 trails that range in mileage and difficulty. Complete as many of the trails as you'd like – on your own schedule.

Your Five Rivers MetroParks locations are home to 160 miles of natural surface trails for hiking, biking, mountain biking and horseback riding. The greater Dayton region is home to more than 340 miles of paved trails – the nation's largest paved trail network – and 270 miles of river corridor.

The new MetroParks Trail Challenge is a fun way to hike, walk, bike or paddle those trails. The challenge includes 25 trails that range in mileage and difficulty. Some of the trails in the challenge are segments of larger trails. You can hike or bike back to your starting point or, for paddling adventures on the water trails, shuttle back. Many of the trails are loops, so you will start and end at the same point. Additional pop-up trails will be announced throughout the challenge.

Complete as many of the trails as you'd like – on your own schedule. This makes the MetroParks Trail Challenge a convenient way to improve your health and enjoy an active lifestyle.

The MetroParks Trail Challenge starts in 2020. Submit your trail log by Oct. 4, the final day of the Wagner Subaru Outdoor Experience, for a chance to win great prizes.

FOR MORE INFORMATION

Call (937) 275-PARK or email Randy Ryberg at randy.ryberg@metroparks.org

FIVE RIVERS METROPARKS
409 E. Monument Ave., Third Floor
Dayton, Ohio 45402
(937) 275-PARK (7275)

FIVE RIVERS METROPARKS PROGRAM GUIDE

MetroParks Trail Challenge NEW IN 2020

Improve your physical and mental health while exploring Five Rivers MetroParks' trails.



HOW TO COMPLETE THE METROPARKS TRAIL CHALLENGE

- Hike, bike or paddle the designated trails – in any order and at your own convenience.
- Track your progress on the trail log.
- Everyone in your family – including kids – can participate.
- Submit your trail log and entry form no later than Oct. 4.
- Your entry form must be complete to be eligible to receive a prize.

TRACK PROGRESS & SUBMIT YOUR TRAIL LOG TO WIN PRIZES

- Everyone who completes at least 18 trails:
 - will receive a MetroParks Trail Challenge sticker (while supplies last).
 - will be entered (one entry for each trail completed) to win a \$100 gift card to a local outdoor gear or bike shop of the winner's choosing. Complete all 25 and get 25 chances to win!
- 100 people will be selected at random to receive a MetroParks Trail Challenge T-shirt.
- You will be notified by e-mail or phone if you are a prize winner.
- All prizes will be distributed after Oct. 4.



OPTIONS FOR SUBMITTING YOUR TRAIL LOG

- Fill out and submit the trail log online at metroparks.org/trailchallenge.
- Drop off the trail log at the Wagner Subaru Outdoor Experience, held Oct. 3 & 4 at Eastwood MetroPark (metroparks.org/outdoorx)
- Scan and email the trail log to outdoors@metroparks.org.
- Mail the trail log to:
Five Rivers MetroParks
ATTN: Randy Ryberg
409 E. Monument Ave., Third Floor
Dayton, OH 45402

ENTRY FORM

Your entry form must be complete to be eligible to receive a prize.

NAME _____

DATE OF BIRTH _____

ADDRESS _____

CITY, STATE, ZIP _____

PHONE _____

E-MAIL _____

REGISTER FOR EVEN MORE CHANCES TO WIN!

- To receive emails about additional pop-up challenges and the chance to win additional prizes, register online at metroparks.org/trailchallenge or sign up for Five Rivers MetroParks' monthly outdoor recreation email at metroparks.org.
- Registration is free and, while not required, it will give you more chances to win a prize!

TRAIL LOG

* These are just segments of a longer trails, meaning you may have to hike or bike back to your starting point or shuttle back. Mileage listed above is one-way. Other trails are loops, so you will start and end at the same point.

