

SUMMER 2019

FREE

PARKWAYS

YOUR GUIDE TO FIVE RIVERS METROPARKS
NEWS AND PROGRAMS

LEARNING IN NATURE'S CLASSROOM

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CELEBRATE 100 YEARS
OF HILLS & DALES
METROPARK
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GROWING FRESH PRODUCE
IN THE LANDSCAPE
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MASTER A NEW
OUTDOOR ACTIVITY
SEE PAGE 12-13

FIVE RIVERS
METROPARKS



TM

TOP 5 THINGS TO DO

In Your MetroParks This Season

Visit “Things to Do” on our website for suggestions about the best places and ways to enjoy 24 different activities, hand-picked by the experts! metroparks.org/things-to-do



1

TAKE TO THE TRAILS

Hike, paddle, cycle and more in your favorite MetroPark this summer. With more than 75 natural surface trails, MetroParks has plenty of places to trek. If you plan to paddle this summer, travel the seven-miles from Eastwood MetroPark to RiverScape River Run in downtown Dayton. Boasting more than 300 miles of paved recreation trails – the nation’s largest paved trail network – there are plenty of cycling adventures for all experience levels. METROPARKS.ORG/EXPLORE



2

SUMMER STAYCATION

Take some time to unplug and set up camp in one of MetroParks’ frontcountry or backcountry camps. Create your own overnight adventure and enjoy updated amenities at Possum Creek, Germantown and Twin Creek MetroPark’s frontcountry sites. Retreat even further into nature to enjoy backcountry sites along the Twin Valley Trail. METROPARKS.ORG/CAMPING



3

PLAY FOR ALL AGES

Make a splash with your family this summer at RiverScape MetroPark. Children can play in the interactive fountains while adults admire the Five Rivers Fountain of Lights. Keep the fun going at Island MetroPark, where kids can spend the day cooling off at the sprayground. METROPARKS.ORG/PLACES-TO-GO



4

ANIMAL ENCOUNTERS

Meet your favorite animals at Carriage Hill and Possum Creek MetroParks. Get up close to sheep, goats, chickens, rabbits and more at Possum Creek MetroPark, as you learn more about the farm-to-table movement. Check out the heritage breed animals on the historical farm at Carriage Hill MetroPark. METROPARKS.ORG/PLACES-TO-GO



5

FIND YOUR FAVORITE BLOOMS

Enjoy colorful blooms and picturesque prairies this summer in your favorite MetroParks. Visit Wegerzyn Gardens MetroPark to experience the formal gardens, then head to Cox Arboretum and Aullwood Garden MetroParks to see what’s in bloom. Home to the Huffman Prairie, Huffman MetroPark is a must in mid-summer to see all the native plants, animals and insects that live in this important habitat. METROPARKS.ORG/PLACES-TO-GO.

OUR MISSION

Five Rivers MetroParks is dedicated to protecting the region’s natural heritage and providing outdoor experiences that inspire a personal connection with nature.



ALERTS AND CLOSURES

Weather conditions and construction can affect hiking trails, bikeways and access to certain park entrances. All construction information, including detours, and any weather-related notices, are posted online at metroparks.org/alerts.



LOST ITEMS

If you lost something valuable in a MetroPark, contact the Rangers to identify and retrieve your belongings. Contact Alan Starnes at (937) 567-4265 for details.



HOW TO CONTACT A RANGER

Inform the Montgomery County Sheriff’s Office dispatcher you are in a MetroParks facility. A MetroParks law enforcement Ranger will be notified and respond to the situation as soon as possible.

EMERGENCY CONTACT: 9-1-1

NON-EMERGENCY: (937) 535-2580



Becky Benná
Executive Director

DEAR METROPARKS FRIENDS,

Did you know 15 species of fireflies live in Ohio? That you can sleep in a primitive campsite along the Twin Valley Trail? Or that many of our local summertime veggies are key ingredients in food from cultures across the globe?

This is just some of the information you can learn by attending programs led by Five Rivers MetroParks' expert staff and volunteers.

These programs help people of all ages and abilities Get Out & Explore their 18 clean, safe MetroParks. They teach people how to enjoy healthy, active lifestyles and learn such skills as hiking, fishing, gardening, bird watching and cycling.

While you browse the many programs and events found on pages 18-43 in this issue, keep an eye out for new programs. You'll find a new event at RiverScape MetroPark, Passport to MetroParks, filled with live music, kids activities, and a chance to sample and register for MetroParks' summer programs. At the new Small Farm and Food Fest, learn how to live more sustainably and grow your own healthy food. Grab a friend or family member for MetroParks' new Summer Dates in the Park series and learn what to expect in your garden month-by-month this summer in the new Garden Check-Up series.

Also new in this issue: We need your input to help MetroParks improve *ParkWays* magazine. Please complete the survey inserted in this issue or online at metroparks.org/parkways. Your input is invaluable to ensure this magazine best meets your needs.

Whether you're paddling our waterways or picnicking in a shelter, we hope you enjoy this summer!

Best Regards,

Becky Benná

INTRODUCING YOUR NEW PARK COMMISSIONER

Bear Monita has joined Five Rivers MetroParks' Board of Park Commissioners. He's a partner of LWC and has been with the firm for 21 years. Monita leads marketing, business development and client relations initiatives. He assisted Dayton Public Schools, the city of Kettering, Huber Heights City Schools, Dayton Metro Library and Wayne Local Schools in the passage of bond issue measures to construct new facilities totaling \$1 billion. Monita also serves on the boards of the Kettering Medical Center Foundation, Sinclair Foundation and Ohio Foundation of Independent Colleges. He is a Kettering resident and graduated from Ohio University. Monita replaces Alan Pippenger, who recently retired from the Board of Park Commissioners after 14 years of outstanding service and leadership to Five Rivers MetroParks.

METROPARKS COMMISSIONERS



Karen L. Davis



Jessica Saunders



Bear Monita



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ParkWays is a publication of Five Rivers MetroParks and published three times per year. An online version is available at metroparks.org/parkways. ©2019 Five Rivers MetroParks
409 E. Monument Ave. Dayton, Ohio 45402 • 937-275-PARK

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Register for programs happening June through September 2019.



ON THE COVER

MetroParks' nature education staff expert Joshua York shares a toad with a group of youth during a Conservation Kids program. Read more about York on page 7 and more about Conservation Kids on page 37.



THE FUTURE OF YOUR METROPARKS

PROPOSED PLANS FOR HILLS & DALES AND HUFFMAN
METROPARKS WILL BE READY FOR REVIEW THIS JUNE

Five Rivers MetroParks is taking the next step in implementing its 10-year comprehensive master plan by developing site plans of individual parks. More than eight park site plans have been developed since 2016, with Hills & Dales and Huffman MetroParks now entering the second phase of the planning process.

Based on feedback collected during public meetings, Five Rivers MetroParks developed proposed site plans for Hills & Dales and Huffman MetroPark. These plans will be released and available to review during open houses held in June.

The plans showcase the rich history and cultural resources of Hills & Dales MetroPark, in addition to plans to improve the trail network throughout the park and more. Connections to the region through improved partnerships and physical connections also will improve Hills & Dales MetroPark by ensuring a quality experience for all park users.

Huffman MetroPark presents a design challenge. It consists of four distinct parts that need to be connected into one cohesive park. There also is an exceptional opportunity at

Huffman MetroPark to tell the story of the area, including the geologic, ecologic and human histories that are significant to the park and its immediate surroundings.

Each plan will have an underlying theme that ensures the natural experience is well maintained through sound conservation and restoration efforts.

During the open houses, the proposed park plan will be presented with an opportunity afterward to provide feedback. Two open houses will be held each day.

WEDNESDAY, JUNE 19: PREVIEW PLAN FOR HILLS & DALES METROPARK

Noon to 1:30 PM and 6 to 7:30 PM

Oakwood Community Center, 105 Patterson Rd.

TUESDAY, JUNE 25: PREVIEW PLAN FOR HUFFMAN METROPARK

Noon to 1:30 PM and 6 to 7:30 PM

Comfort Suites Wright Patterson, 5220 Huberville Ave.

Learn more about these proposed site plans and existing plans for other locations at metroparks.org/plan.

NATURE'S PLAYGROUNDS

TWENTY METROPARKS' LOCATIONS ARE NOW CERTIFIED ACCESS TO NATURE SITES.

As part of an ongoing effort to promote outdoor play and access to greenspace, Five Rivers MetroParks continues to nominate its locations for Connect to Nature Site certification, which is awarded by the Miami Valley Leave No Child Inside Collaborative. To date in 2019, nine MetroParks and conservation areas have been certified as Connect to Nature Sites, creating a total of 20 certified sites since 2017. These sites provide accessible, natural spaces and experiences for children in which they can have unstructured play time and a chance to explore the natural world.

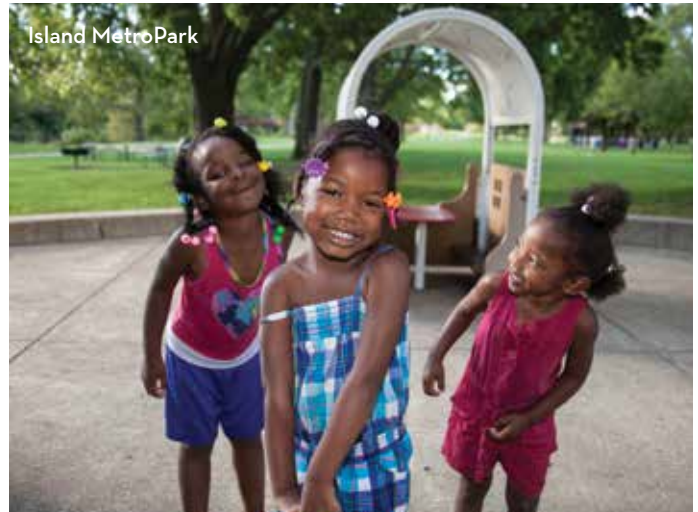
"A commitment to facilitating kid-friendly natural experiences also is a commitment to cultivating happier, healthier kids," said Miami Valley Leave No Child Inside board member and National Association for Interpretation Master Frontline Interpreter Doug Horvath. "Organizations that receive this certification have made that commitment and taken actual steps to provide nature-based opportunities for children in their communities."

To become certified, organizations must implement the Ohio Children's Outdoor Bill of Rights, an outline of nature-based opportunities that all children should experience on a regular basis. Certified sites include:

- Taylorsville MetroPark
- Wolf Creek Trail
- Medlar Conservation Area
- Woodman Fen Conservation Area
- Sunrise MetroPark
- Island MetroPark
- Deeds Point MetroPark
- RiverScape MetroPark
- Huffman MetroPark

Of the certified sites, Englewood, Hills & Dales, Possum Creek, Sugarcreek, and Wesleyan MetroParks are home to nature play areas. Featuring natural materials that allow kids to run, jump, climb, balance and slide, these playscapes encourage outdoor exploration and curiosity about the natural world. From increased social skills to healthier lifestyles, unstructured nature play has a host of benefits for children.

Those interested in learning more about the benefits of nature play areas can participate in a workshop and tour on June 13 with internationally known designer Adam Bienenstock. See page 42 for details.





NATURE'S CLASSROOM

Get Out & Explore Your MetroParks With Staff and Volunteer Experts

Yvonne Entingh's passion for backpacking began with an introductory program hosted by MetroParks.

As MetroParks' outdoor recreation specialists shared their personal adventures on the trails, how-tos and examples of what to pack, her interest continued to grow. Entingh recalled a MetroParks backpacking program that involved a night hike in which she hesitated to participate because she didn't have confidence on the trails without sunlight. Dozens of MetroParks backpacking programs and miles of local trails hiked later, Entingh has backpacked thousands of miles on some of the country's most challenging trails.

"Knowledge brings comfort, and the courses people take through MetroParks build knowledge and experience," said Entingh, who now helps other groups tackle the trails through her outdoor recreation business, A Time to Keep.

Providing the public with hundreds of programs per year, Five Rivers MetroParks introduces people of all ages to new, fun ways to connect with nature. MetroParks' outdoor recreation, education and conservation staff and volunteer experts empower people to learn new skills and embark on their own life-changing adventures.

"We want to see that spark, that excitement when people learn something new and fall in love with being outdoors," said Brent Anslinger, MetroParks outdoor recreation program manager. "Whether it's a little one meeting farm animals for the first time or a family exploring the Twin Valley Trail together, providing experiences that connect people to nature is MetroParks' mission."

Five Rivers MetroParks offers programs that provide instruction on a variety of skills, including gardening, outdoor education and recreation, conservation, farming, sustainable living, horseback riding and more. MetroParks also helps program participants put what they've learned to practice with hands-on opportunities. "Often, outdoor experiences require use of

equipment, safety considerations and the confidence to apply newly learned skills – which is where we can help," Anslinger said. "We offer programs that teach the basics, including safety, and we even provide gear for people to borrow."

On one of her first backpacking excursions with MetroParks, Entingh borrowed gear to trek the Red River Gorge. Next, she found herself getting ready for a MetroParks trip to the Appalachian Trail. She trained for her 27-mile journey by getting her own gear and visiting the Twin Valley Trail and Sugarcreek MetroPark. As she grew more comfortable on the trails, she decided to complete longer solo hikes on trails across the country.

Entingh continues her learning process through progression programs, which expand on basic outdoor recreation skills. Courses in navigation, backcountry cooking and water filtration have been helpful during her backpacking adventures.

"The woman who started the trail is not the same woman who finishes the trail," Entingh said. "It's a learning process."



Joshua York

METROPARKS' NATURE EDUCATION STAFF EXPERT

Joshua York teaches classes for Miami University in Paraguay, Baja and elsewhere around the world — and in your MetroParks.

He served two terms as a board member for the Environmental Education Council of Ohio, which in 2015 named him Outstanding Environmental Educator of the Year. York holds a dozen certifications, has presented at numerous conferences, published papers and was named the 2015 Outstanding Individual by the North American Association for Environmental Education.

Yet he really enjoys working with educators and children here in Montgomery County.

"I love giving teachers what they need to be successful when incorporating nature into their classrooms," York said. "I also enjoy getting kids into wetland environments, watching them hold frogs and salamanders for the first time."

York was inspired to become an environmental educator at age 11, after a naturalist from MetroParks visited a Boy Scouts event.

"This person showed up with patches on her jacket and live animals," York said. "I realized I could get paid doing something I love: sharing nature with others."

Eventually, when he started at MetroParks, York worked with this same staff member. "I never imagined working alongside my childhood hero."



Connie Duncan

METROPARKS' FARMING AND GARDENING STAFF EXPERT

Connie Duncan grew up near Hoosier National Forest, riding her horse named Daisy Mae and exploring her uncle's 325-acre farm with siblings and cousins.

"They raised meat rabbits, cattle and hogs and grew hay," Duncan said. "Us kids had free range of the farm — and we used it. We were all over the place."

Duncan's dad was an avid fisherman and hunted rabbits, squirrels and pheasants to feed the family. Her mom and grandmother were avid gardeners with "several green thumbs," Duncan said.

Now, Duncan is sharing her knowledge about farming and gardening during the public programs she teaches.

"Many people want to raise an animal, but they don't know how," Duncan said. "My goal is to give people a head start, let them know what's involved, the right way to raise an animal and introduce them to it."

Duncan also worked on a lot of farms, most of them horse farms, and at nurseries.

"My greatest joy is watching kids when they come to the Possum Creek MetroPark farm and get to see and touch a real chicken or goat," she said. "Their faces light up, and it's the greatest thing ever."



100 YEARS OF HILLS & DALES

PARKS AND CONSERVATION EFFORTS MAINTAIN THIS
NATURAL GEM ENJOYED BY GENERATIONS OF LOCALS

Conservation efforts at Hills & Dales MetroPark help maintain dogwood pond (pictured on this page) as it was 100 years ago when the park opened (shown in postcard to the right). Photo credit: Andy Snow

A VISIT TO **HILLS & DALES PARK** WAS AN EXCITING EXPERIENCE FOR DAYTONIANS WHEN IT **OPENED A CENTURY AGO**. WITH ITS CAREFULLY DESIGNED MEADOWS, WATER AND WOODS, THE PARK WAS MEANT TO RECREATE THE PERFECTION FOUND IN NATURE AND PROVIDE A PLACE FOR CITY DWELLERS TO ENJOY BEAUTIFUL SCENERY.

Now, Five Rivers MetroParks' parks and conservation staff continue to maintain this greenway treasure for Daytonians' enjoyment. A park master plan has been developed to guide its future, and it includes nods to the park's past.

That Hills & Dales legacy is thanks to John Patterson, founder of the National Cash Register Company. He believed that education and outdoor exercise are the pillars of good health. In the early 1900s, Patterson owned hundreds of acres south of Dayton and wanted the community to benefit from the land. He hired John Charles Olmsted and Frederick Law Olmsted Jr. to work their magic on the natural terrain. In the park's early days, visitors strolled walking paths on foot or horse. They picked blackberries, wild strawberries, May apples, walnuts and hickory nuts and ate them on the grounds. They lingered near wading pools and picnicked in Adirondack camps.

However, in the early 1930s, the park land started to be chipped away. Only a few decades later, the original character of what remained had been impacted by years of vegetation growth. Almost 90 percent of the natural areas were overgrown with Amur honeysuckle.

A group of concerned citizens named Friends of Hills & Dales Park started a cleanup effort in the late 1980s and continued their work well into the 1990s. Five Rivers MetroParks assumed operations and maintenance in 1999.

After years of construction and master planning, \$4 million in improvements were unveiled to park goers in 2009, including new Adirondack-style shelters, a boardwalk and playgrounds. Many of the improvements also helped habitat for wildlife, including a restored pond and extensive honeysuckle removal. The park now feels like a ramble through a thickly wooded upstate New York forest, and Hills & Dales is one of Five Rivers MetroParks' most popular destinations.

"John Patterson's beliefs about the benefits of nature have been long proven," said Debby McKee, Five Rivers MetroParks conservation supervisor. "Hill & Dales is once again a prime spot for connecting to nature and rejuvenating your inner child."



100 YEARS OF HILLS & DALES: A CELEBRATION OF THE PAST, PRESENT AND FUTURE

Friday, June 28 – 5 to 8 PM

Michael Solomon Pavilion at Community Golf Club,
2917 Berkley St.

Celebrate the rich history of Hills & Dales MetroPark. Learn about the park's beginnings, how it became publicly owned land, how it has developed during the past 100 years, and how the park is currently managed and how Five Rivers MetroParks plans to care for it in the future.

HELP SHAPE THE FUTURE OF YOUR METROPARKS

The proposed park plan for Hills & Dales and Huffman MetroParks, developed with community input, will be available to review during open houses. See page 4 for details.



EATING OUT(DOORS)

THE EDIBLE LANDSCAPE GARDEN PROVIDES LEARNING OPPORTUNITIES – AND FRESH PRODUCE – FOR THE COMMUNITY.

Despite a kale shortage a few years back, a lot of the popular veggie was growing in the Edible Landscape Garden (ELG) at Cox Arboretum MetroPark. Volunteer Jenny Andary recalls a park visitor offering any amount of green for the leafy green, but staff and volunteers donated the kale, as they do with most of the garden's produce, to The Foodbank.

Indeed, MetroParks annually donates thousands of pounds of fresh food grown in the ELG to the region's largest hunger relief network. In 2019, it aims to donate 2,200 pounds of produce from the garden, where edible plants are grown without chemicals as ornamental components of the landscape.

"Vegetables should be for everyone," said Andary, one of the many volunteers who make the ELG possible. "It's an important link to keep people, and especially kids, engaged in gardening."

Andary is among a crew of volunteers who meet most Monday nights at the Barbara Cox Center for Sustainable Horticulture, which this season produced extra edible plant seedlings for the ELG and the community garden plots at Wegerzyn Gardens and Possum Creek MetroParks.

Led by Cox Arboretum horticulture technician Brian Malin, volunteers participate in the full process – from seed to harvest.

Each year, the garden plan is a little different as the annual, edible and ornamental plants are rotated, Malin said. This year, The Foodbank gave MetroParks a list of the fruits and veggies its clients like best, and those faves were incorporated into the plan.

The ELG teaches people how to add edible plants to their own landscapes. It also demonstrates how to live more sustainability, since gardening saves energy and water, and gardens provide important nutrients to the soil and habitat for wildlife.

"I can't grow vegetables at home because my yard is too shady," ELG volunteer Kristi Sherman said while pushing basil seeds into plant trays. "This allows me to help grow food – everything from pumpkins to peanuts – while also giving back to the community through donations to The Foodbank."

Contact Candy Holloway at cholloway@metroparks.org or 937-275-PARK to volunteer for the Edible Landscape Garden.

Learn more about gardening with your Five Rivers MetroParks at metroparks.org/garden and see the list of this summer's gardening programs on pages 30-33.



Betty Hoevel

METROPARKS' NATURE EDUCATION STAFF EXPERT

Betty Hoevel's grandmother began every day by pinning a flower from her garden onto her dress. Today, Hoevel carries on this tradition of weaving gardening into daily life. She leads gardening programs as an education coordinator for MetroParks and is a master gardener.

When Hoevel started at MetroParks in 2006, the agency offered two adult gardening programs. She's since increased program offerings – and incorporated information on finding a balance with nature into them.

"You can learn a lot by paying attention," said Hoevel, a graduate of Rice University in Houston who's been working in the gardening industry for approximately 25 years. "One of the big benefits of being outdoors is it helps you get your shoulders down from either side of your ears. After you see an ant carrying something around, it makes you think, 'I really don't need to be so worried.'"

Hoevel now leads programs at the Children's Discovery Garden in addition to those for adults, giving her the best of both worlds.

"I get to talk to little ones who don't know much about nature except they want to grab that flower and to seniors who understand they'd be lost without it," Hoevel said. "Gardening is one of the nicest things you can do outdoors."



Doug Horvath

METROPARKS' NATURE APPRECIATION STAFF EXPERT

For more than 40 years – ever since he worked for the YMCA while a student at Brookville High School – Doug Horvath has been teaching people about nature.

His own experiences in nature run the gamut from working as a deck hand on sailing vessels in Maine to working at dairy barn while a student at the University of New Hampshire, where he earned a degree in zoology. For 11 years, Horvath was an educator at Aullwood Audubon Center and Farm, leading school tours, volunteer training sessions and seasonal programs.

Since joining MetroParks, Horvath has helped create the Children's Discovery Garden, led an active youth gardening program and held countless school tours as a naturalist.

"I love working with children so they know they're allowed to explore nature, get muddy, turn over rocks and play in the woods," said Horvath, who helps lead the Miami Valley Leave No Child Inside initiative.

Now, Horvath serves as an education coordinator for MetroParks, leading educational outreach and advocacy efforts. He still works with kids, especially preschoolers, as well as with apprentices, volunteers and MetroParks' wild animal ambassadors.

"Nature is democratic – we all have the ability to access and benefit from it," Horvath said. "We live in a really cool area of the world in the Miami Valley with the seasons, epic flows of migrating birds, and beautiful vistas and trees."

ADVENTURE LEARNING

BUILD YOUR SKILLS AND HAVE THE CONFIDENCE TO TAKE ON BUCKET LIST ADVENTURES WITH HELP FROM METROPARKS' **OUTDOOR RECREATION PROGRAM PROGRESSIONS** IN BACKPACKING, PADDLING, MOUNTAIN BIKING AND FLY FISHING.

Participants begin by discovering more about these outdoor activities in the classroom or during Try It programs. Experience outdoor activities with borrowed gear and guidance from MetroParks professionals. These programs allow would-be outdoor adventurers to test the waters — sometimes literally — and try a new nature-based activity before buying their own gear.



Erik Dahlstrom

METROPARKS' PADDLING STAFF EXPERT

Erik Dahlstrom grew up playing in the Olentangy River with his brothers — and, as an adult, he's still playing in local waterways.

Dahlstrom discovered whitewater paddling during a seven-day class he attended while earning a bachelor's degree in outdoor education at Ohio University. He flipped his kayak and swam in North Carolina's Tuckaseegee River 10 times on that chilly day after Thanksgiving in 2004. He became mildly hypothermic. But even after a lifetime of outdoor experiences with family and the Boy Scouts, it was this trip that convinced Dahlstrom there's something magical about being in water. Now, as MetroParks' paddlesports recreation coordinator, Dahlstrom helps others discover that magic by leading programs that teach canoe, kayak and stand up paddleboard skills and water safety.

He also holds an associate's degree in natural and historical interpretation from Hocking College and a master's degree in recreation studies from Ohio University, where he served as a teaching assistant. He's taught people how to safely paddle waterways since 2007 and joined the MetroParks staff in 2008.

"I've been paddling since the late '80s, and whitewater is one of my favorite ways to experience nature," Dahlstrom said. "Today, one of my favorite things is connecting people to nature through shared experiences on the water."



Angie Sheldon

METROPARKS' BACKPACKING STAFF EXPERT

At one point, Angie Sheldon wanted to be a doctor. Then she discovered the best medicine can be found in the outdoors.

Sheldon grew up hiking with her family at Sugarcreek MetroPark but became hooked on backpacking while an active member of Miami University's outdoor adventure club. After earning a degree in zoology and environmental sciences, Sheldon taught and led outdoor adventure trips in a variety of positions. She's also taken a number of lengthy backpacking trips, including a thru-hike of the Appalachian Trail in 2009.

Today, Sheldon leads programs — including overnight trips on the Twin Valley Trail that connects Germantown and Twin Creek MetroParks — as MetroParks' backpacking recreation coordinator. She's also focused on familiarizing her three children with nature and spends a lot of time camping with her family.

Sheldon's favorite thing about introducing the public to backpacking is seeing program participants go on to plan and take their own backpacking adventures.

"For people who are backpacking for the first time and who are a little nervous and overwhelmed, our programs break it down and make it exciting," she said. "People have taken one-night trips in Germantown MetroPark and go on to take week-long backpacking trips in the Grand Canyon. We teach those basic skills that can be applied everywhere."



FIVE RIVERS METROPARKS OUTDOOR PROGRAM PROGRESSION

Use this guide to help you choose the right programs to get you on your individual path.

1

DISCOVER

PROGRAMS DESIGNED TO INTRODUCE YOU TO THE ACTIVITY YOU'RE INTERESTED IN DISCOVERING

These programs include classroom **Discover Series** and field-based **Try Its**. These are typically FREE.

DISCOVER SERIES PROGRAMS

teach the variety of disciplines within an activity. Learn about the activities, local places to play and resources such as retailers, clubs and opportunities.

TRY ITS provide an opportunity to try an activity during drop-in style programs that offer guidance yet minimal instruction.

2

DEVELOP

PROGRAMS PROVIDE YOU WITH SKILL-BASED INSTRUCTION

These programs include **Core Progression** and **Enhance Classes** taught in a small-group setting.

CORE PROGRESSION

PROGRAMS are numbered, such as Backpacking 1, Backpacking 2, etc. Numbers 2 and above mean that a pre-requisite is required.

ENHANCE CLASSES

are programs – such as river rescue knots, Wilderness First Aid, filleting fish and lightweight backpacking – with no pre-requisites, just a desire to supplement your skills.

3

DO

PUT YOUR INDEPENDENT BASIC SKILLS TO THE TEST

Opportunities to independently **Get Out & Live** in your Five Rivers MetroParks!

- Backpack on the Twin Valley Trail
- Mountain bike at MoMBA
- Ride the nation's largest paved trail network
- Paddle the Mad River Run, RiverScape River Run or on the Great Miami River Watershed National Water Trail
- Camp in several MetroParks
- Fish in dozens of ponds or rivers
- Spin a disc at the Blue Heron Disc Golf Course

MetroParks also offers a few guided trips annually to help you build confidence.

Visit metroparks.org/active-outdoors to get started on your path to independent adventure.



OFFICE PARK

STRENGTHEN YOUR WORK TEAM WHILE SUPPORTING YOUR PARKS

Your Five Rivers MetroParks includes 18 parks, 160 miles of managed trails and 270 miles of river corridor – meaning parks and conservation staff have full plates when it comes to keeping those green spaces, waterways and habitats beautiful and thriving. It also means volunteer groups are integral to tackling important projects. Increasingly, those groups are from local businesses.

“It’s a nice change of pace, and people are excited to get outside,” said MetroParks volunteer coordinator Janelle Leonard. “You’re team building while giving back to the community, so it’s beneficial to both employees and MetroParks.”

Many local businesses – including U.S. Bank, Vectren, Lord Corp., Spectrum Brands and LexisNexis – commit to days of service in MetroParks. Groups also volunteer during annual agency-wide service days, such as Adopt-A-Park in April and Make a Difference Day in October.

Most often, groups are needed to tackle things like trail work, invasive species removal, and garden and horticulture facility maintenance. Groups also are needed to

help with events, including the Wagner Subaru Outdoor Experience the first weekend in October and conservation initiatives like fall nut collecting. Volunteer projects are available year-round but are particularly important from spring through fall.

For those looking to volunteer with MetroParks as part of an employee service day, Leonard suggests starting by creating a plan. Decide how many volunteers would like to participate and in which MetroPark. If you are not familiar with your closest MetroPark, perhaps plan to visit.

Group requests can be made online by filling out the group volunteer application at **metroparks.org/volunteer/group-volunteer-application**. Leonard suggest submitting requests six weeks ahead of your desired volunteer date. Very large groups of employees may be asked to split the days into shifts.

LEARN MORE
ABOUT VOLUNTEERING WITH
FIVE RIVERS METROPARKS
BY VISITING
[METROPARKS.ORG/VOLUNTEER](https://metroparks.org/volunteer)
OR CALLING 937-275-PARK.

Get Out & Volunteer

A great way to give back to nature is by volunteering throughout the year! Attend a free orientation session to learn more about Five Rivers MetroParks' volunteer opportunities, and check pages 18-38 for more volunteer programs. Attending an orientation doesn't commit you to anything, but it does give an overview of location-specific opportunities and an introduction to opportunities this season.

Volunteer orientations are for people 18 and older and are held at Five Rivers MetroParks' headquarters, 409 E. Monument Ave., third floor. Call (937) 275-PARK or visit metroparks.org/volunteer to register.

- Thursday, June 13: 9-11 AM (program B1)
- Wednesday, June 26: 6:30-8:30 PM (B2)
- Tuesday, July 16: 9-11 AM (B21)
- Wednesday, July 31: 6:30-8:30 PM (B22)
- Wednesday, Aug. 14: 9-11 AM (B23)
- Thursday, Aug. 29: 6:30-8:30 PM (B24)
- Thursday, Sept. 5: 9-11 AM (B25)
- Tuesday, Sept. 17: 6:30-8:30 PM (B26)

GET OUT & GIVE

In addition to volunteering, you can make a difference through financial and in-kind donations.

When you support the Five Rivers MetroParks Foundation, you support MetroParks' special projects and programs that connect families to nature, protect local habitats and wildlife, and preserve greenspace. With so many ways to make a donation, supporting the Five Rivers MetroParks Foundation has never been easier.

• **CHAMPIONS PROGRAM:** The easiest way to contribute is by making a monthly recurring gift.

• **TRIBUTE PROGRAM:** Honor a special person with a named bench, tree and more in their favorite MetroPark.

• **PLANNED GIVING:** Leave a lasting legacy with a planned gift that will provide Five Rivers MetroParks with long-term stability and ensure future generations enjoy great parks.

• **INDIVIDUAL DONATIONS:** One-time donations can be made securely online in any denomination.

• Support MetroParks via Amazon Smile and when shopping at Kroger and Dorothy Lane Market.

The Five Rivers MetroParks Foundation is a 501(c)(3) nonprofit organization, and your donations are 100 percent tax deductible.

The Five Rivers MetroParks Foundation is a 501(c)(3) nonprofit organization, and your donations are 100 percent tax deductible.

METROPARKS.ORG/DONATE



SUPPORTING PARKS FOR FUTURE GENERATIONS

IT'S EASY TO HELP PROTECT OUR LOCAL ENVIRONMENT BY DONATING TO THE FIVE RIVERS METROPARKS FOUNDATION

Dayton Hikers founder and local trail advocate Andy Niekamp spends much of his time on the trails and in the region's 18 clean, safe MetroParks. Because he's such an avid park user, Niekamp understands the importance of preserving these greenspaces so people can enjoy them in the future – which is why he included a gift to the Five Rivers MetroParks Foundation in his charitable plans.

"I grew up when kids played outside on a regular basis and that's happening less and less," Niekamp said. "The MetroParks will be more important to the children of the future so they have a space to connect with nature."

Indeed, planned giving through the Five Rivers MetroParks Foundation is the most impactful way to support MetroParks because it ensures great parks for future generations.

A Kettering resident, Niekamp grew up spending time outdoors in local parks and on area trails. Now, Niekamp embarks on amazing hiking adventures, most recently completing a through hike of the 1,100-mile Florida Trail.

"There's kind of an understanding that once you complete one of these long hikes – once you achieve them, you have a duty to inspire," Niekamp said. "It's the same thing with our parks. Once you enjoy them, you have a duty to preserve them for future generations."

For Niekamp, the process of naming the Five Rivers MetroParks Foundation as a beneficiary on a few of his retirement accounts was simple and could be accomplished online. Because there are many ways to provide planned gifts, the MetroParks Foundation suggests reaching out to your financial advisor or estate attorney about planned giving options.

For those who want to make an impact immediately, Niekamp suggests becoming a Five Rivers MetroParks Foundation Champion, the easiest way to support the Foundation. Champions make an ongoing monthly gift, which can be safely and securely made online at **metroparks.org/champions**. Funds donated through the Champions program also support MetroParks' special projects, programs, conservation initiatives and allow families to connect with nature.

To learn more about the Five Rivers MetroParks Foundation or to inquire about planned giving, contact Beth Redden, MetroParks Chief of Philanthropy, at **937-275-PARK**. Because the Five Rivers MetroParks Foundation is a 501(c)(3) non-profit organization, gifts may have valuable tax incentives.

FIVE RIVERS METROPARKS PARK SYSTEM MAP

METROPARKS.ORG/MAP

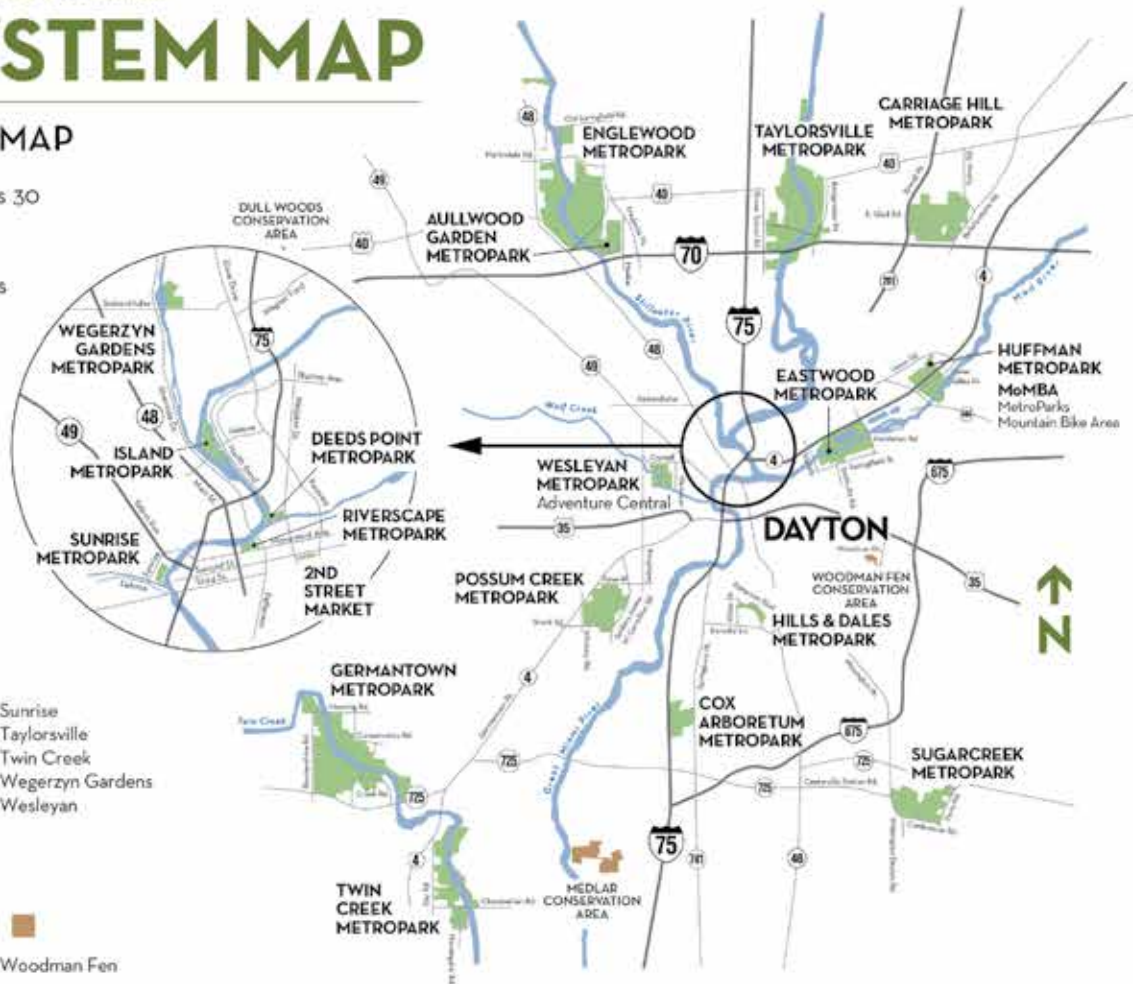
Five Rivers MetroParks operates 30 outstanding public locations. Founded in 1963 to serve the greater Dayton area, MetroParks protects more than 16,000 acres of open space and provides year-round recreation, education and conservation opportunities. Admission to MetroParks' locations is available free of charge – made possible by Montgomery County citizen support of a property tax levy.

METROPARKS

2nd Street Market	Germantown	Sunrise
Aullwood Garden	Hills & Dales	Taylorville
Carriage Hill	Huffman	Twin Creek
Cox Arboretum	Island	Wegerzyn Gardens
Deeds Point	Possum Creek	Wesleyan
Eastwood	RiverScape	
Englewood	Sugarcreek	

CONSERVATION AREAS

Dull Woods	Medlar	Woodman Fen
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PROGRAM GUIDE

PROGRAM DETAILS



ONLINE REGISTRATION

Online registration is available for programs marked with this icon.



WEATHER DEPENDENT

Some outdoor events and programs are weather permitting.

PROGRAM SERIES

Programs contained within a light blue box are part of a series of programs.

FEES

Fees are required at the time of registration. Visit metroparks.org/policies for information on refunds.

CANCELLATIONS

Some programs require a minimum number of participants and are subject to cancellation. Those who are registered will be contacted if this occurs. The website contains up-to-date information on cancellations.

CATEGORIES

SPECIAL EVENTS AND PROGRAMS FOR EVERYONE

Enjoy time with friends and family at these community celebrations.

ACTIVE OUTDOORS

Discover how easy it is to have an active, healthy outdoor lifestyle.

EARTH FRIENDLY LIVING

Learn how to live more sustainably and make better choices for the environment.

ADULT NATURE EXPLORATION

Enjoy and learn about the splendor of the natural world.

PROGRAMS FOR FAMILIES AND CHILDREN

Spend quality time outdoors with family.

COMMUNITY GROUPS AND TRAINING

Share an active, nature-based lifestyle with your community and future generations.

HOW TO REGISTER

ONLINE



metroparks.org/programs

Search online by date or program number to register.

BY PHONE



937 275-PARK (7275)

Register for all programs by calling 275-PARK unless otherwise noted in the listing.

SPECIAL EVENTS

Enjoy time with friends and family at these community celebrations.

EVENTS ARRANGED BY DATE

(FREE) PASSPORT TO METROPARKS

FRI. JUN 7, 6:00-10:00 PM

B181
RIVERSCAPE METROPARK, RiverScape Pavilion, 237 E. Monument Ave.