LOG NO.	TRAIL	STARTING POINT	ENDING POINT	TRAIL TYPE	MILES	CHECK OFF
1	Great Miami River Trail	RiverScape MetroPark 237 E. Monument Ave.	Island MetroPark 101 E. Helena St.	Hike/ Bike	1.6*	<input type="checkbox"/>
2	Mad River (Harshman Road put-in)	Eastwood MetroPark 1385 Harshman Rd.	RiverScape MetroPark 37 E. Monument Ave.	Paddle	4*	<input type="checkbox"/>
3	Wolf Creek Trail	Wesleyan MetroPark 1441 Wesleyan Rd.	Great Miami River Trail intersection	Hike/ Bike	2.6*	<input type="checkbox"/>
4	Stillwater River Trail	Island MetroPark 101 E. Helena St.	Wegerzyn Gardens MetroPark 1301 E. Siebenthaler	Hike/ Bike	2*	<input type="checkbox"/>
5	Mad River Trail	Eastwood MetroPark 1385 Harshman Rd.	RiverScape MetroPark 237 E. Monument Ave.	Hike/ Bike	3*	<input type="checkbox"/>
6	Mad River Trail	Eastwood MetroPark, 1385 Harshman Road	Huffman Dam	Hike/ Bike	3.3*	<input type="checkbox"/>
7	Creekside Trail	Eastwood MetroPark, 1385 Harshman Road	Iron Horse Trail intersection	Hike/ Bike	2.9*	<input type="checkbox"/>
8	Hilltop Flow	MetroParks Mountain Biking Area (MoMBA) 4485 Union Rd.		Mountain Bike	.71	<input type="checkbox"/>
9	Upper Stealth	MetroParks Mountain Biking Area (MoMBA) 4485 Union Rd.		Mountain Bike	1.04	<input type="checkbox"/>
10	Creekside	MetroParks Mountain Biking Area (MoMBA) 4485 Union Rd.		Mountain Bike	2.26	<input type="checkbox"/>
11	Adirondack Trail	Hills & Dales MetroPark 2606 Hilton Dr.	Oak Knoll Drive	Hike	1.5	<input type="checkbox"/>
12	Purple Trail	Possum Creek MetroPark 4790 Frytown Rd.		Hike	1.4	<input type="checkbox"/>
13	Yellow Trail	Cox Arboretum MetroPark 6733 Springboro Pike		Hike	1.8	<input type="checkbox"/>
14	Great Miami River Trail	Taylorville MetroPark 2005 U.S. 40	Old Springfield Street	Hike/ Bike	2.7*	<input type="checkbox"/>
15	Orange Trail	Taylorville MetroPark 2101 U.S. 40		Hike	3.2	<input type="checkbox"/>
16	Orange Trail	Carriage Hill MetroPark 7891 E. Shull Rd.		Hike	3.4	<input type="checkbox"/>
17	Stillwater River Trail	Englewood MetroPark 100 E. National Rd.	Jake Grossnickle Memorial Park 137 Heathcliff Rd.	Hike/ Bike	3*	<input type="checkbox"/>
18	Green Trail	Englewood MetroPark 4361 W. National Rd.		Hike	3.8	<input type="checkbox"/>
19	Stillwater River	Aullwood Garden 955 Aullwood Rd.	Wegerzyn Gardens MetroPark 1301 E. Siebenthaler	Paddle	5.5*	<input type="checkbox"/>
20	Wolf Creek Trail	Golden Gate Park 545 Upper Lewisburg Salem Rd.	Dull Woods Conservation Area	Hike/ Bike	2.1*	<input type="checkbox"/>
21	Orange Trail	Germantown MetroPark 6910 Boomershine Rd.		Hike	7.5	<input type="checkbox"/>
22	Twin Creek	Germantown Dam 7481 Creek Rd.	Cherry Street Bridge 398 S. Main St.	Paddle	2.8*	<input type="checkbox"/>
23	Yellow Trail	Twin Creek MetroPark 9688 Eby Rd.		Hike	2.9	<input type="checkbox"/>
24	Great-Little Trail	Medlar Conservation Area 4558 Medlar Rd.	Great Miami River Trail intersection	Hike/ Bike	2.3*	<input type="checkbox"/>
25	Orange Trail	Sugarcreek MetroPark 4178 Conference Rd.		Hike	1.3	<input type="checkbox"/>
Pop Up Challenge						<input type="checkbox"/>
Pop Up Challenge						<input type="checkbox"/>
Pop Up Challenge						<input type="checkbox"/>

SLOW THE SPREAD OF COVID-19
Always follow the CDC's recommendations, particularly for social distancing, when spending time outdoors. Learn how to safely use your parks and trails at [METROPARKS.ORG/COVID](https://www.metroparks.org/covid).