Dance to the sounds of performers from the Celtic, German, African American & Hispanic festivals while enjoying fun activities showcasing Five Rivers MetroParks events & programs. Kids, grab a passport & get it stamped at booths to be entered to win an exclusive recreational experience for your family! Food trucks onsite & beer for sale. No registration required. All ages 🌀

NEW
THIS
SUMMER

BRIGHT NIGHTS

SAT. JUN 22, 6:30-10:30 PM B164

RIVERSCAPE METROPARK, RiverScape Pavilion, 237 E. Monument Ave.

Benefitting Big Brothers Big Sisters, Bright Nights is a unique Downtown Dayton outdoor celebration featuring Dayton's top chefs. Enjoy live music, wine, beer and gourmet tastings. See contact info to register. For details, contact kromano@bbbsmiamivalley.org. <https://mentor.bbbsgm.org/bright>. Age: 21Y and up Fee: General Admission: \$125 🌀

NEW
THIS
SUMMER

(FREE) 100 YEARS OF HILLS & DALES: A

CELEBRATION OF THE PAST, PRESENT AND FUTURE

FRI. JUN 28, 5:00-8:00 PM B399

OFFSITE, Michael Solomon Pavilion at Community Golf Club, 2917 Berkley St.

Celebrate the rich history of Hills & Dales MetroPark! Learn about the park's beginnings, how it became publicly owned land, and how it has developed during the past 100 years. Learn how the park is currently managed and how Five Rivers MetroParks plans to care for it in the future. Light refreshments will be provided. Registration requested, walk-ins welcome. Contact shelby.ashcraft@metroparks.org for details. All ages 🍷

(FREE) MUD DAY!

SAT. JUN 29, 10:00 AM-2:00 PM B231

WEGERZYN GARDENS METROPARK, Children's Discovery Garden, 1301 E. Siebenthaler Ave.

June 29 is International Mud Day, and we're having a celebration! Join us in the Children's Discovery Garden for mud painting, games and crafts while literally getting in touch with nature. Activities are designed for families and kids as young as 2. There will be a place to wash off when you're done. Registration requested, walk-ins welcome. All ages 🍷 🌀

NEW
THIS
SUMMER

(FREE) CITY OF DAYTON'S LIGHTS IN FLIGHT FIREWORKS SHOW AND FESTIVAL

WED. JUL 3, 5:00-10:00 PM B263

RIVERSCAPE METROPARK, 237 E. Monument Ave. Celebrate Dayton with live music, food, beverages and kids' activities. Watch the City's Lights in Flight spectacular visual display over the Great Miami River. Fireworks take off at 10 PM! No registration required. Contact (937) 333-8400 for details. www.daytonohio.gov. All ages 🌀

(FREE) UNITED IRISH OF DAYTON CELTIC FESTIVAL

FRI. JUL 26, 5:30-11:00 PM B266

SAT. JUL 27, 11:30 AM-11:00 PM B265

SUN. JUL 28, 9:00 AM-6:00 PM B264
RIVERSCAPE METROPARK, 237 E. Monument Ave. Celebrate Celtic style with music, dance, food and fun! Four stages. No registration required. Contact (937) 372-9788 for details. www.dayton-celticfestival.com. All ages.

NEW
THIS
SUMMER

(FREE) SMALL FARM AND FOOD FEST

SAT. JUL 27, 10:00 AM-5:00 PM B208

CARRIAGE HILL METROPARK, Visitor Center, 7800 E. Shull Rd

This festival is dedicated to healthy eating, hobby farming and homesteading skills, designed to expand your knowledge about or teach you how to produce your own healthy food. Attend educational talks, shop at an outdoor farmers market,

and view demonstrations to learn such skills as canning, milling, gardening and soap making. No registration required. All ages



(FREE) URBAN OUTDOOR EXPERIENCE

FRI. AUG 2, 5:30-8:30 PM B137

RIVERSCAPE METROPARK, 237 E. Monument Ave. Try your hand at mountain bike skill elements, slacklining, disc golf and more in this outdoor recreation sampler sponsored by Subaru. Then enjoy the sounds and atmosphere of Pickin' in the Park, complete with a food truck rally and progressive bluegrass under the RiverScape pavilion. No registration required. All ages

(FREE) GERMANFEST PICNIC

FRI. AUG 9, 5:00-11:00 PM B268

SAT. AUG 10, 11:00 AM-11:00 PM B269

SUN. AUG 11, 11:00 AM-6:00 PM B270

RIVERSCAPE METROPARK, 237 E. Monument Ave. Now in its 36th year, the GermanFest Picnic is a 3-day celebration of the Miami Valley's rich German heritage. Authentic food, live music, a 5K/10K race, Polka Mass, kidzone, genealogy, and culture make this event really family-friendly. And did we mention great BIER? Get your Gemuetlichkeit on at RiverScape MetroPark! No registration required. Contact (937) 429-9251 or germanfestdayton@gmail.com for details. www.germanfestdayton.com. All ages 🌀



(FREE) DAYTON AFRICAN AMERICAN CULTURAL FESTIVAL

SAT. AUG 17, 12:00-8:00 PM B291
ISLAND METROPARK, 101 E. Helena St.

This family event brings the richness of the African American experience to Dayton through culture, education and music. See an African village and a pavilion of paintings. Enjoy live R&B, gospel and jazz performances. Merchandise and food vendors will be on site. Don't miss this citywide event where diverse people gather in celebration. No registration required.

www.daacf.com. All ages 🌟

WEGERZYN GARDENS FOUNDATION ANNUAL GARDEN PARTY

THU. SEP 12, 5:30-7:30 PM B198

WEGERZYN GARDENS METROPARK, Formal Gardens, 1301 E. Siebenthaler Ave.

Guests will enjoy a catered dinner, live music, and silent auction under a tent on the Garden Green. Proceeds benefit Wegerzyn Gardens Foundation in support of Wegerzyn Gardens MetroPark. See contact info to register. Contact (937) 474-3760 or contact@wegerzyngardensfoundation.org for details. www.wegerzyngardensfoundation.org. Age: 21Y and up Fee: Non-member Ticket Price: \$85, Member Ticket Price: \$75

(FREE) HISPANIC HERITAGE FESTIVAL

SAT. SEP 14, 11:00 AM-11:00 PM B280

RIVERSCAPE METROPARK, 237 E. Monument Ave.

The 19th Annual Hispanic Heritage Festival will offer something for all ages. Dance to hot and electrifying Latin music and enjoy delicious food. Enjoy children's activities, and entertainment to include demonstrations of art, food, crafts, and traditional dance and dress. No registration required. www.facebook.com/PACODayton.

All ages 🌟

(FREE) 16TH ANNUAL UNITED REHABILITATION SERVICES RUBBER DUCK REGATTA

SAT. SEP 14, 4:00-5:30 PM B361

RIVERSCAPE METROPARK, RiverScape Pavilion, 237 E. Monument Ave.

At least 20,000 rubber ducks will be dropped from the bridge for a race to the finish at RiverScape MetroPark, in conjunction with the Hispanic Heritage Festival. Proceeds from this family-friendly event benefit local children and adults with disabilities! Adopt your ducks for \$5 each or Quack Pack (6 for \$25) for a chance to win great prizes! Presented by Synchrony. No registration required. Contact (937) 853-5464 or acrawford@ursdayton.org for details.

www.daytonducks.com. All ages 🌟



(FREE) COUNTRY FAIR

SAT. SEP 28, 10:00 AM-5:00 PM B218

SUN. SEP 29, 12:00-5:00 PM

CARRIAGE HILL METROPARK, Carriage Hill Historical Farm, 7850 E. Shull Rd.

As the fall harvest approaches, so does the tradition of the country fair. From agricultural demonstrations to a pie-baking competition, all the sights and sounds of an 1880s country fair will be recreated. See various living history talks and demonstrations that present a vibrant picture of our past. No registration required. All ages

FOR MORE
SPECIAL
EVENTS

SEE
PAGE 43

For a list of live music concerts, free fitness classes, lunchtime music and more happening at RiverScape MetroPark.

METROPARKS.ORG/RIVERSCAPE

ENJOY SUMMERTIME ALONG THE
DOWNTOWN DAYTON RIVERFRONT!

MARK YOUR CALENDAR!

Don't miss the Midwest's premier
outdoor adventure festival

SATURDAY AND SUNDAY

**OCTOBER
5 & 6**



METROPARKS.ORG/OUTDOORX

GET OUT & PADDLE DOWNTOWN

YOUR METROPARKS IS CREATING NEW AND EXCITING WAYS FOR NOVICE AND EXPERIENCED PADDLERS TO GET OUT & PADDLE THE RIVERS IN DOWNTOWN DAYTON, including the RiverScape River Run whitewater feature!

SEE PAGE 28-29 FOR MORE INFORMATION ON DOWNTOWN DAYTON RIVER KAYAKING TRIPS, INCLUDING NEW PROGRAM, KAYAK UNDER THE FOUNTAIN



FOR EVERYONE

Connect with and learn about nature with friends and family.

PROGRAMS AND EVENTS ARRANGED BY TOPIC

HOEDOWN SQUARE DANCE

SAT. JUN 1, 8:00-10:30 PM B199

SAT. AUG 24, 8:00-10:30 PM B213

CARRIAGE HILL METROPARK, Carriage Hill Historical Farm, 7850 E. Shull Rd.

Join us for a square dance in our historical barn with live music by The Corndrinkers. All skill levels welcome. Tickets are \$5 per person and available at the door. No registration required. All ages Fee: \$5

19TH CENTURY FARMING DEMONSTRATIONS

Join us for ongoing drop-in demonstrations of 19th century farm life. Typical farm chores will be recreated to demonstrate daily life in the 1880s.

(FREE) HAYMAKING

SUN. JUN 2, 12:00-5:00 PM B200

CARRIAGE HILL METROPARK, Carriage Hill Historical Farm, 7850 E. Shull Rd.

The farmer makes hay 19th century style using historic horse drawn equipment. Watch as loose hay is loaded on the wagon and taken to the barn to be unloaded. No registration required. All ages ⚙️

(FREE) GRAIN THRESHING

SUN. JUL 14, 12:00-5:00 PM B206

SUN. AUG 4, 12:00-5:00 PM B210
CARRIAGE HILL METROPARK, Carriage Hill Historical Farm, 7850 E. Shull Rd.

The steam engine, separator, farm hands and shocks of grain recreate the farm scene of a century ago. The separator removes the grain from the stalk so it can be used for feed and flour. No registration required. All ages ⚙️

(FREE) VOLUNTEER: INTRODUCTION TO CONSERVATION

TUE. JUN 4, 1:00-3:00 PM B300

THU. SEP 12, 6:30-8:30 PM

THU. SEP 12, 6:30-8:30 PM B400

FIVE RIVERS METROPARKS MAIN OFFICE, 409 E. Monument Ave., 3rd Floor

Five Rivers MetroParks protects over 16,000 acres, and we could use your help. Whether you are interested in fish or flowers, like to walk or prefer to help in an office or the greenhouse, there is an opportunity perfect for you. Discover what we are doing in conservation and how to get involved. Registration requested, walk-ins welcome. Contact allison.zimmerman@metroparks.org for details. All ages 🐾

(FREE) FAMILY FIRST TUESDAY FREE TRAM TOUR

TUE. JUN 4, 6:00-7:00 PM B226

TUE. JUL 2, 6:00-7:00 PM B232

TUE. AUG 6, 6:00-7:00 PM B244

TUE. SEP 3, 6:00-7:00 PM B251

COX ARBORETUM METROPARK, Parking Lot, 6733 Springboro Pk.

Bring everyone out for a great 30-minute tour of the gardens and facilities at Cox Arboretum. Our knowledgeable volunteers will show you how the different areas in the Arboretum are used. They'll describe the many ways plants and specific Arboretum sites benefit pollinators, the environment and you. We'll meet in the parking lot. Registration required. All ages 🐾 ⚙️

(FREE) WALK WITH A DOC

SAT. JUL 20, 9:00-10:00 AM B293

SAT. AUG 3, 9:00-10:00 AM B294

2ND STREET MARKET, Pavilion, 600 E. Second St. Five Rivers MetroParks will host the Walk with a Doc program provided by Dayton Children's Hospital. Families are encouraged to attend and discover how being outside playing in nature and walking are so good for our health. Walk from the Market Pavilion (east end of building) to Deeds Point MetroPark and back. No registration required. WALKwithaDOC.org. All ages ⚙️

(FREE) FISH ON THE FARM

SUN. AUG 25, 12:00-5:00 PM B214

CARRIAGE HILL METROPARK, Carriage Hill Historical Farm, 7850 E. Shull Rd.

Fish was not the most common item found on the farm. However, it was highly sought after and enjoyed. Join us for a whole day focused on the role that fish played on an 1880s farm. Try fishing with a cane pole. Watch as we cook with fish and smoke it in the smokehouse. No registration required. All ages

FIVE RIVERS METROPARKS FOUNDATION

ACCESS TO NATURE SCHOLARSHIP PROGRAM

Providing qualifying families with financial assistance for fee-based MetroParks programs, the Access to Nature Scholarship is available for those of all ages. From summer camps to family programs, these funds enable more families to Get Out & Explore!

To learn more and apply for an Access to Nature Scholarship, visit metroparks.org/scholarships.



SHARE YOUR OPINION about ParkWays magazine

Five Rivers MetroParks needs your help. As a valued reader of Five Rivers MetroParks' ParkWays magazine, your opinions, satisfaction and use of the publication are very important to us. Getting to know you helps the MetroParks team create the best possible magazine for you and your family.

Please participate in this ParkWays reader survey. Your individual participation and input will remain confidential. The survey should take about five minutes to complete.

IF YOU CHOSE TO SHARE YOUR CONTACT INFORMATION, YOU'LL BE ENTERED TO WIN ONE OF FIVE \$100 VISA GIFT CARDS.

Complete this survey by **Sept. 6, 2019**, to enter. It's free and easy to participate. If you're feeling really green, take this survey online at **metroparks.org/parkways**.



ENTER TO WIN

To enter to win our drawing,
please provide your:

FIRST NAME: _____

LAST NAME: _____

PHONE: _____

E-MAIL: _____

PLEASE PRINT LEGIBLY.

ABOUT YOU

Please help us serve all segments of the community by
providing this optional information:

HOME ZIP CODE: _____

YOUR GENDER:

- ☐ Female: ☐ Male ☐ Prefer not to say
☐ Prefer to self-describe _____

YOUR AGE:

- ☐ 18 or younger ☐ 19-24 ☐ 25-34
☐ 35-45 ☐ 46-55 ☐ 56-65
☐ 66-75 ☐ 76+

YOUR RACE:

- ☐ American Indian or Alaska Native
☐ Asian ☐ Black or African American
☐ Hispanic or Latino ☐ Native Hawaiian or Pacific Islander
☐ White or Caucasian
☐ Two or More Races ☐ Other: _____

INSTRUCTIONS

- 1 Carefully remove this survey and complete all questions.
- 2 Please print legibly. All survey questions must include an answer to be eligible to win our drawing.
- 3 Fold and seal. Drop in the U.S. Mail – postage is already included!

1. WHERE DO YOU USUALLY OBTAIN YOUR PRINT COPY OF PARKWAYS?

- ☐ Mail ☐ Park ☐ 2nd Street Market ☐ Family/friend

2. WHAT DID YOU DO WITH PARKWAYS THE LAST TIME YOU SAW IT? (Check ONE)

- ☐ Read it and found it useful ☐ Read it but saw little of interest
☐ Noticed it but didn't look through it ☐ Saved it for later reference

3. HOW MUCH TIME DO YOU USUALLY SPEND READING PARKWAYS? (Check ONE)

- ☐ More than 3 hours ☐ More than 2 hours but less than 3
☐ More than 1 hour but less than 2 ☐ Less than 1 hour

4. HOW DO YOU USUALLY READ PARKWAYS? (Check ONE)

- ☐ Read cover to cover ☐ Clip pages
☐ Read table of contents and articles of interest ☐ Skim or look through quickly
☐ Read articles of interest and look through remaining pages
☐ Only read listings of programs and events

5. WHAT CONTENT IN PARKWAYS DO YOU READ? (Circle ONE per line)

	ALWAYS		SOMETIMES		NEVER	
Top 5 Things to Do This Season	1	2	3	4	5	NA
Letter from the Executive Director	1	2	3	4	5	NA
MetroParks News	1	2	3	4	5	NA
Cover Story	1	2	3	4	5	NA
Conservation articles	1	2	3	4	5	NA
Education articles	1	2	3	4	5	NA
Recreation articles	1	2	3	4	5	NA
Volunteer articles	1	2	3	4	5	NA
Philanthropy articles	1	2	3	4	5	NA
Park system map	1	2	3	4	5	NA
Program and event listings	1	2	3	4	5	NA

6. ON A SCALE OF 1-5, RATE YOUR SATISFACTION WITH THE WAY PROGRAM AND EVENT LISTINGS (LOCATED IN THE SECOND HALF OF PARKWAYS) ARE ORGANIZED: (Circle ONE)

	SATISFIED				DISSATISFIED		
Program and event listing organization	1	2	3	4	5		NA

7. PLEASE EXPLAIN YOUR ANSWER: _____

8. WHAT ARTICLES WOULD YOU LIKE TO READ MORE OF IN PARKWAYS? (Circle ONE per line)

	VERY INTERESTED			NOT INTERESTED		
Profiles of MetroParks' staff experts	1	2	3	4	5	
Stories about people who use MetroParks	1	2	3	4	5	
Articles that teach you such things as how to get active outdoors, live more sustainably and appreciate nature	1	2	3	4	5	
Articles that teach you skills, such as how to compost at home, mountain bike and produce your own food	1	2	3	4	5	
Articles about our region's environment and wildlife	1	2	3	4	5	
Articles about encouraging children to spend more time outdoors	1	2	3	4	5	
Articles about upcoming programs and events	1	2	3	4	5	
Suggestions for using your parks independently on your own time	1	2	3	4	5	
Other/Comments: _____						

9. WHY DO YOU READ PARKWAYS? (Circle ONE per line)

	STRONGLY AGREE			STRONGLY DISAGREE		
Find suggestions for free-time activities	1	2	3	4	5	
Find programs and events to attend	1	2	3	4	5	
Learn more about Five Rivers MetroParks	1	2	3	4	5	
Stay up-to-date on improvements to MetroParks	1	2	3	4	5	
Understand how my tax dollars are being spent	1	2	3	4	5	
Find out how to volunteer at MetroParks	1	2	3	4	5	
Find out how to donate to MetroParks	1	2	3	4	5	

10. WHICH OF THE FOLLOWING ACTIONS HAVE YOU TAKEN AS A RESULT OF READING PARKWAYS? (Circle ONE per line)

	FREQUENTLY			RARELY		
Went to metroparks.org to learn more	1	2	3	4	5	
Went to metroparks.org to register for a program online	1	2	3	4	5	
Called to register for a program	1	2	3	4	5	
Attended a special event featured in the magazine	1	2	3	4	5	
Went to a MetroParks location to see or do something I read about	1	2	3	4	5	
Signed up to become a volunteer	1	2	3	4	5	
Donated to Five Rivers MetroParks	1	2	3	4	5	
Applied what I read about in my own yard/home/community	1	2	3	4	5	
Discussed articles with friends	1	2	3	4	5	
Clipped/saved items of interest	1	2	3	4	5	
Shared my copy of ParkWays	1	2	3	4	5	

11. IF YOU WERE INTERESTED IN LEARNING MORE ABOUT SOMETHING YOU READ IN PARKWAYS, WHAT WOULD BE YOUR PREFERRED METHOD OF RECEIVING THAT INFORMATION? (Check ONE)

- ☐ Visit metroparks.org
 ☐ Call Five Rivers MetroParks
 ☐ Sign up for e-mail newsletters
☐ Visit a location and ask staff
 ☐ Follow Five Rivers MetroParks on social media

12. HOW MANY OTHER PEOPLE USUALLY READ OR LOOK THROUGH YOUR ISSUE OF PARKWAYS? (Check ONE)

- ☐ 1
 ☐ 2
 ☐ 3
 ☐ 4
 ☐ 5 or more

13. HOW LIKELY ARE YOU TO READ PARKWAYS ONLINE? (Circle ONE)

- VERY LIKELY
 1 2 3 4 5
 VERY UNLIKELY

14. OTHER THAN PARKWAYS, WHAT ARE YOUR MAIN SOURCES OF INFORMATION ABOUT FIVE RIVERS METROPARKS? (Circle ONE per line)

	DAILY		SOMETIMES		RARELY	
	1	2	3	4	5	NA
Read the Dayton Daily News	1	2	3	4	5	NA
Visit daytondailynews.com or Dayton.com	1	2	3	4	5	NA
Read other local online news	1	2	3	4	5	NA
Read community newspapers	1	2	3	4	5	NA
Read local magazines	1	2	3	4	5	NA
Read club/group newsletters	1	2	3	4	5	NA
Read brochures	1	2	3	4	5	NA
Pick up fliers for programs or events of interest	1	2	3	4	5	NA
Listen to local radio stations	1	2	3	4	5	NA
Watch local TV news	1	2	3	4	5	NA
Read MetroParks' email newsletters	1	2	3	4	5	NA
Read email newsletters from other sources	1	2	3	4	5	NA
Visit online calendars, such as daytonlocal.com	1	2	3	4	5	NA
Watch videos	1	2	3	4	5	NA
Listen to podcasts	1	2	3	4	5	NA
Use social media	1	2	3	4	5	NA
Read reviews	1	2	3	4	5	NA
Rely on word-of-mouth	1	2	3	4	5	NA

16. HOW DO YOU CURRENTLY CONNECT WITH FIVE RIVERS METROPARKS? (Circle ONE per line)

	FREQUENTLY		SOMETIMES		RARELY	
	1	2	3	4	5	NA
Attend programs with pre-registration	1	2	3	4	5	NA
Attend drop-in programs (no registration required)	1	2	3	4	5	NA
Go to festivals/special events	1	2	3	4	5	NA
Reserve shelters or campsites	1	2	3	4	5	NA
Visit parks on my own without scheduled programs or events	1	2	3	4	5	NA
Visit metroparks.org	1	2	3	4	5	NA
Follow MetroParks on social media	1	2	3	4	5	NA
Read MetroParks e-mail newsletters	1	2	3	4	5	NA
Volunteer	1	2	3	4	5	NA
Donate	1	2	3	4	5	NA

17. Comments/Suggestions:



OPEN SUNDAYS JUNE 2 THROUGH DEC. 30

THURSDAY & FRIDAY: 11 AM TO 3 PM • SATURDAY: 8 AM TO 3 PM • SUNDAY: 11 AM TO 3 PM

SHOP FRESH & LOCAL AT THE 2ND STREET MARKET

The Market features 40 vendors offering a variety of fare, most of it locally produced:

- Produce
- Kitchen Staples
- Meat and Dairy
- Sweet Treats
- Flowers
- Gift Items

Grab a meal at one of the many food vendors while you shop.

SPECIAL EVENTS AT THE MARKET THIS SUMMER:

GRAND OPENING OF THE OUTDOORS FARMERS MARKET

Saturday, June 1 — 8 AM to 3 PM: Shop for in-season fruit, vegetables, herbs and plants from local farmers on Saturdays and Sundays through October. Weekend surprises and raffles will be held throughout the season.

SUNDAYS AT THE MARKET KICK OFF

Sunday, June 2, from 11 AM to 3 PM
Open Sundays from June through December, the 2nd Street Market is the perfect place for live music, brunch and Sunday shopping.

NATIONAL FARMERS MARKET WEEK

Sunday, Aug. 1, through Saturday, Aug. 10
Celebrate National Farmers Market Week with peak-season produce, live music and fun programming for the whole family

Nearly 30 Market vendors
now accept SNAP/EBT tokens
and Produce Perks!



METROPARKS.ORG/LOCALFOOD

ACTIVE OUTDOORS

Discover how easy it is to have an active, healthy outdoor lifestyle.

PROGRAMS ARRANGED BY TOPIC



BACKPACKING

(FREE) VOLUNTEER:

BACKPACKING TRAIL WORK DAYS

SAT. JUN 8, 9:00 AM-12:00 PM B13

SAT. JUL 13, 9:00 AM-12:00 PM B14

SAT. AUG 10, 9:00 AM-12:00 PM B15

SAT. SEP 14, 9:00 AM-12:00 PM B16

GERMANTOWN METROPARK, Park Office, 6675 Conservancy Rd.

Learn about sustainable trail building while helping maintain the Twin Valley Backpacking Trail. No experience is necessary; tools are provided. Please bring water and work gloves.

Youth 14-17 must be accompanied by an adult. Registration required. Contact allison.zimmerman@metroparks.org for details.

Age: 18Y and up 🗝️ ⚙️

(FREE) DISCOVER BACKPACKING

SUN. JUN 9, 10:00 AM-12:00 PM B105

SUN. JUL 14, 10:00 AM-12:00 PM Y451

SUN. AUG 11, 12:00 AM B106

SUN. SEP 15, 10:00 AM-12:00 PM B107

GERMANTOWN METROPARK, Twin Valley Welcome Center, 6910 Boomershire Rd.

Meet with local experts to ask your backpacking questions, try on a backpack, experiment with some of the gear, sample backcountry food and learn about local resources and opportunities to get started with backpacking. Registration requested, walk-ins welcome. All ages 🗝️

BACKPACKING 1

THU. AUG 29, 6:00-8:30 PM B136

COX ARBORETUM METROPARK, Fifth Third Conference Room, 6733 Springboro Pk.

Learn about gear, food, trip planning and other tips and tricks during this classroom session, setting you up to have a safe and enjoyable backpacking adventure. Registration required. Age: 14Y and up Fee: \$5 🗝️

BACKPACKING 2

SAT. SEP 21, 12:00 PM - SUN. SEP 22, 12:00 PM B30

GERMANTOWN METROPARK, Campsite: Shimps Hollow, 7350 Boomershire Rd.

Spend a night on the Twin Valley Trail learning how to pack your backpack, use a water filter, cook in the backcountry, select a campsite and more. Equipment is available at no additional charge with reservation. Prerequisites: Backpacking 1 or Intro to Backpacking. Registration required. Age: 14Y and up Fee: \$45 🗝️ ⚙️

BOATING

(FREE) DISCOVER ROWING

SAT. JUL 13, 10:00 AM-2:00 PM B197

ISLAND METROPARK, Greater Dayton Rowing Association Boathouse, 124 E Helena St.

The Greater Dayton Rowing Association invites you to discover how rowing can boost your fun & fitness. Get introduced to the boats, oars, basic body mechanics, how to get in a boat safely, & get on the water in a sweep or sculling boat. Registration requested, walk-ins welcome. Receive a \$25 discount for our Learn-to-Row program. See contact info to register. Contact LTR@daytonrowing.org for details. <https://daytonrowing.org/>. Age: 18Y and up

CAMPING

GREAT AMERICAN CAMPOUT

SAT. JUN 22, 3:00 PM - SUN. JUN 23,

10:00 AM B135

POSSUM CREEK METROPARK, Campsite: Black Cherry Camp, 4790 Frytown Rd.

Join us as we take the National Wildlife Federation's pledge to celebrate camping as a way to connect with nature and wildlife. Pack the tent and the family; we'll provide the hotdogs, campfire and s'mores. Check in at the campsite between 3-5 PM Price per family (up to 5 people). Registration required. All ages Fee: \$25 🗝️ ⚙️

CYCLING

BIKE FOR HEALTH GUIDED RIDE

Join us for a guided ride led by staff and volunteers. These guided rides are part of the Bike for Health Challenge, a series of self-guided, ride-at-your-own-pace rides each week through September. The first 100 people to log 125 miles will receive a 125 Mile Achievement T-shirt. Use the guided rides to help log miles to work toward the 125 Mile Achievement. Participants under 18 must be accompanied by a parent/guardian. Bicycles must be in good working order with properly inflated tires. **ALL PARTICIPANTS MUST WEAR A HELMET.** For more information and to download the ride log visit metroparks.org/bikehealth.

(FREE) RIDE TO RIVERSCAPE METROPARK

SAT. JUN 8, 9:00-11:00 AM B354

MAD RIVER TRAIL, Ohio Bike Route 8

Meet in the last parking lot at Eastwood MetroPark, 1385 Harshman Road. (6 miles) Registration requested, walk-ins welcome. All ages 🗝️ ⚙️

(FREE) RIDE TO WEGERZYN GARDENS METROPARK

THU. JUN 20, 6:30-7:30 PM B355

GREAT MIAMI RIVER TRAIL, Ohio Bike Route 25 Meet at Deeds Point MetroPark, 510 Webster St. (6 miles) Registration requested, walk-ins welcome. All ages 🗝️ ⚙️

(FREE) RIDE TO HUFFMAN METROPARK

SAT. JUL 13, 9:00-11:00 AM B356

MAD RIVER TRAIL, Ohio Bike Route 8

Meet at Deeds Point MetroPark, 510 Webster St. (14 miles) Registration requested, walk-ins welcome. All ages 🗝️ ⚙️

(FREE) RIDE IN ENGLEWOOD METROPARK

SAT. AUG 10, 9:00-11:00 AM B357

SAT. SEP 14, 9:00-11:00 AM B359

STILLWATER RIVER TRAIL, Ohio Bike Route 7 Meet in the West Park parking lot at

Englewood MetroPark, 100 E. National Road.
(5 miles) Registration requested, walk-ins
welcome. All ages 🚶 ⚙️

(FREE) RIDE TO EASTWOOD METROPARK

THU. AUG 22, 6:30-7:30 PM B358
MAD RIVER TRAIL, Ohio Bike Route 8
Meet at Deeds Point MetroPark, 510 Webster
St. (7 miles) Registration requested, walk-ins
welcome. All ages 🚶 ⚙️

(FREE) RIDE TO HUFFMAN DAM

WED. SEP 25, 6:30-7:30 PM B360
MAD RIVER TRAIL, Ohio Bike Route 8
Meet in the last parking lot at Eastwood
MetroPark, 1385 Harshman Road. (7 miles)
Registration requested, walk-ins welcome.
All ages 🚶 ⚙️

(FREE) BIKE TO THE DRAGONS

SUN. JUN 23, 2:00-5:00 PM B10
SUN. JUL 14, 2:00-5:00 PM B11
SUN. AUG 11, 2:00-5:00 PM B12
OFFSITE, Fifth Third Field, 220 N Patterson Blvd
Hop on your bike with the family and head
downtown to watch America's favorite pastime.
The first 50 cyclists to pre-register at
drivelesslivemore.org and bike to the game will
receive complimentary lawn tickets and a prize
pack courtesy of Five Rivers MetroParks, Dayton
Dragons, and the Miami Valley Regional Planning
Commission. See contact info to register. Contact
(937) 223-6323 or DLLM@mvrpc.org for details.
drivelesslivemore.org. All ages

FISHING

(FREE) TRY FLY FISHING

THU. JUN 13, 5:00-8:00 PM B4
POSSUM CREEK METROPARK, Shelter: Farm Shelter/
Parking Lot, 4790 Frytown Road
THU. JUL 11, 5:30-8:30 PM B6
EASTWOOD METROPARK, Eastwood Lagoon, 1385
Harshman Rd.
THU. AUG 8, 5:00-8:00 PM B9
WEGERZYN GARDENS METROPARK, Jay Lake and
Parking Lot, 1301 E. Siebenthaler Ave.
Always wanted to try fly fishing? Here is your op-
portunity. Instructors available for questions and
will teach basic fly fishing techniques in a
controlled environment. Equipment is provided.
No fishing license required at this location.
Registration requested, walk-ins welcome.
Age: 14Y and up 🚶 ⚙️

FLY CASTING GAMES

THU. SEP 12, 5:00-8:00 PM B272
EASTWOOD METROPARK, Rugby Field, 1385.
Harshman Rd
Fly fishing is fun - but not if you are struggling with
your cast. Hoops in the air, hoops on the ground,

kneeling, standing; all designed to simulate
real-life fishing situations. Have fun and improve
your cast at the same time. Instructors will be on
hand to help you through the course. Equipment
provided, or bring your own. Registration
required. Age: 16Y and up Fee: \$10 🚶 ⚙️

FITNESS

DAYTON BEER 5K

SAT. JUN 1, 5:00-8:00 PM B216
RIVERSCAPE METROPARK, RiverScape Pavilion, 237
E. Monument Ave.
The 2019 Dayton Beer 5K & 1/4 mile walk and
tasting will bring together 12 local microbreweries
and the running community to enjoy a fun, athletic
event with a relaxing beer tasting after party.
Options are available for athletes of all abilities.
All event details can be found at www.beer5k.com
or on social media: @beer5k. See contact info
to register. Contact (937) 776-1977 or [anthony@](mailto:anthony@keysports.net)
keysports.net for details. www.beer5k.com. Age:
21Y and up Fee: 5K Pre-Reg.: \$50, 5K Race Day:
\$60, 1/4 Mile Walk Pre-Reg.: \$45, 1/4 Mile Walk
Race Day: \$55, Tasting Only: \$20 ⚙️

FITNESS IN THE PARK

Enjoy fun, effective and FREE outdoor workouts
under the pavilion! Center yourself on yoga days
with Tori Reynolds of Speakeasy Yoga. Enjoy a
fast-paced Cardio Dance workout with Meghan
Millat of Fit N Fruitful. Take on a fun, high-energy
HIIT workout with Beavercreek/Kettering Fit
Body Boot Camp instructors. Wear comfortable
clothes and bring water. [MetroParks.org/fit-](http://MetroParks.org/fitnessinthepark)
[nessinthepark](http://MetroParks.org/fitnessinthepark). No registration required. All ages.

(FREE) YOGA IN THE PARK

SAT. JUN 1, 10:00-11:00 AM B165
SAT. JUN 15, 10:00-11:00 AM B166
SAT. JUL 6, 10:00-11:00 AM B167
SAT. JUL 20, 10:00-11:00 AM B168
SAT. AUG 17, 10:00-11:00 AM B169
RIVERSCAPE METROPARK, RiverScape Pavilion,
237 E. Monument Ave.
Please bring your own mat and water. No
registration required. All ages ⚙️

(FREE) CARDIO DANCE IN THE PARK

SAT. JUN 8, 10:00-11:00 AM
B170
SAT. JUN 29, 10:00-11:00 AM B171
SAT. JUL 13, 10:00-11:00 AM B172
SAT. AUG 3, 10:00-11:00 AM B173
RIVERSCAPE METROPARK, RiverScape Pavilion,
237 E. Monument Ave.
Please bring your own water. No registration
required. All ages ⚙️

NEW
THIS
SUMMER

(FREE) BOOT CAMP IN THE PARK

TUE. JUN 11, 5:30-6:30 PM B174
TUE. JUN 25, 5:30-6:30 PM B175
TUE. JUL 9, 5:30-6:30 PM B176
TUE. JUL 23, 5:30-6:30 PM B177
TUE. AUG 6, 5:30-6:30 PM B178
TUE. AUG 20, 5:30-6:30 PM B179
RIVERSCAPE METROPARK, RiverScape Pavilion,
237 E. Monument Ave.
No registration required. All ages ⚙️

NEW
THIS
SUMMER

HIKING

(FREE) TWIN VALLEY TRAIL CHALLENGE

SAT. JUN 1, 5:30 AM-8:00 PM B330
GERMANTOWN METROPARK, Twin Valley Welcome
Center, 6910 Boomershire Rd.
Take part in the 7th Annual TVT Challenge! This
is a fun, non-competitive hiking endurance event.
Various routes will be marked for 1 to 27 mile
hiking options along the Twin Valley Trail. See
how far you can hike in a day! Register at
metroparks.org/tvtchallenge. All ages

HORSEBACK RIDING

WEEKEND HORSE TRAIL RIDES

SAT., SUN JUN. 1-OCT. 27, 9:30 AM-1:15 PM B29
CARRIAGE HILL METROPARK, Carriage Hill Riding
Center, 8111 E. Shull Rd.
Join us this season for our weekend horseback
rides which begin June 1 & 2, 2019 and are offered
through October. Registration opens May 1, 2019.
Rides are about one hour. Weight limit is 225
pounds. Registration required.
Age: 8Y and up Fee: \$30 🚶 ⚙️

SATURDAY PONY RIDES

SAT. JUN. 1-OCT. 26, 2:00-4:00 PM B142
CARRIAGE HILL METROPARK, Carriage Hill Riding
Center, 8111 E. Shull Rd.
Hand-led pony rides for youngsters ages 2-8 are
offered on Saturdays beginning June 1 through
October 26 from 2-4 p.m. Tickets are available on
location for \$5 per ride. No registration required.
Age: 2Y-8Y Fee: per child: \$5 ⚙️

SUMMER HORSE CAMP

**MON., TUE., WED., THU., FRI. JUNE
3-AUG. 9, 8:30 AM-4:30 PM** B143
CARRIAGE HILL METROPARK, Carriage Hill Riding
Center, 8111 E. Shull Rd.
Do you have a young person who loves horses?
Sign them up for our summer youth horse camps.
We offer half-day, week-long camps throughout

the summer (June-mid-August) where campers learn to ride and care for horses. Multiple skill levels available. Registration required. www.metroparks.org/ridingcenter. Age: 8Y-17Y
Fee: \$260 🗓️

FALL HORSEBACK RIDING LESSONS

MON. SEP. 9-NOV. 4, 4:30-5:30 PM B289
CARRIAGE HILL METROPARK, Carriage Hill Riding Center, 8111 E. Shull Rd.

Fall riding lessons for youth and adults begin the first week of September and run for 10 weeks. These hour-long, weekly group lessons are offered for various riding levels for English riding. Registration required. Age: 8Y and up
Fee: \$250 🗓️

MOUNTAIN BIKING

(FREE) TRY MOUNTAIN BIKING

THU. JUN 13, 4:00-7:00 PM B273

WED. JUL 17, 4:00-7:00 PM B274

TUE. AUG 6, 4:00-7:00 PM B275

WED. SEP 11, 4:00-7:00 PM B276

HUFFMAN METROPARK, MoMBA, 4485 Union Rd.

Want to try mountain biking but don't have a bike? If so, come out to MoMBA and borrow one of our bikes. Bikes are available on a first-come, first-served basis. Riders younger than 18 must be accompanied by a parent or guardian. Helmets are required and are provided with the bike. Registration requested, walk-ins welcome.

All ages 🗓️ ⚙️

(FREE) RIDE WITH A GUIDE

THU. JUN 13, 4:30-5:30 PM B281

THU. JUN 13, 6:00-7:00 PM B282

TUE. AUG 6, 4:30-5:30 PM B283

TUE. AUG 6, 6:00-7:00 PM B284

HUFFMAN METROPARK, MoMBA, 4485 Union Rd.

Join staff and volunteers on a guided ride around MoMBA. Ride your own bike or borrow one of ours. Bikes must be in good working order with properly inflated tires. Helmets are required and can be provided with bikes. Participants under 18 must be with a parent or guardian. Registration requested, walk-ins welcome. Age: 14Y and up 🗓️

MOUNTAIN BIKING 1

THU. JUN 27, 6:30-8:30 PM B277

TUE. JUL 30, 6:30-8:30 PM B278

THU. AUG 15, 6:30-8:30 PM B279

HUFFMAN METROPARK, MoMBA, 4485 Union Rd.

This hands-on program designed for beginners will introduce skills for riding singletrack mountain bike trails. Topics covered include trail etiquette,

braking, shifting, and bike handling. You are encouraged to bring your own bicycle and helmet, however both are available onsite. Registration required. Age: 18Y and up
Fee: \$15 🗓️ ⚙️

NATURE APPRECIATION

(FREE) VOLUNTEER: FIVE RIVERS METROPARKS VOLUNTEER ORIENTATION

THU. JUN 13, 9:00-11:00 AM B1

WED. JUN 26, 6:30-8:30 PM B2

TUE. JUL 16, 9:00-11:00 AM B21

WED. JUL 31, 6:30-8:30 PM B22

WED. AUG 14, 9:00 AM-12:00 PM B23

THU. AUG 29, 6:30-8:30 PM B24

THU. SEP 5, 9:00-11:00 AM B25

TUE. SEP 17, 6:30-8:30 PM B26

FIVE RIVERS METROPARKS MAIN OFFICE, 409 E. Monument Ave., 3rd Floor

Five Rivers MetroParks has volunteer opportunities year-round and at nearly every park. Orientation provides history, an overview of location-specific opportunities and an introduction to opportunities this season. Attendance does not commit you to anything. Registration requested, walk-ins welcome. Contact info@metroparks.org for details. Age: 18Y and up 🗓️

OUTDOOR ADVENTURE

(FREE) VOLUNTEER: WAGNER SUBARU OUTDOOR EXPERIENCE TRAINING

SAT. SEP 21, 10:00 AM-12:00 PM B27

SAT. SEP 28, 3:00-5:00 PM B28

EASTWOOD METROPARK, Shelter: Bluegrass, 1385 Harshman Rd.

Join the fun at this year's Wagner Subaru Outdoor Experience, the region's premier outdoor adventure festival! You can be a part of the action as an event volunteer. Check out the opportunities available and learn more about this year's event online at www.metroparks.org/outdoorx. Come to this session for hands-on volunteer training. Registration requested, walk-ins welcome. Contact jenny.hymans@metroparks.org for details. Age: 14Y and up 🗓️ ⚙️

PADDLING

DOWNTOWN DAYTON RIVER KAYAKING TRIPS

TUE. JUN 4, 6:00-8:00 PM B117

TUE. JUL 23, 6:00-8:00 PM B125

TUE. AUG 20, 6:00-8:00 PM B128

TUE. SEP 17, 6:00-8:00 PM B134

OFFSITE, Whitewater Warehouse, 104 Valley St. Kayak down the Mad River and the Great Miami River through the two whitewater features of the RiverScape River Runs. This trip is led by Five Rivers MetroParks' staff. We will be getting wet so please dress appropriately, including wearing water shoes or old sneakers. Registration required. Age: 14Y and up
Fee: \$30 🗓️ ⚙️

(FREE) TRY PADDLESPO RTS

THU. JUN 6, 4:00-7:00 PM B118

EASTWOOD METROPARK, Eastwood Lagoon, 1385 Harshman Rd.

WED. JUL 10, 4:00-7:00 PM B119

EASTWOOD METROPARK, Eastwood Park, 1385 Harshman Rd.

WED. AUG 28, 4:00-7:00 PM B120

EASTWOOD METROPARK, Eastwood Lagoon, 1385 Harshman Rd.

Kayak, Stand Up Paddleboard, and canoe overviews will be given. Learn about the sport in a controlled environment. Equipment provided at this drop-in program. Registration required. All ages 🗓️ ⚙️

KAYAK 1

SAT. JUN 8, 10:00 AM-5:00 PM B121

SAT. JUL 6, 10:00 AM-5:00 PM B123

SAT. AUG 17, 10:00 AM-5:00 PM B127

EASTWOOD METROPARK, Blue Lake, 1401 Harshman Rd.

Become acquainted with equipment, learn a variety of paddle strokes, flatwater rescues and other safety topics for beginners. Dress to get wet. Prerequisites: none. Registration required. Age: 14Y and up
Fee: \$70 🗓️ ⚙️

KAYAK 2: RIVER

SAT. JUN 15, 10:00 AM-5:00 PM B122

SAT. AUG 3, 10:00 AM-5:00 PM B126

SAT. AUG 24, 10:00 AM-5:00 PM B130

EASTWOOD METROPARK, Mad River Access Parking Lot, 1385 Harshman Rd.

Get instruction on safety, river paddling techniques, and how to recognize and avoid hazards. Dress to get wet. Prerequisites: Kayak 1. Registration required. Age: 14Y and up
Fee: \$70 🗓️ ⚙️

SWIFTWATER RESCUE FOR PADDLERS

SAT., SUN JUN. 22-23, 8:30 AM-6:00 PM A166

EASTWOOD METROPARK, Shelter: Mad River, 1385 Harshman Rd.

This American Canoe Association Level 4 Swiftwater Rescue course is for whitewater paddlers, and teaches recognition and avoidance of common river hazards; rescue techniques for paddlers in distress; and self-rescue. Class time will be spent on land and in the river.

Prerequisites: None, however prior Class II white-water experience is recommended. Registration required. Age: 18Y and up Fee: \$235

KAYAK UNDER THE FOUNTAINS

WED. AUG 7, 4:30-5:30 PM B138

WED. AUG 7, 5:30-6:30 PM B380

WED. AUG 7, 6:30-7:30 PM B381

RIVERSCAPE METROPARK, RiverScape Pavilion, 237 E. Monument Ave.

Join us as we kayak under the Five Rivers Fountain of Lights at RiverScape MetroPark on the Great Miami River. There will be three sessions, each an hour long, & space is limited so make sure you register! Registration required. All ages Fee: \$10 🗳️ ⚙️



KAYAK EXPLORING: HUFFMAN LAKE

THU. AUG 22, 6:00-9:00 PM B129

HUFFMAN METROPARK, Huffman Lake, 4095 Lower Valley Pk.

Explore Huffman Lake with a Five Rivers MetroParks naturalist and learn about the wildlife that exists along this hidden gem. We will be in and out of our kayaks around the lake as we explore. Prerequisites: none. Registration required. Age: 12Y and up Fee: \$25 🗳️ ⚙️

STAND UP PADDLEBOARDING 1

WED. SEP 4, 5:30-8:30 PM B131

TUE. SEP 10, 5:30-8:30 PM B132

EASTWOOD METROPARK, Blue Lake, 1401 Harshman Rd.

This hands-on program will use instruction and games as we learn to stand up paddleboard. Topics covered include paddle strokes, board handling and safety, and more. Dress to get wet. Prerequisites: None. Registration required. Age: 14Y and up Fee: \$45 🗳️ ⚙️

KAYAK EXPLORING: EASTWOOD LAGOON

THU. SEP 5, 6:00-9:00 PM B398

EASTWOOD METROPARK, Eastwood Lagoon, 1385 Harshman Rd.

Explore Eastwood Lagoon with a Five Rivers MetroParks naturalist and learn about the wildlife that exists here. We will be in and out of our kayaks around the lagoon as we use our senses, binoculars, and more to explore this unique environment. Registration required. Age: 12Y and up Fee: \$25 🗳️

SUBARU ADVENTURE SERIES SHARE YOUR LOVE OF THE OUTDOORS

Share your love of the outdoors with this great series designed to help the whole family Get Out & Live!

STOP BY ANY TIME DURING THESE **FREE** PROGRAMS:

 **SUBARU
ADVENTURE
SERIES**



**TRY
MOUNTAIN
BIKING**
June 13,
4-7 PM
MoMBA



**TRY
FLY FISHING**
July 11,
4:30-7:30 PM
Possum Creek
MetroPark



**URBAN
OUTDOOR
EXPERIENCE**
Aug. 2,
5:30-8:30 PM
RiverScape
MetroPark



**TRY
PADDLE-
SPORTS**
Aug. 28,
4-7 PM
Eastwood
MetroPark

RENT MOUNTAIN BIKES AT MoMBA BIKE RENTALS

MoMBA MOUNTAIN BIKE RENTALS



**MOMBA: METROPARKS
MOUNTAIN BIKING AREA**



SATURDAYS FROM 10 AM TO 1 PM
MEMORIAL DAY THROUGH LABOR DAY

Explore the trails at the MetroParks Mountain Biking Area (MoMBA) at Huffman MetroPark this summer. Trails are available for all levels, from tots to advanced riders.

A variety of mountain bikes are available. Rates for youth bikes start at \$6 an hour, and adult bikes start at \$8 an hour.

METROPARKS.ORG/MOMBA

RENT BIKES AT RIVERSCAPE METROPARK



SATURDAYS AND SUNDAYS
9 AM TO 6 PM

MEMORIAL DAY
THROUGH LABOR DAY

Rent bikes and child accessories
to explore the region's paved bikeways.

GET OUT & HIKE



TWIN VALLEY TRAIL CHALLENGE

SATURDAY, JUNE 1

Join Dayton Hikers and Five Rivers MetroParks for the seventh annual TVT Challenge. This fun, non-competitive hiking event offers 1 to 27-mile routes along the trail. Registration is available on-site from 5:30 AM to noon.

**TWIN VALLEY WELCOME CENTER,
GERMANTOWN METROPARK**

EARTH FRIENDLY LIVING

Learn how to live more sustainably and make better choices for the environment.

PROGRAMS ARRANGED BY TOPIC

FOOD: EARTH TO TABLE

CANNING CLUB

Learn how to preserve fruits and vegetables in an inexpensive and efficient way. Take home a jar of goodies, along with 19th-century and modern recipes.

STRAWBERRY JAM

SAT. JUN 1, 10:00 AM-12:00 PM B201

CARRIAGE HILL METROPARK, Carriage Hill Historical Farm, 7850 E. Shull Rd.

Students will participate in the safe preparation and preservation of the month's harvest, taking with them basic knowledge, recipes and a jar of strawberry jam. Registration required. Age: 18Y and up Fee: \$20 📄

PICKLED BEANS

SAT. JUL 6, 10:00 AM-12:00 PM B204

CARRIAGE HILL METROPARK, Carriage Hill Historical Farm, 7850 E. Shull Rd.

Students will participate in the safe preparation and preservation of the month's harvest, taking with them basic knowledge, recipes and a jar of pickled beans. Registration required. Age: 18Y and up Fee: \$20 📄

TOMATOES

SAT. AUG 3, 10:00 AM-12:00 PM B209

CARRIAGE HILL METROPARK, Carriage Hill Historical Farm, 7850 E. Shull Rd.

Students will participate in the safe preparation and preservation of the month's harvest, taking with them basic knowledge, recipes and a jar of tomatoes. Registration required. Age: 18Y and up Fee: \$20 📄

APPLES

SAT. SEP 7, 10:00 AM-12:00 PM B215

CARRIAGE HILL METROPARK, Carriage Hill Historical Farm, 7850 E. Shull Rd.

Students will participate in the safe preparation and preservation of the month's harvest, taking with them basic knowledge, recipes and a jar of apples. Registration required. Age: 18Y and up Fee: \$20 📄

RABBITS: TASTE AND LEARN

THU. JUN 27, 6:00-8:00 PM B190

POSSUM CREEK METROPARK, Possum Creek Education Building, 4790 Frytown Rd.

Did you know that rabbit meat is the most sustainable meat source there is? They can be raised for meat, fur, wool and fertilizer. One great thing about raising rabbits is the lack of zoning issues. We will talk about cages, feed, breeds and care for your rabbits. There will be a rabbit meat dish for you to try. Registration required. Age: 18Y and up Fee: \$15 📄

MUSHROOM GROWING: AN INTRODUCTION

SUN. JUL 21, 2:00-3:00 PM B271

WEGERZYN GARDENS METROPARK, Skeeter's Shelter, 1301 E. Siebenthaler Ave.

Join us as David Sparks, owner of Guided by Mushrooms, talks about varieties of mushrooms, the process of growing them commercially and how he helps supply local restaurants with these delicious treats. Prepare to be amazed! We will have a hands-on mushroom growing class this fall. Registration required. Age: 18Y and up Fee: \$5 📄

BUILD A BACKYARD COOK STATION

SAT. AUG 17, 10:00 AM-12:30 PM B159

POSSUM CREEK METROPARK, Possum Creek Education Building, 4790 Frytown Rd.

Backyard kitchens are all the rage, but can be a very expensive investment. Come out to the farm and learn how you can do this on a dime by using repurposed materials. You will help MetroParks staff build a functional, outdoor cook station for the park using cinder blocks and take home instructions. Participants should pack a lunch. Registration required. Age: 18Y and up Fee: \$10 📄 ⚙️

INTRODUCTION TO HERBAL TEA MAKING

WED. AUG 28, 6:30-9:00 PM B161

POSSUM CREEK METROPARK, 4790 Frytown Rd.

Local Herbalist Janet Lawson will be talking with us about the proper way to make fresh and dried herb teas, decoctions, nourishing teas, tea blends

for specific conditions and novel ways teas can be used (compresses, bathing, eye washes, etc.) Participants will enjoy making several different blends during this "tea party" and take home recipes. Registration required. Age: 18Y and up Fee: \$20 📄

THE ROOTS OF ROOT CELLARING

THU. SEP 12, 6:00-7:30 PM B162

POSSUM CREEK METROPARK, Possum Creek Education Building, 4790 Frytown Rd.

Do you have squash coming out of your ears and nowhere to store it? Building a backyard root cellar may be an option. Come out for an evening of learning as we explore the history of food storage and talk about modern, sustainable root-cellar methods. Participants will help farm staff build a simple root-cellar and take home instructions. Registration required. Age: 18Y and up Fee: \$5 📄

EXTENDING THE HARVEST

SAT. SEP 28, 10:00 AM-12:30 PM B163

POSSUM CREEK METROPARK, Possum Creek Education Building, 4790 Frytown Rd.

Let-uce teach you about keeping those cool weather crops producing past the frost date. Come to the farm to learn about cold-hearty plants, low tunnels and cold frames. Program participants will help Possum Creek farm staff build an easy, affordable low tunnel in the garden. Feel free to pack a picnic lunch. Registration required. Age: 18Y and up Fee: \$10 📄

GARDENING

GROWING WITH NATURE

Gardens many times try to control nature instead of working with it. These classes will show you how to get the best results with the least disruption of nature.

PLANTING ALLIANCES

SAT. JUN 1, 10:00-11:30 AM B223

COX ARBORETUM METROPARK, Mead Westvaco Theatre, 6733 Springboro Pk.

Grouping certain plants together provides and animal deterrents, pollinator attraction

significant benefits structural support, insect and habitat, soil enhancement, natural mulch. By letting plants do what they are designed to do and selecting the best companions, our gardens become healthier, more beautiful places with minimal work. Registration required. Age: 18Y and up Fee: \$10 🗓️

SMALL SPACES, BIG BENEFITS

SAT. JUN 15, 10:00-11:30 AM B228

WEGERZYN GARDENS METROPARK, Skeeter's Shelter, 1301 E. Siebenthaler Ave.

No room for a large garden, moving to a condo, living in an apartment? This class will show how to grow vegetables, flowers, trees and shrubs in small spaces and still attract pollinators, enjoy great produce, protect the environment, and enjoy your own natural spot. We'll supply diagrams, plant lists, container suggestions as well as maintenance tips. Registration required. Age: 18Y and up Fee: \$10 🗓️

DISAPPEARING FLYING INSECTS

SAT. JUL 6, 12:00-1:30 PM B237

COX ARBORETUM METROPARK, Mead Westvaco Theatre, 6733 Springboro Pk.

Flying insects are on the decline and this could have a tremendous impact on your garden, the environment and our food supply. Dr. Hongmei Li-Byarlay of Central State University will address this topic and will answer questions. A valuable session for everyone. Registration required. All ages Fee: \$10 🗓️

NATIVE PLANT TOUR

SAT. SEP 14, 10:00 AM-1:00 PM B255

COX ARBORETUM METROPARK, Parking Lot, 6733 Springboro Pk.

Native plants are important to the environment, insects, pollinators and other animals. These plants also enrich soil and provide wonderful color displays. We'll visit three special native plant sites: Cox Arboretum, Huffman Prairie and the seed nursery at Germantown, with commentary from MetroParks experts. We'll use vans to go to the sites. Registration required. Age: 18Y and up Fee: \$15 🗓️ ⚙️

NEW
THIS
SUMMER

GARDEN CHECK-UP

These programs provide an easy way to keep track of everything you should expect in your garden during peak growing months. Head to the Possum Creek Demo Garden, where MetroParks' garden experts will teach you what you should expect to see in your garden on a month-by-month basis. Bring your garden questions, learn from our experts and watch the garden change.

GARDEN CHECK-UP: JUNE

TUE. JUN 4, 5:30-6:30 PM B285

POSSUM CREEK METROPARK, Possum Creek Education Building, 4790 Frytown Rd.

MetroParks community garden coordinator will teach you what to plant, pull, harvest and stagger. Learn what pests come out in June and how to naturally keep them at bay. Bring your garden questions. Registration required. Age: 18Y and up Fee: \$5 🗓️ ⚙️

GARDEN CHECK-UP: JULY

MON. JUL 15, 5:30-6:30 PM B287

POSSUM CREEK METROPARK, Possum Creek Education Building, 4790 Frytown Rd.

Gardens are in full swing now, but so are insects and some plant diseases. We'll talk about plant-staking, trimming, disbudding, plot maintenance, weeding, critter fencing and watering, as well as how to recognize insect, disease or pest damage. Come with your gardening questions and go home with answers from a MetroParks gardening expert. Registration required. Age: 18Y and up Fee: \$5 🗓️ ⚙️

GARDEN CHECK-UP: AUGUST

THU. AUG 1, 5:30-6:30 PM B370

POSSUM CREEK METROPARK, Possum Creek Education Building, 4790 Frytown Rd.

Summer is winding down, but your garden doesn't have to fizzle in the heat. Join MetroParks horticulturist Kelly Wood and learn simple techniques to extend your growing season and maintain edible production until frost. Registration required. All ages Fee: \$5 🗓️ ⚙️

GARDEN CHECK-UP: SEPTEMBER

WED. SEP 11, 5:30-6:30 PM B288

POSSUM CREEK METROPARK, Possum Creek Education Building, 4790 Frytown Rd.

Gardens are winding down now, but there's still time for fall planting. We'll go over which plants to remove, which to prune, and which to plant and how to maintain what you've got now so it looks good for another month. Registration required. Age: 18Y and up Fee: \$5 🗓️ ⚙️

BUS TRIP: GRANGE INSURANCE AUDUBON CENTER, OAKLAND NURSERY & MORE

THU. JUN 6, 7:45 AM-6:00 PM B234

WEGERZYN GARDENS METROPARK, North Parking Lot Event Staging Area,

Join us on a tour to Columbus. We'll visit the Columbus MetroParks gardens along the shores of the Scioto River, a transformed urban brown-field site. After lunch at Columbus' North Market, we'll visit the American Whistle Factory. Our last

stop will be a tour of the Oakland Nursery. This is a Wegerzyn Gardens Foundation fundraiser See contact info to register. Contact (937) 233-3481 or contact@wegerzyngardensfoundation.org for details. <http://wegerzyngardensfoundation.org/bustrips.html>. Age: 18Y and up Fee: Foundation non-members: \$67, Wegerzyn Foundation Members: \$62

LEARNING FROM THE LANDSCAPE: COX ARBORETUM METROPARK

Volunteers lead one-hour programs using the grounds of the park as examples for plant election and maintenance techniques. Meet in the parking lot.

(FREE) USEFUL WEEDS

TUE. JUN 11, 6:00-7:00 PM B227

COX ARBORETUM METROPARK, Parking Lot, 6733 Springboro Pk.

Weeds are usually everywhere, and today we'll talk about uses for common varieties, from salads, soups and dessert garnishes to relieving the pain of bee stings to composting. Registration requested, walk-ins welcome. All ages 🗓️ ⚙️

(FREE) MID SEASON VEGETABLE GARDEN

TUE. JUL 9, 6:00-7:00 PM B240

COX ARBORETUM METROPARK, Parking Lot, 6733 Springboro Pk.

Veggie gardens in mid-July are beautiful, productive and are great examples of companion and rotation planting. We'll cover plants reaching their peak and second season planting. We'll also discuss in ground and container gardens as well as planning and maintenance strategies. Registration required. Age: 18Y and up 🗓️ ⚙️

(FREE) LATE SUMMER COLOR: PERENNIALS, SHRUBS AND TREES

TUE. AUG 13, 6:00-7:00 PM B250

COX ARBORETUM METROPARK, Parking Lot, 6733 Springboro Pk.

While many plants are finished for the season, others provide a great display for the end of summer. We'll discuss flower, foliage, and bark changes and how you can play these up in your own garden. Registration required. Age: 18Y and up 🗓️ ⚙️

TOUR WEGERZYN WITH THE HORTICULTURIST

SAT. JUN 22, 10:00-11:30 AM B229

WEGERZYN GARDENS METROPARK, Program Parking Area, 1301 E. Siebenthaler Ave.

MetroParks horticulturist Janice Mittelkamp will

be your guide to the gardens, in planted and natural spaces, and to the beauty of this wonderful park beside the river. Learn about the plants and why they're in specific locations. This is your chance to have a MetroParks' expert answer your gardening questions. Registration required. All ages Fee: \$10 🗓️

VOLUNTEER: GARDENER'S LEARN AND TRY-IT SERIES

Each session will feature a learning topic to enhance your knowledge and skills, followed by a volunteer project to practice what you've learned.

(FREE) VOLUNTEER: BOXWOOD ID AND BASIC CARE

MON. JUN 24, 9:00-11:30 AM B386

AULLWOOD GARDEN METROPARK, Aullwood Gardens, 955 Aullwood Rd.

Get your boxwoods looking their best! Learn about Boxwood ID and basic care, along with tips and tricks on how to keep your plants healthy and thriving. Registration required.

Age: 18Y and up 🗓️ ⚙️

(FREE) VOLUNTEER: PRUNING DECIDUOUS SHRUBS

TUE. JUL 16, 9:00-11:30 AM B384

RIVERSCAPE METROPARK, RiverScape Pavilion, 237 E. Monument Ave.

Learn proper pruning techniques to maintain the health and beauty of deciduous shrubs. Practice what you've learned by helping the horticulture staff in pruning spiraea, clethra and other popular shrubs at RiverScape.

Registration required. Age: 18Y and up 🗓️ ⚙️

(FREE) VOLUNTEER: BOXWOOD PRUNING

THU. JUL 18, 9:00-11:30 AM B389

COX ARBORETUM METROPARK, Resource Center, 6733 Springboro Pk.

Learn proper pruning techniques to maintain the health and beauty of your boxwood shrubs. Practice what you have learned by helping horticulture staff prune boxwoods at Cox Arboretum. Registration required.

Age: 18Y and up 🗓️ ⚙️

(FREE) VOLUNTEER: TO CUT OR NOT TO CUT? DEADHEADING GARDEN PERENNIALS

TUE. AUG 20, 9:00-11:30 AM B387

WEGERZYN GARDENS METROPARK, Picnic Area, 1301 E. Siebenthaler Avenue

This class will help even the most experienced gardeners determine if healthy plants should be cut back to the ground or just deadheaded to promote additional blooming. Join us in

learning deadheading techniques and assisting staff in the gardens. Registration required.

Age: 18Y and up 🗓️ ⚙️

(FREE) VOLUNTEER: PRUNING EVERGREEN SHRUBS

TUE. SEP 17, 9:00-11:30 AM B385

RIVERSCAPE METROPARK, RiverScape Pavilion, 237 E. Monument Ave.

Learn proper pruning techniques to maintain the health and beauty of your evergreen shrubs. Practice what you've learned by helping us prune boxwood, taxus and other popular shrubs. Registration required.

Age: 18Y and up 🗓️ ⚙️

(FREE) VOLUNTEER: INVASIVE SPECIES ID AND HABITAT RESTORATION

THU. SEP 19, 9:00-11:30 AM B388

COX ARBORETUM METROPARK, Resource Center, 6733 Springboro Pk.

The ornamental grass Miscanthus threatens Ohio's eco-systems. Learn how to identify this invasive plant, best practices for removal and treatment, and get suggestions for native plant replacement options. Assist staff in a workday applying what you have learned on the grounds at Cox Arboretum. Registration required. Age: 18Y and up 🗓️ ⚙️

TOUR COX WITH THE HORTICULTURIST

SAT. JUL 20, 10:00-11:30 AM B241

COX ARBORETUM METROPARK, Parking Lot, 6733 Springboro Pk.

Join us as Horticulturist Kelly Wood leads a walk around Cox Arboretum, explaining plant selection, site development, and sharing the beauty of the park. Come, enjoy, ask questions, and plan your next visit. A great opportunity to learn about a beautiful park. Don't forget your camera! We'll meet in the parking lot. Registration required. Age: 18Y and up Fee: \$10 🗓️ ⚙️

TOUR AULLWOOD WITH THE HORTICULTURIST

SAT. AUG 10, 2:00-3:00 PM B249

AULLWOOD GARDEN METROPARK, Aullwood Gardens, 955 Aullwood Rd.

Today we tour the beautiful woodland gardens of Marie Aull. Kim Ballweg will be our guide, discussing the history of the plants, gardens, woods and prairie, and how they were planted and developed by Marie and now cared for by MetroParks. Bring your friends, family and camera for this beautiful time. We'll meet in the parking lot. Registration required. Age: 18Y and up Fee: \$10 🗓️ ⚙️

SEED SAVING BASICS

THU. SEP 26, 6:00-8:00 PM B371

COX ARBORETUM METROPARK, Wallace Library, 6733 Springboro Pk.

Come to Cox Arboretum and see what Five Rivers MetroParks staff and volunteers are doing to collect and save seeds to ensure healthy biodiversity within our parks and community. Discover edibles, wildflowers, shrubs and trees that can easily be propagated. Learn how you can help and why it is important. Registration required. All ages Fee: \$10 🗓️

HERITAGE & HISTORY

HERITAGE CRAFTS

Our heritage craft series helps keep historical crafts alive through hands-on opportunities.

QUILTING

THU. JUN 13, 6:00-8:00 PM B202

CARRIAGE HILL METROPARK, Visitor Center, 7800 E. Shull Rd

Quilting is a great way to reuse and repurpose old fabrics to create something wonderful. Join us as we talk about the basics of quilting and let you try your hand at a simple project. Registration required.

Age: 18Y and up Fee: \$15 🗓️

SPINNING

THU. JUL 11, 6:00-8:00 PM B205

CARRIAGE HILL METROPARK, Visitor Center, 7800 E. Shull Rd

Spinning is the traditional art of converting raw wool into fiber. In turn, fiber can be used to produce many hand knit items. Participants will learn the basics of spinning and will get to try their hand at it. Registration required.

Age: 18Y and up Fee: \$15 🗓️

TATTING

THU. AUG 8, 6:00-8:00 PM B211

CARRIAGE HILL METROPARK, Visitor Center, 7800 E. Shull Rd

Tatting is a technique for handcrafting a particularly durable lace from a series of knots and loops. Participants will learn the basics of this art and get to try it themselves. Registration required. Age: 18Y and up Fee: \$15 🗓️

BUS TRIP: ARMSTRONG AIR & SPACE MUSEUM, TEMPLE OF TOLERANCE ART GARDEN, BICYCLE MUSEUM

TUE. SEP 10, 8:15 AM-6:00 PM B236

WEGERZYN GARDENS METROPARK, North Parking Lot Event Staging Area,

Join us on a tour of the Armstrong Air & Space Museum with lunch at a 1950s-themed restaurant.

Next, we'll tour the Temple of Tolerance, an art garden in Jim Bowsher's Wapakoneta back yard. Our last stop will be at the Bicycle Museum of America, which houses antique bicycles from the 19th century. A Wegerzyn Gardens Foundation fundraiser. See contact info to register. Contact (937) 233-3481 or contact@wegerzyngardensfoundation.org for details. <http://wegerzyngardensfoundation.org/bus-trips.html>. Age: 18Y and up Fee: Foundation non-members: \$77, Wegerzyn Foundation Members: \$72

SUSTAINABLE HOME

(FREE) COMPOST KITCHEN

THU. AUG 15, 6:00-8:00 PM B261

THU. AUG 22, 6:00-8:00 PM

THU. AUG 29, 6:00-8:00 PM

POSSUM CREEK METROPARK, Possum Creek Education Building, 4790 Frytown Rd.

This three-part program covers everything you need to know to compost effectively and is offered free of charge thanks to a partnership with Montgomery County Environmental Services. Talks and activities explore soil ecology, chemical-free gardening and household waste management. Participants completing all three programs receive a free composter. Registration required. Age: 16Y and up

**HELP SHAPE THE FUTURE OF YOUR 18
CLEAN, SAFE METROPARKS!**

**SHARE YOUR
OPINION ABOUT THE
FUTURE OF
HILLS & DALES AND
HUFFMAN METROPARKS**



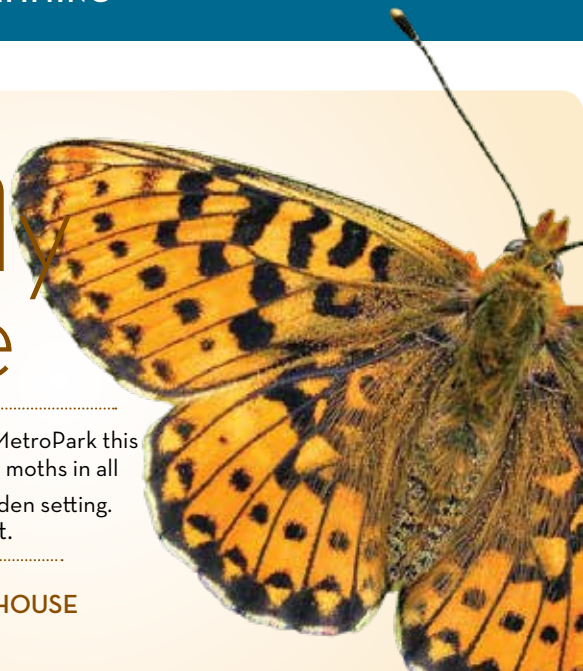
Plans have been developed to guide the future of Hills & Dales and Huffman MetroParks. Attend an open house in June or view plans online to give your feedback. See page 4 for details.

METROPARKS.ORG/PLAN

VISIT THE Butterfly House

Visit the Butterfly House at Cox Arboretum MetroPark this summer! Learn about native butterflies and moths in all stages of metamorphosis in a beautiful garden setting. Open early July to late August.

METROPARKS.ORG/BUTTERFLYHOUSE



GET OUT & EXPLORE YOUR METROPARKS

For more than 50 years, Five Rivers MetroParks has protected the region's natural heritage and provided outdoor experiences that inspire a personal connection to nature.

FIVE RIVERS METROPARKS OVERVIEW



**3.6 MILLION
ANNUAL
VISITS**



**18 CLEAN,
SAFE PARKS**



**2ND STREET
MARKET**



**11 CONSERVATION
AREAS**



**160 MILES OF
MANAGED
TRAILS**
for hiking, mountain
biking and
horseback riding



**270 MILES
OF RIVER
CORRIDOR**
42 miles managed
by Five Rivers
MetroParks



**8+ OUTDOOR
RECREATION
FEATURES**
Including MoMBA
and the Twin
Valley Trail



**9+ EDUCATIONAL
FEATURES**
Including the Butterfly
House and Children's
Discovery Garden

16,112 ACRES OF PROTECTED LAND

90 percent of the land is maintained in its natural state, providing beautiful places where people can connect with nature.

METROPARKS.ORG/EXPLORE

ADULT NATURE EXPLORATION

Enjoy and learn about the splendor of the natural world.

PROGRAMS ARRANGED BY TOPIC



CONSERVATION & CITIZEN SCIENCE

(FREE) VOLUNTEER: BUTTERFLY HOUSE GUIDE

TUE. JUN 4, 10:00 AM-12:30 PM B302

SAT. JUN 8, 1:00-3:30 PM B301

COX ARBORETUM METROPARK, Mead Westvaco Theatre, 6733 Springboro Pk.

The Butterfly House captures some of the most compelling stories in nature, critical to human survival. Learn what it takes to be a guide and hear the stories from Butterfly House veteran volunteers while studying identification techniques, behavior, and ecology. Volunteer opportunities available pending screening process. Registration required. Age: 16Y and up 🗝️

(FREE) STILLWATER RIVER MONITORING FOR ODNR SCENIC RIVERS PROGRAM

WED. JUL 24, 6:00-8:00 PM B145

WEGERZYN GARDENS METROPARK, Program Parking Area, 1301 E. Siebenthaler Ave.

Participate in a river water quality assessment training conducted by an Ohio Department of Natural Resources trainer. Learn about the creatures living in our rivers and what they can tell us as important bio-indicators. Wear wading shoes and dress to get wet. Meet at the south end of the parking lot. Registration requested, walk-ins welcome. Contact doug.horvath@metroparks.org for details. <http://watercraft.ohiodnr.gov/sqm>. Age: 18Y and up 🗝️ ⚙️

(FREE) VOLUNTEER: PRAIRIE SEED COLLECTION

THU. AUG 1, 9:00 AM-12:00 PM B297

THU. AUG 8, 9:00 AM-12:00 PM B401

HUFFMAN METROPARK, Lake Field Area,

SAT. AUG 17, 9:00 AM-12:00 PM B299

POSSUM CREEK METROPARK, Fishing Ponds Parking Lot, 4790 Frytown Rd.

THU. AUG 29, 9:00 AM-12:00 PM B298

WED. SEP 11, 9:00 AM-12:00 PM B403

GERMANTOWN METROPARK, Ohio Seed Nursery, 7745 Conservancy Rd.

WED. SEP 25, 9:00 AM-12:00 PM B402

HUFFMAN METROPARK, Lake Field Area,

By planting prairies, we provide homes and food sources for a variety of wildlife. Explore these connections while helping Five Rivers MetroParks restore this unique habitat. Registration required. Contact allison.zimmerman@metroparks.org for details. All ages ⚙️

ENTERTAINMENT

SUMMER DATES IN THE PARK

Explore, taste, and immerse yourself in the unique personality of our parks! We will be serving up a one-of-a-kind experience for you and your guest, including curated mocktails that are inspired by the park, light refreshments, and unique experiences that will turn into cherished memories.

NEW
THIS
SUMMER

SUMMER GARDEN GAZING

THU. JUN 20, 7:00-9:00 PM B230

WEGERZYN GARDENS METROPARK, 1301 E. Siebenthaler Ave.

Come in twos for fun in the park! Together you'll enjoy hors d'oeuvres and delicious fruit-based mocktails, create your own gazing ball, and be part of a fun photo adventure. Your evening stroll through our gorgeous gardens will be accompanied by music from our guitarist. Registration required. Age: 18Y and up Fee: per couple: \$50 🗝️ ⚙️

A NIGHT IN THE ROARING '20S

THU. JUL 18, 7:00-9:00 PM B267

AULLWOOD GARDEN METROPARK, 955 Aullwood Rd.

Enjoy summer fun and games from the 1920s! Your night will be filled with great refreshments, vintage games and crafts, croquet on the lawn, and even dance instruction and a contest. Dress in costume if you'd like. We'll greet you in the parking lot. Registration required. Age: 18Y and up Fee: per couple: \$50 🗝️ ⚙️

POSSUM CREEK FARM BRUNCH AND PADDLE

SUN. AUG 18, 11:00 AM-1:30 PM B260

POSSUM CREEK METROPARK, Edible Farm, 4790 Frytown Rd.

Immerse yourself and your "plus one" in a unique MetroParks experience! Enjoy a beautiful day with your spouse, partner or friend at Possum Creek MetroPark, where you'll share curated mocktails, indulge in a healthy brunch, walk around our gardens, and enjoy tandem kayaking around Argonne Lake. Have an adventure with us! Registration required. Age: 18Y and up Fee: per couple: \$50 🗝️ ⚙️

A TASTE OF THE PAST

THU. SEP 12, 5:30-7:00 PM B382

CARRIAGE HILL METROPARK, Carriage Hill Historical Farm, 7850 E. Shull Rd.

Join us as we enjoy the hospitality of Carriage Hill Farm. Relax in our historical setting while you sample a flight of homemade ginger beers. Partake of freshly baked items from our bake oven and gourmet popcorn as you mingle with other guests. Entertainment will be the finishing touch to a relaxing evening. Registration required. Age: 18Y and up Fee: per couple: \$50 🗝️

FLORA & FAUNA

INSECT ID AND BEHAVIOR

SAT. JUL 13, 9:00-11:30 AM B311

COX ARBORETUM METROPARK, Mead Westvaco Theatre, 6733 Springboro Pk.

Learn how to identify insects through an interactive session on biology, exploring collections, live specimens, and a field study. We'll also explore basic spider ID, as well as discuss myths and folklore. Registration required. Age: 14Y and up Fee: \$5

NATURE APPRECIATION

(FREE) VOLUNTEER: VISITOR SERVICES VOLUNTEERS NEEDED

THU. JUL 18, 6:00-7:00 PM B383
FIVE RIVERS METROPARKS MAIN OFFICE, 409 E. Monument Ave., 3rd Floor

Share your love for the parks! Visitor Services Volunteers will provide excellent customer service by welcoming and greeting visitors and answering basic questions about MetroParks. Volunteer shifts are available at Carriage Hill or Cox Arboretum, weekends and weekdays. Attending this informational meeting does not require you to volunteer. Registration required. Contact jeleonard@metroparks.org for details. Age: 18Y and up 📅 ⚙️

RELAXING IN THE PARK

Being in nature, enjoying the moment, and learning to see things as they are and appreciating them is a wonderful practice. Join us for visits to different parts of the parks as we spend the summer relaxing.



THE WOODS

SUN. JUN 2, 2:00-3:30 PM B225

AULLWOOD GARDEN METROPARK, 955 Aullwood Rd.

Today we'll visit the woods and experience the color, texture and wonderful size of trees. Learn about the concept of forest bathing and how being in the woods can make our lives better and more stress-free. We'll meet in the parking lot. Registration required. Age: 18Y and up Fee: \$5 📅 ⚙️

VISITING GARDEN ROOMS

SUN. JUL 7, 2:00-3:30 PM B239

WEGERZYN GARDENS METROPARK, Formal Gardens, 1301 E. Siebenthaler Ave.

Summer means flower and vegetable gardens in full production and beauty. Tour the garden rooms at Wegerzyn, looking for the dynamics that create excitement or serenity. Experience how plant placement, color or texture choices influence our mood. Registration required. Age: 18Y and up Fee: \$5 📅 ⚙️

LISTENING TO PRAIRIE SOUNDS

SUN. AUG 4, 2:00-3:30 PM B243

AULLWOOD GARDEN METROPARK, Aullwood Gardens, 955 Aullwood Rd.

Prairie flowers and grasses are at their peak, alive with color and creatures while they enrich the soil. Join us as we enjoy the visual impact of these grasslands and listen to the sounds of insects and birds. Prairies have

always been special places in our environment. We'll meet in the parking lot. Registration required. Age: 18Y and up Fee: \$5 📅 ⚙️

WATCHING THE RIVER

SUN. SEP 8, 2:00-3:30 PM B253

WEGERZYN GARDENS METROPARK, Program Parking Area, 1301 E. Siebenthaler Ave.

Meander along the beautiful Stillwater River as we unveil its history and significance as an Ohio Designated Scenic River. Experience the river's sounds and watch the colors and sparkles of the water in sun and shade. We'll discuss the concept of Blue Mind and how humans interact with and are connected to water. Registration required. Age: 18Y and up Fee: \$5 📅 ⚙️

ADULT NATURE WALKS

Enjoy a leisurely hike through natural areas as we explore Montgomery County's ecology and gain a deeper perspective for how nature works. We also will discuss humans' role in nature and how we can minimize our impacts and get involved with conservation efforts. It's our nature!

(FREE) ADULT NATURE WALK

TUE. JUN 4, 9:00-11:00 AM B390

TAYLORSVILLE METROPARK, Shelter: CCC/East Park Parking Lot, 2101 U.S. 40

TUE. JUL 9, 9:00-11:00 AM B391

ENGLEWOOD METROPARK, Program Parking at Patty Shelter Parking Lot, 4361 National Rd.

TUE. AUG 20, 9:00-11:00 AM B392

CARRIAGE HILL METROPARK, Shelter: Cedar Lake/Parking Lot, 7891 E. Shull Rd.

TUE. SEP 24, 9:00-11:00 AM B393

EASTWOOD METROPARK, Third Parking Lot, 1385 Harshman Rd.

Registration requested, walk-ins welcome.

Age: 18Y and up 📅 ⚙️

(FREE) DISCOVERY STROLL

WED. JUN 5, 10:00-11:30 AM B17

WED. JUL 3, 10:00-11:30 AM B18

WED. AUG 7, 10:00-11:30 AM B19

WED. SEP 4, 10:00-11:30 AM B20

HILLS & DALES METROPARK, Paw Paw Program Parking, 2471 Deep Hollow Rd.

Registration requested, walk-ins welcome.

Age: 18Y and up 📅 ⚙️

PHOTOGRAPHY & ART

SMILE FOR THE CAMERA!

SAT. JUN 15, 10:00-11:30 AM B224

WEGERZYN GARDENS METROPARK, Auditorium, 1301 E. Siebenthaler Ave.

Improve your outdoor portraiture by learning the importance of background and foreground elements, stance and pose, and sunlight and shadow. Following a presentation indoors,

participants will then go outside (weather permitting) to take pictures of a model in the garden. Registration required. Age: 18Y and up Fee: \$20 📅 ⚙️

LITTLE PHOTOGRAPHY CLASS ON THE PRAIRIE

SAT. JUL 13, 10:00-11:30 AM B238

AULLWOOD GARDEN METROPARK, 55 Aullwood Rd.

Walk quietly through the tall grass on a summer morning and you're likely to see flowers, birds and insects just perfect for photographs.

Bring your camera and your questions for photographer Adam Alonzo during this casual exploration of Aullwood's prairie, nature trails, woods and creek. We'll meet in the parking lot. Registration required. Age: 18Y and up Fee: \$10 📅 ⚙️

MORNING ON THE FARM

SAT. AUG 3, 10:00-11:30 AM B242

POSSUM CREEK METROPARK, Shelter: Farm Shelter/Parking Lot, 4790 Frytown Road

Enjoy a visit to a farm with photographer Adam Alonzo and capture photos of animals in the barnyard and birds around the pond. Get helpful photography tips and answers as you explore the grassy fields which should be full of beautiful blooms, bugs and birds! Registration required.

Age: 18Y and up Fee: \$10 📅 ⚙️

ALONG THE GREAT MIAMI RIVER

SAT. SEP 21, 10:00-11:30 AM B262

RIVERSCAPE METROPARK, Festival Plaza, 111 E. Monument Ave.

Bring your camera downtown for an outdoor activity class, taking photos of summer flowers and waterfowl, spraying fountains and the river run. Be prepared to walk a lot and possibly get wet. Meet under the large white pavilion near the concession stand. Registration required. Age: 18Y and up Fee: \$10 📅 ⚙️

SIGN UP FOR THE NEW METROPARKS' MONTHLY DIGITAL NEWSLETTER

Check your inbox to learn how you can Get Out & Explore your MetroParks. MetroParks' monthly email is filled with highlights. Emails for gardening, outdoor recreation, volunteerism and other special interests also are popular. All are designed to help you make the most of your Five Rivers MetroParks!



METROPARKS.ORG/NEWSLETTERS

FAMILY

Spend quality time outdoors with everyone in your family.

PROGRAMS ARRANGED BY DATE



(FREE) SUMMER AFTER 6

WED. JUN 5, 6:00-6:30 PM

B290

WED. JUN 12, 6:00-6:30 PM B324

WED. JUN 19, 6:00-6:30 PM B325

WED. JUN 26, 6:00-6:30 PM B327

WED. JUL 3, 6:00-6:30 PM B328

WED. JUL 10, 6:00-6:30 PM B329

WED. JUL 17, 6:00-6:30 PM B333

WED. JUL 24, 6:00-6:30 PM B334

WED. JUL 31, 6:00-6:30 PM B335

WEGERZYN GARDENS METROPARK, Children's Discovery Garden, 1301 E. Siebenthaler Ave.

Play is critical to the healthy growth and development of children, so come out and play with us in the Children's Discovery Garden. Each week we will have a new game or activity to get kids outside and moving, followed by free time for you to explore the other ways to have fun in the garden! Registration requested, walk-ins welcome.

All ages 🦋 ⚙️

NEW
THIS
SUMMER

NATURE KNOWLEDGE

FRI. JUN 7, 10:30-11:30 AM

B219

FRI. JUN 14, 10:30-11:30 AM B220

FRI. JUN 21, 10:30-11:30 AM B221

FRI. JUN 28, 10:30-11:30 AM B222

FRI. JUL 5, 10:30-11:30 AM B245

FRI. JUL 12, 10:30-11:30 AM B246

FRI. JUL 19, 10:30-11:30 AM B247

FRI. JUL 26, 10:30-11:30 AM B248

WEGERZYN GARDENS METROPARK, Children's Discovery Garden, 1301 E. Siebenthaler Ave.

Kids and parents have questions about nature: Why is soil brown? Why do birds sing? Why is summer hot? Each week we'll address a new question and invite you and your kids to join us as we explore the answer through science, demonstrations, games, and crafts. Registration required. Age: 3Y-10Y Fee: Per Family: \$7 & R

NEW
THIS
SUMMER

CONSERVATION KIDS

This series nurtures kids' desire to explore nature and empowers them to speak out for the planet they will soon inherit. Watch as your child grows closer to nature, develops leadership skills and works with peers to protect Montgomery

County's ecology. By completing programs in each of the three levels of this series, your child also will receive a special MetroParks Conservation Kids hat and become eligible to volunteer and help lead future programs. Visit metroparks.org/kids.

(FREE) NIGHTTIME INSECT EXPLORATION

FRI. JUN 7, 8:30-9:30 PM B305

SUGARCREEK METROPARK, Trailhead Program Parking, 4178 Conference Rd.

Some of the most amazing insects venture out at night! Join an expedition in search of these tiny beasts, and learn about their nocturnal life histories. Flashlights welcome. Registration requested, walk-ins welcome.

Age: 3Y-13Y 🦋 ⚙️ ▲

(FREE) WOODLAND NESTING BIRDS

SAT. JUN 8, 10:00-11:30 AM B304

GERMANTOWN METROPARK, Twin Valley Welcome Center, 6910 Boomershine Rd.

With only a beak and feet, birds create incredibly intricate nurseries. Explore and learn as we search for breeding birds, and marvel in their nesting architecture. Registration requested, walk-ins welcome.

Age: 3Y-13Y 🦋 ⚙️ ▲

(FREE) TOGETHER WITH FIREFLIES

SAT. JUN 8, 8:00-9:30 PM B303

COX ARBORETUM METROPARK, Mead Westvaco Theatre, 6733 Springboro Pk.

It's backyard sleepover time, and nature is welcoming it with fireflies! From crafts to games and outdoor discovery, learn how to put together the best sleepover in your backyard. Registration required. Age: 3Y-13Y

🦋 ⚙️ ▲

(FREE) AMPHIBIAN SURVEY

FRI. JUN 21, 8:30-9:30 PM B306

COX ARBORETUM METROPARK, Mead Westvaco Theatre, 6733 Springboro Pk.

Just as kids need their medical check-ups, nature does too! Frogs can be used as

indicators to determine wetland health. Be a part of nature's check-up and learn how to survey frogs. Registration required.

Age: 3Y-13Y 🦋 ⚙️ ▲

(FREE) BABY OWL SEARCH

FRI. JUL 12, 8:30-9:30 PM B307

ENGLEWOOD METROPARK, Shelter: Patty/East Park, 4361 National Rd.

Nearly invisible yet majestic, owls are quite common. Join us in search for owls while exploring our inherent connections with our forests. Registration requested, walk-ins welcome. Age: 3Y-13Y ⚙️ ▲

(FREE) WATERWAY CHECK-UP

SAT. JUL 13, 1:00-2:30 PM B308

WEGERZYN GARDENS METROPARK, Program Parking Area, 1301 E. Siebenthaler Ave.

Be a scientist for the afternoon, put on the creek shoes, and explore creek life! We'll test for pollutants, oxygen levels, and assess the health of the stream through exploring macroinvertebrates. Wear clothes that can get wet and muddy. Must wear close-toed shoes. Registration required. Age: 3Y-13Y ⚙️ ▲

(FREE) NATURE SPORTS

SAT. JUL 13, 4:00-6:00 PM B309

COX ARBORETUM METROPARK, Mead Westvaco Theatre, 6733 Springboro Pk.

From hide & seek to building forts, nature is the perfect playing field for summer! Your family will learn new nature-based games and how to put on a party at your house, focused on fun in nature. Participants will get a games facilitator package to take home. Registration required. Age: 3Y-13Y 🦋 ⚙️ ▲

(FREE) NOCTURNAL EXCURSION

SAT. JUL 13, 9:00-10:00 PM B310

TAYLORSVILLE METROPARK, Shelter: CCC/East Park Parking Lot, 2101 U.S. 40

Treat the kids to a late night and explore creatures that lurk in darkness. We will hike through a variety of habitats in search of coyotes, raccoons, owls, and other animals. Registration requested, walk-ins welcome.

Age: 3Y-13Y ⚙️ ▲

(FREE) EVENING PRAIRIE SEED COLLECTING

FRI. AUG 16, 7:00-8:00 PM B315
SUGARCREEK METROPARK, Trailhead Program Parking, 4178 Conference Rd.
MetroParks needs seeds to care for existing prairies and to help establish new habitat for pollinators. Join us on a seed-collecting extravaganza to help ensure the future of our region's biodiversity! Registration required.
Age: 3Y-13Y 🌀 ⚙️ ▲

(FREE) CREEK EXPLORATION

SAT. AUG 17, 10:00-11:30 AM B312
SUGARCREEK METROPARK, Trailhead Program Parking, 4178 Conference Rd.
Treat your family to a cool, refreshing creek and find creatures like crawdads, salamanders, and rainbow darters! Kids and parents should wear clothes that can get wet. Close-toed shoes required, no sandals please. Registration requested, walk-ins welcome. Age: 3Y-13Y 🌀 ⚙️ ▲

(FREE) CREEK GUIDE TRAINING

SAT. AUG 17, 1:00-3:00 PM B313
COX ARBORETUM METROPARK, Mead Westvaco Theatre, 6733 Springboro Pk.
Become a Creek Guide and lead your friends on an adventure of their lifetime! You'll learn how to select a safe site, identify creek creatures, and techniques you can use to help your friends embrace this habitat. Each participant will get a creek exploration kit to take home. Registration required. Age: 3Y-13Y 🌀 ⚙️ ▲

(FREE) WETLAND ROMP

SAT. AUG 17, 6:00-7:30 PM B314
CARRIAGE HILL METROPARK, Shelter: Redwing/ Parking Lot, 7821 E. Shull Rd.
Get your provided net into the muck and explore baby dragonflies, water scorpions, backswimmers, tadpoles, and many other creatures that call the ponds home. Wear clothes that can get wet and dirty. Registration requested, walk-ins welcome. Age: 3Y-13Y 🌀 ⚙️ ▲

(FREE) FOSSIL FUN

SAT. SEP 14, 10:00-11:30 AM B317
GERMANTOWN METROPARK, Twin Valley Welcome Center, 6910 Boomershire Rd.
Explore Ohio's incredible fossils and geologic history, make a fossil, and take a short hike to view rock formations. Registration requested, walk-ins welcome. Age: 3Y-13Y 🌀 ⚙️ ▲

(FREE) BACKYARD NATURALIST TRAINING

SAT. SEP 14, 1:00-3:00 PM B316
COX ARBORETUM METROPARK,
Mead Westvaco Theatre, 6733 Springboro Pk.

Learn what it takes to be a naturalist! Your child will practice discovery skills and learn how to excite other kids about nature. Participants will receive a guide kit that they will use to lead their own nature hike for their friends. Registration required. Age: 3Y-13Y 🌀 ⚙️ ▲

(FREE) MONARCH TAGGING

SAT. SEP 21, 1:00-3:00 PM B318
COX ARBORETUM METROPARK,
Mead Westvaco Theatre, 6733 Springboro Pk.
Monarchs are beginning their migration to Mexico: Help capture, tag, & record data to help with butterfly conservation efforts. Registration required. Age: 3Y-13Y 🌀 ⚙️ ▲

(FREE) OWL PROWL

SAT. SEP 21, 8:00-9:30 PM B319
GERMANTOWN METROPARK, Twin Valley Welcome Center, 6910 Boomershire Rd.
Escape on a night walk in search of the Screech and Barred owls, while learning about their interactions with our forests. Registration requested, walk-ins welcome. Age: 3Y-13Y 🌀 ⚙️ ▲

UPCYCLING FOR THE GARDEN

SAT. JUN 8, 10:00-11:30 AM B191
POSSUM CREEK METROPARK, Possum Creek Education Building, 4790 Frytown Rd.
Make garden care easy and fun by taking items destined for the dump and up-cycling them. Turn plastic bottles, milk cartons and wood into useful tools for the garden, so chores are easy and fun, or make a piece of outdoor art to beautify your garden. Registration required. All ages: Fee per family: \$10 🌀

CULTURE KITCHEN

Many wonderful cultures make up the Dayton community and each month we'll learn about food from one of them. We'll sample a special dish, learn how and from what crops it's made, and learn about the country and its customs. Recipes will be available!

(FREE) CULTURE KITCHEN: FRANCE

THU. JUN 13, 6:00-7:30 PM B195
WEGERZYN GARDENS METROPARK, Skeeter's Shelter, 1301 E. Siebenthaler Ave.
This month we learn about the food and culture of France. Registration required. All ages 🌀

(FREE) CULTURE KITCHEN: POLAND

THU. JUL 11, 6:00-7:30 PM B144
WEGERZYN GARDENS METROPARK, Skeeter's Shelter, 1301 E. Siebenthaler Ave.
This month we learn about the food and culture of Poland. Registration required. All ages 🌀



CONSERVATION KIDS

TEACHING KIDS ABOUT THE WONDERS OF NATURE

Today's kids spend an average of six minutes outdoors each day – and an average of seven hours looking at screens. Conservation Kids is an effective way to counter that by encouraging outdoor play and helping youth become comfortable exploring nature. By participating in Conservation Kids programs, youth ages 3 to 13 discover and appreciate nature while developing leadership skills.

The programs build on knowledge and skills so youth understand their impact on nature – and what, exactly, they can do to protect it. Through fun activities – such as searching for wildlife, collecting seeds, exploring creeks and woods, and hunting for fossils – Conservation Kids builds a future generation to protect our environment.

How It Works:

1. Take two Discover level (green) programs. Discover what's out there in nature and become comfortable outdoors.
2. Take two Act level (blue) programs. Learn to protect and give back to nature by improving habitat and becoming citizen scientists.
3. Take one Share level (orange) program and complete one at-home activity with friends. Share knowledge with the community and become a conservation leader.

Look for color triangles (▲▲▲) in the program listings for Conservation Kids, which indicate the level of each program. Youth who complete programs in each of Conservation Kids' three levels will graduate and earn their naturalist's hat.

METROPARKS.ORG/KIDS

PROTECTORS OF NATURE

Congratulations to our most recent Conservation Kids!

Mary Keller
Allyson Courville



NEW
THIS
SUMMER**(FREE) CULTURE KITCHEN:
RWANDA****THU. AUG 8, 6:00-7:30 PM** B256

WEGERZYN GARDENS METROPARK, Skeeter's Shelter, 1301 E. Siebenthaler Ave.

This month we learn about the food and culture of Rwanda. Registration required.

All ages 🐾

**(FREE) CULTURE KITCHEN:
MEXICO****THU. SEP 5, 6:00-7:30 PM** B196

WEGERZYN GARDENS METROPARK, Skeeter's Shelter, 1301 E. Siebenthaler Ave.

This month we learn about the food and culture of Mexico. Registration required.

All ages 🐾

FAMILY FARMHANDS**SAT. JUN 15, 9:00-11:00 AM** B151**SAT. JUL 13, 9:00-11:00 AM** B152**SAT. AUG 3, 9:00-11:00 AM** B153**SAT. SEP 14, 9:00-11:00 AM** B154

POSSUM CREEK METROPARK, Possum Creek Education Building, 4790 Frytown Rd.

Become a farmhand for the morning and help feed and care for Possum Creek's rabbits, chickens, sheep, goats and donkey. Registration required. Age: 5Y-8Y Fee: per child: \$5 🐾

JAMMING BERRIES**SAT. JUN 22, 10:00 AM-12:00****PM** B150

POSSUM CREEK METROPARK, Possum Creek Education Building, 4790 Frytown Rd.

Smash, mash, bash and clean berries to prepare them for making jam. While our berries cook, you'll make berry boxes out of cardboard and raffia to take with you to pick berries at your favorite local farm. After our berries are done, you'll place them in jars to take home. Registration required. All ages Fee: per family: \$15 🐾

NEW
THIS
SUMMER**FATHER AND DAUGHTER
FISHING DAY****SAT. JUN 29, 9:00 AM-12:00 PM** B5

POSSUM CREEK METROPARK, Shelter: Farm Shelter/ Parking Lot, 4790 Frytown Road

Dads, bring your girls and spend some special time at the pond, catching fish and making memories. This is a Passport to Fishing program sponsored in part by the Recreational Boating and Fishing Foundation and the Ohio Department of Natural Resources. Instruction, gear and bait provided. Please bring a water bottle with you. Registration required. All ages Fee: \$5 🐾

THE EGG-CELLENT EGG**SAT. JUL 6, 10:00-11:30 AM**

B192

POSSUM CREEK METROPARK, Possum Creek Education Building, 4790 Frytown Rd.

Join us as we delve into the workings of an egg. We will visit the chicken coop where the hens lay their eggs and collect what we find. Afterwards we'll make egg salad to eat using eggs from the farm. Registration required. All ages Fee: per family: \$10 🐾

(FREE) PASSPORT TO FISHING**SAT. JUL 20, 9:00 AM-12:00 PM** B7**SAT. JUL 20, 1:00-4:00 PM** B8

POSSUM CREEK METROPARK, Shelter: Farm Shelter/ Parking Lot, 4790 Frytown Road

Passport to Fishing is sponsored in part by the Recreational Boating and Fishing Foundation and the Ohio Department of Natural Resources. Learn the basics of casting, knots and rigging, habitat and handling and experience a great way to get outdoors and enjoy being healthy and active. Equipment is provided. No fishing license required. Registration required. All ages 🐾

**NATURE CRAFTING ON
THE FARM****SAT. JUL 20, 10:00-11:30 AM** B193

POSSUM CREEK METROPARK, Possum Creek Education Building, 4790 Frytown Rd.

Make a beautiful work of art with items you will find on walk along the farm trail. Gather stones, leaves, twigs and other curious items to add to your great art piece. Come prepared to get down close to the woods floor and creek. Registration required. All ages Fee: per family: \$10 🐾

FRENCH FRIES AND KETCHUP**SAT. AUG 24, 11:00 AM-1:30 PM** B155

POSSUM CREEK METROPARK, 4790 Frytown Rd.

Attention all fry-guys and gals! Are you craving a tasty time? Come out to the farm to harvest fresh potatoes and tomatoes from the garden. Participants will prepare and enjoy tasty french fries and homemade ketchup from the bounty. Please feel free to bring other lunch items to accompany the fries. Registration required. All ages Fee: per family: \$10 🐾

**FLOWER CRAFTING ON
THE FARM****SAT. SEP 7, 10:00-11:30 AM** B194

POSSUM CREEK METROPARK, Possum Creek Education Building, 4790 Frytown Rd.

Ever heard of ever-lasting flowers? Here at the farm we have special flowers that can be dried and kept for a long time. You will pick flowers to make your own arrangement to take home and enjoy. Everything you need will be provided. Reg-

istration required. All ages Fee: per family: \$15 🐾

BUILD A SCARECROW**SAT. SEP 7, 10:00 AM-12:00 PM** B252

WEGERZYN GARDENS METROPARK, Program Parking Area, 1301 E. Siebenthaler Ave.

Fall is in the air and it's time to build a scarecrow for your yard or garden. We'll supply the straw, string and stakes, you bring the clothes and inspiration for your creation. We'll meet in the parking lot. Registration required. All ages Fee: per scarecrow: \$18 🐾 ⚙️

EXPERIENCE THE GREAT
OUTDOORS ON HORSEBACK
THIS SUMMER AT THE**CARRIAGE
HILL
RIDING
CENTER!**

- Beginning Saturday, June 1, trail rides for ages 8 and older are offered on Saturdays and Sundays. These one-hour, walk-only rides are guided through the woods at Carriage Hill MetroPark. \$30
- Pony rides for ages 2 to 8 are offered on Saturdays. \$5
- Summer horse camps begin June 3.

**METROPARKS.ORG/
RIDINGCENTER**



PRESCHOOL

*Help young children discover the wonders of nature.
Explore the outdoors while learning and growing.*

PROGRAMS ARRANGED BY DATE

(FREE) WHAT'S HAPPENING ON THE FARM

THU. JUN 6, 10:00-11:00 AM B156

THU. JUL 11, 10:00-11:00 AM B157

THU. AUG 1, 10:00-11:00 AM B158

THU. SEP 5, 10:00-11:00 AM B160

POSSUM CREEK METROPARK, Possum Creek Education Building, 4790 Frytown Rd.

Things are always changing at the farm; whether it's the seasons, what's growing in the garden or prairie or how the different animals are changing to adapt to the weather. Life on the farm is always in motion. Each month there will be different fun subjects to learn about from stories to activities. Registration requested, walk-ins welcome.

Age: 2Y-5Y 📅 ⚙️

STORIES, CRAFTS AND MORE

Experience a fun-filled hour in the Children's Discovery Garden! We'll read stories about various critters, then take an adventure to see where they live and what they eat. This program designed for toddlers and their caregivers also includes songs and crafts.

SQUIRRELS

WED. JUN 12, 10:30-11:30 AM B254

WEGERZYN GARDENS METROPARK, Skeeter's Shelter, 1301 E. Siebenthaler Ave.

Learn about squirrels and see where and how they live. Registration required. Age: 2Y-5Y

Fee: Per Child: \$5 📅 ⚙️

BUTTERFLIES

WED. JUL 3, 10:30-11:30 AM B257

WEGERZYN GARDENS METROPARK, Skeeter's Shelter, 1301 E. Siebenthaler Ave.

Learn about butterflies and see where and how they live. Registration required.

Age: 2Y-5Y Fee: Per Child: \$5 📅 ⚙️

FROGS AND TOADS

WED. AUG 14, 10:30-11:30 AM B258

WEGERZYN GARDENS METROPARK, Skeeter's Shelter, 1301 E. Siebenthaler Ave.

Learn about frogs and toads and see where and how they live. Registration required. Age: 2Y-5Y

Fee: Per Child: \$5 📅 ⚙️

OWLS

WED. SEP 11, 10:30-11:30 AM B259

WEGERZYN GARDENS METROPARK, Skeeter's Shelter, 1301 E. Siebenthaler Ave.

Learn about owls and see where and how they live. Registration required. Age: 2Y-5Y
Fee: Per Child: \$5 📅 ⚙️

TIKE HIKE

Explore nature with your preschooler, hand-in-hand, as we venture through diverse habitats, pretend, tell stories, and play during these theme-based gatherings.

(FREE) CREEK ROMP

WED. JUN 19, 10:00-11:30 AM B320

SUGARCREEK METROPARK, Trailhead Program Parking, 4178 Conference Rd.

Prepare to get wet as we hop in the creek to discover crawdads, salamanders, and many more of Earth's creatures! Registration requested, walk-ins welcome. Age: 3Y-5Y 📅 ⚙️

(FREE) SALAMANDER SEARCH

THU. JUL 11, 10:00-11:00 AM B321

HILLS & DALES METROPARK, Shelter: Paw Paw/ Parking Lot, 2471 Deep Hollow Rd.

Treat your preschooler to dirty hands and fresh air as we explore the park for salamanders. Registration requested, walk-ins welcome. Age: 3Y-5Y 📅 ⚙️

(FREE) LIVE LIKE A BEE

TUE. AUG 20, 10:00-11:00 AM B322

COX ARBORETUM METROPARK, Parking Lot, 6733 Springboro Pk.

Transform your child into this busy insect to see plant life through a bee's eyes. We'll learn just how important insects are to human survival. Registration requested, walk-ins welcome. Age: 3Y-5Y 📅 ⚙️

(FREE) PONDOLGY

THU. SEP 19, 10:00-11:00 AM B323

GERMANTOWN METROPARK, Twin Valley Welcome Center, 6910 Boomershire Rd.

Come get wet and muddy as we explore the

pond and what lives in and around it.

Registration requested, walk-ins welcome.

Age: 3Y-5Y 📅 ⚙️

GET OUTSIDE BOOK CLUB

Five Rivers MetroParks and the Dayton Metro Library have partnered to develop a special reading club for preschoolers! Gatherings at your local library and in the parks will get you and your child excited for reading and exploring nature adventures in your backyard. Visit www.metro parks.org/bookclub.

(FREE) WETLANDS

WED. SEP 4, 10:00-11:00 AM B139

WEGERZYN GARDENS METROPARK, Skeeter's Shelter, 1301 E. Siebenthaler Ave.

Read stories with a Dayton Metro Librarian, and discover the power of wetlands: nature's water purifier! We'll also search for animals and discover plant life. Registration requested, walk-ins welcome. Age: 3Y-6Y 📅 ⚙️

(FREE) SPIDERS

TUE. SEP 10, 10:00-11:00 AM B140

POSSUM CREEK METROPARK, Possum Creek Education Building, 4790 Frytown Rd.

Join a Dayton Metro Librarian and read stories about spiders! Afterwards, we will go on a spider search and discover their hidden secrets while curbing fears. Registration requested, walk-ins welcome. Age: 3Y-6Y 📅 ⚙️

(FREE) NIGHTTIME EXPLORATION

FRI. SEP 20, 8:00-9:00 PM B108

HILLS & DALES METROPARK, Shelter: Paw Paw/ Parking Lot, 2471 Deep Hollow Rd.

Encounter the mysteries of the night while reading stories and songs with a librarian, then take a walk with a MetroParks naturalist exploring owls and other nightlife!

Registration requested, walk-ins welcome.

Age: 3Y-6Y 📅 ⚙️

YOUTH AND TEENS

*Help young children discover the wonders of nature.
Explore the outdoors while learning and growing.*

PROGRAMS ARRANGED BY DATE

PRESCHOOL PROGRAMMING CONTINUED

(FREE) HOME SWEET HOME

WED. SEP 25, 10:00-11:00 AM B141
CARRIAGE HILL METROPARK, Shelter: Cedar Lake/Parking Lot, 7891 E. Shull Rd.

Join a Dayton Metro Librarian and read stories about animal homes! Afterwards, we will explore animal homes out in nature, make a visit to the wetland, and explore a prairie. Visitors are encouraged to visit the living history farm afterward. Registration requested, walk-ins welcome. Age: 3Y-6Y 📅 ⚙️

GROWING ADVENTURES:

PLANT, PLAY AND EAT

TUE. JUN 4, 12:30-1:30 PM B336

TUE. JUN 11, 12:30-1:30 PM B337

TUE. JUN 18, 12:30-1:30 PM B338

TUE. JUN 25, 12:30-1:30 PM B339

TUE. JUL 2, 12:30-1:30 PM B340

TUE. JUL 9, 12:30-1:30 PM B344

TUE. JUL 16, 12:30-1:30 PM B341

TUE. JUL 23, 12:30-1:30 PM B342

TUE. JUL 30, 12:30-1:30 PM B343
WEGERZYN GARDENS METROPARK, Skeeter Garden, 1301 E. Siebenthaler Ave.

A fast, fun-packed hour where kids learn about plants and planting, enjoy healthy snacks and exercise, create a fun craft and go on an exciting nature adventure. A new class each week. Registration required. Age: 6Y-10Y
Fee: Per Child: \$7 📅 ⚙️

YOUTH KAYAK CAMP

TUE., WED. JUN. 11-12,

10:00 AM-5:00 PM B113

WED., THU. JUN. 19-20,

10:00 AM-5:00 PM B114

NEW
THIS
SUMMER

TUE., WED. JUN. 25-26,

10:00 AM-5:00 PM B115

WED., THU. JUL. 31-AUG. 1,

10:00 AM-5:00 PM B116

EASTWOOD METROPARK, Blue Lake, 1401 Harshman Rd.

This youth focused hands-on 2-day program will use instruction and games as we learn to kayak. Day 1 will be on a lake and day 2 will be on the river. We will be getting wet so dress appropriately. Registration required. Age: 9Y-17Y Fee: \$60 📅 ⚙️

MORNING CHORES

SAT. JUN 15, 8:30-10:00 AM B203

SAT. JUL 20, 8:30-10:00 AM B207

SAT. AUG 17, 8:30-10:00 AM B212

SAT. SEP 14, 8:30-10:00 AM B217

CARRIAGE HILL METROPARK, Carriage Hill Historical Farm, 7850 E. Shull Rd.

Join a farm staff member to experience a typical work day for a farm hand. Participants will help with a variety of historic chores. Meet at the front gate of the farm. Registration required. Age: 8Y-12Y Fee: \$5 📅 ⚙️

YOUTH MOUNTAIN BIKING CAMP

TUE. JUN 18, 1:00-5:00 PM B109

TUE. JUL 9, 1:00-5:00 PM B110

TUE. JUL 23, 1:00-5:00 PM B111

HUFFMAN METROPARK, MoMBA, 4485 Union Rd.

Designed specifically for youth 9-15 years old, this hands-on program will introduce skills for riding singletrack mountain bike trails. Topics covered include trail etiquette, braking, shifting, and bike handling. Bicycles and helmets are required and can be provided. Registration required. Age: 9Y-15Y Fee: \$15 📅 ⚙️

YOUTH WHITEWATER

KAYAKING CAMP

TUE., WED., THU. JUL. 16-18,

10:00 AM-5:00 PM B112

EASTWOOD METROPARK, Blue Lake, 1401 Harshman Rd.

Advanced kayaking camp for kids with prior kayaking experience with MetroParks that want to learn to paddle whitewater. Prerequisites: Youth Kayak Camp, or Kayak 1 & 2, or similar. Registration required. Age: 11Y-17Y Fee: \$80 📅 ⚙️

GET OUT & DISCOVER DURING TOUR DE WAY



Embark on a summer adventure with Tour de Way! This new program is a fun way to explore the 99 miles of river corridor that connect communities in the Great Miami Riverway.

Register at bit.ly/TourDeWay and get a passport. Fill it between now and March 2020 by visiting destinations in our region, including stops in RiverScape, Eastwood and Deeds Point MetroParks. Earn points for a chance to win amazing prizes!





COMMUNITY GROUPS & TRAINING

Share the benefits of an active, nature-based lifestyle with your community and future generations.

PROGRAMS ARRANGED BY TOPIC

GARDENING

(FREE) HOW TO START A NEW COMMUNITY GARDEN

THU. JUN 6, 6:00-7:30 PM B233

POSSUM CREEK METROPARK, Possum Creek Education Building, 4790 Frytown Rd.

MetroParks works with many community gardens in Montgomery County. How can you start a community vegetable garden in your neighborhood, school, or church? Learn the essential steps to a successful project. Begin planning for next year! Registration requested, walk-ins welcome. Contact kaitlyn.lowry@metroparks.org for details. Age: 18Y and up 📄 ⚙️

SCHOOL GARDEN TOURS

Are you interested in starting a garden at your school? Join us for tours of Dayton-area schools. Talk with educators about how they got started and how to incorporate the gardens into curriculum. Learn more about the Five Rivers MetroParks' Green Schoolyards program and other resources for educators.

(FREE) CREATIVE WORLD OF MONTESSORI

FRI. JUN 14, 2:00-4:00 PM B147

OFFSITE, Creative World of Montessori, 1720 Belvo Rd. A

Creative World of Montessori has gardens at all three of its locations. The Miamisburg location features traditional and raised garden beds and a hay bale garden for squash. Learn how they use the garden with a variety of ages. Registration requested, walk-ins welcome. Age: 18Y and up 📄 ⚙️

(FREE) PRIMARY VILLAGE SOUTH

FRI. JUN 21, 2:00-4:00 PM B146

OFFSITE, Primary Village South, 8388 Paragon Rd Primary Village South features a courtyard garden with a water feature, vegetable gardens and wildlife habitat. Learn how they partner with their PTO. Registration requested, walk-ins welcome. Age: 18Y and up 📄 ⚙️

(FREE) GLORIA DEI MONTESSORI

TUE. JUL 16, 5:30-7:30 PM B148

OFFSITE, Gloria Dei Montessori, 615 Shiloh Dr Gloria Dei Montessori features two beds at the school. Learn how Gloria Dei partnered with a local community garden to use some of their plots as well. Registration requested, walk-ins welcome. Age: 18Y and up 📄 ⚙️

(FREE) KISER ELEMENTARY

TUE. JUL 23, 5:30-7:30 PM B149

OFFSITE, Kiser Elementary, 1401 Leo St Kiser Elementary, one of MetroParks' first Seedling Schools, features 13 raised beds, an outdoor learning area, outdoor natural/sensory play area, and a native prairie area. Learn how they've used community partnerships to help with their outdoor learning space. Registration requested, walk-ins welcome. Age: 18Y and up 📄 ⚙️

(FREE) MIDSUMMERS NIGHT POTLUCK FOR COMMUNITY GARDENERS

WED. AUG 14, 6:00-7:30 PM B235

POSSUM CREEK METROPARK, Possum Creek Education Building, 4790 Frytown Rd.

Attention to all community gardeners! Celebrate the hard work you've put into your garden with a community garden potluck. Bring a dish that utilizes the vegetables you're growing, and prepare for socializing and most wondrous merriment. Bringeth thy appetite! Please label all dishes with potential allergens. Registration required. Age: 18Y and up 📄

TEACHER WORKSHOPS

Professional development hours are more fun when you're in a park! Join us as we explore new curriculum guides to bring nature to your classroom and your classroom outside!

GROWING UP WILD WORKSHOP

SAT. JUN 15, 1:00-4:00 PM B3

WESLEYAN METROPARK, Shelter: Blue Jay/Parking Lot, 1441 Wesleyan Rd.

Take the nationally recognized Growing Up WILD curricula combined with our Natural Adventures Box and you'll have a fun, exciting summer with students! Give children an early foundation in nature while encouraging them to explore the outdoors. Ohio approved credit from ODJFS is available. Registration required. Age: 18Y and up Fee: \$5 📄

PROJECT WILD & INQUIRY ADVENTURES WORKSHOP

WED., THU. JUN. 19-20, 9:00 AM-4:00 PM B286

COX ARBORETUM METROPARK, Kettering Learning Lab, 6733 Springboro Pk.

This two-day workshop will certify classroom teachers in the nationally recognized Project Wild curricula, engage educators in outdoor inquiry, and demonstrate how to utilize Five Rivers MetroParks' resources to make science come alive for students. Graduate and 6 hours of Ohio approved credit is available, with no "homework" or papers to write. Registration required. Age: 18Y and up Fee: \$35 📄



HELP KIDS DISCOVER NATURE

ATTEND THE NATURAL
PLAYSCAPES WORKSHOP
AND KEYNOTE

**Thursday, June 13, from 8 to 10 AM
(program A193)**

Wegerzyn Gardens MetroPark

Discover the benefits of natural
playscapes, which have more health
benefits for children and can be
installed at a lower cost than
traditional playground equipment.
This event will include a design
workshop during a tour of local
sites and a keynote presentation by
internationally known designer and
builder Adam Bienenstock. He'll
provide information about how to
bring natural playscapes to
your community.

A natural playscapes tour for
professionals also will be held
following the public workshop
(program A197). Contact
doug.horvath@metroparks.org
for more information.

Registration required at
bit.ly/MVLNCI.

www.naturalplaygrounds.ca



SMALL FARM AND FOOD FEST

CARRIAGE HILL METROPARK

Saturday, July 27, from 10 AM to 5 PM

Celebrate the growing season with an entire day of learning about healthy eating, hobby farming and homesteading. Expand your knowledge with educational talks, shop an outdoor farmers market and grab a bite to eat. View demonstrations to learn more about canning, milling, gardening and soap making – all skills that help you live more sustainably.



PLAN YOUR METROPARKS SUMMER

PASSPORT TO METROPARKS

Friday, June 7, from 6 to 10 PM at RiverScape MetroPark

Get a taste of adventure so you can make the most of your summer during this new event. Between 6 and 8 PM, MetroParks staff experts and representatives from Dayton's favorite festivals will guide you through fun hands-on activities. Register for programs, meet MetroParks' live animal ambassadors and fill your passport to be entered to win cool prizes.

Until 10 PM, get a preview of Dayton's favorite festivals, including GermanFest, the African American Cultural Festival, Celtic Festival and Hispanic Heritage Festival. Enjoy live music, food, dancing and more during this summer festival sneak peek.

GET OUT & LIVE THIS SUMMER AT RIVERSCAPE METROPARK

2019 SUMMER MUSIC SERIES



PICKIN' IN THE PARK

FRI. MAY 3, 6-10 PM
Flatland Harmony
Experiment
Kind Country



FRI. AUGUST 2, 6-10 PM
Mama Said String Band
Buffalo Wabs & the
Price Hill Hustle



R&B HOT SUMMER MUSIC

FRI. JUNE 14, 7:30-9:30
KICK-N-FLAVA



FRI. JULY 12, 7:30-9:30
Premium
Blend Music



FRI. AUGUST 16, 7:30-9:30
Authorized
PERSONNEL



BIG BAND NIGHTS

THUR. JUNE 13, 7:30-9:30
Big Band Nights with The Bob
Gray Orchestra with vocalist
Felita LaRock



THUR. JUNE 27, 7:30-9:30
The Dayton
Jazz Orchestra



THUR. JULY 11, 7:30-9:30
The Tom Daugherty Orchestra



THUR. AUGUST 15, 7:30-9:30
Barry Campbell Big Band with
vocalist Elaina McCormick



THUR. AUGUST 29, 7:30-9:30
The Kim Kelly
Orchestra

CARDIO DANCE IN THE PARK

10-11 AM
Select Saturdays
(See pg. 27 for dates)
Cardio workouts with
Meghan Millat of
Fit N Fruitful.

YOGA IN THE PARK

10-11 AM
Select Saturdays
(See pg. 27 for dates)
Center yourself
with Tori Reynolds of
Speakeasy Yoga.

BOOT CAMP IN THE PARK

5:30-6:30 PM
Every other Tuesday
starting June 11
High energy HIIT
workouts with Fit Body
Boot Camp instructors.



FREE FITNESS CLASSES



CHECK LISTINGS FOR DATES FOR THESE FREE PROGRAMS

HAPPENING DAILY AT RIVERSCAPE THIS SUMMER



MUSIC @ LUNCH
Monday - Friday
11:30 AM to 1:30 PM

Lunchtime downtown
features music, food
trucks and free WiFi.



FOOD TRUCKS
Monday - Friday
11:30 AM to 1:30 PM

Food trucks every
weekday at lunch.



RIVERSCAPE CAFÉ
Monday - Friday
11:30 AM to 1:30 PM

Open weekdays
for lunch.



**INTERACTIVE
FOUNTAINS**
11 AM - 8 PM daily

Fun for kids
of all ages.



**FOUNTAIN
SNACK BAR**

Mon-Wed 11 AM-6 PM
Thur.-Sun. 11 AM-8 PM

Serving sweet treats like
lemonade and
ice cream.

VISIT METROPARKS.ORG/RIVERSCAPE FOR A LIST OF UPCOMING PERFORMERS AND FOOD TRUCKS.

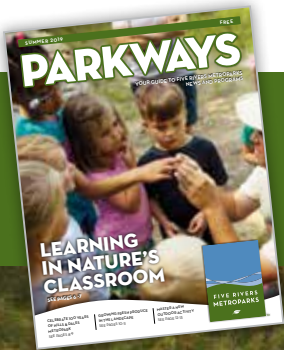


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409 East Monument Avenue, Third Floor
Dayton, Ohio 45402-1260

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HOLD ON TO YOUR PARKWAYS!

This issue covers programs from June through September 2019.

View this *ParkWays* publication online at metroparks.org/parkways.



PLEASE RECYCLE

RENT A METROPARKS SHELTER OR CAMPSITE NOW FOR THE BEST SELECTION OF DATES AND LOCATIONS — BOTH EASY TO RESERVE ONLINE.

Shelters and campsites are located in beautiful natural settings and near park activities, such as hiking, play areas, fishing, paddling and cycling.

NEW!

The Five Rivers MetroParks Foundation provides Access to Nature scholarships to qualifying families in Montgomery County — and those scholarships now include shelter and campsite rental fees. Learn more and apply at metroparks.org/scholarships.

METROPARKS.ORG/EASY

ParkWays is mailed to every resident of Montgomery County. Due to delivery specifications, we are unable to remove individual recipients from our mailing list at this time. If you are not interested in this publication, please pass it along to a friend or recycle the magazine.

