

# ADVENTURE CENTRAL®

AT WESLEYAN METROPARK

## Summary of Scholarly and Creative Works 2001-2015



### Peer-Reviewed Journal Articles

Cochran, G., Ferrari, T., & Arnett, N. (2014). Using an Initiative to Focus Programming Efforts: A Case Study of the Ohio 4-H Workforce Preparation Initiative. *Journal of Extension*. 52 (3). Article 3FEA8. Retrieved from: <http://www.joe.org/joe/2014june/a8.php>

Catchpole, K. & Arnett, N. (2014). Increasing Parent Involvement with Parent Progress Reports. *Journal of Extension*. 52 (2). Article 2TOT9. Retrieved from: <http://www.joe.org/joe/2014april/tt9.php>

Ferrari, T. M., & Arnett, N. (2011). Implementing a Work-Based Learning Approach to 4-H Camp Counseling. *Journal of Youth Development*. 6 (4), (Winter) Article 110604FA001 Retrieved from: [http://nae4a.memberclicks.net/assets/documents/JYD\\_0604final.pdf](http://nae4a.memberclicks.net/assets/documents/JYD_0604final.pdf)

Ferrari, T. M., Lekies, K. S., & Arnett, N. (2009). Opportunities matter: Exploring youth's perspectives on their long-term participation in an urban 4-H youth development program. *Journal of Youth Development*. 4 (3), (Fall) Article 090403FA001 Retrieved from: [http://www.nae4ha.org/directory/jyd/jyd\\_article.aspx?id=ed9b9f61-9e81-46de-ace2-2905a1165da8](http://www.nae4ha.org/directory/jyd/jyd_article.aspx?id=ed9b9f61-9e81-46de-ace2-2905a1165da8)

Cochran, G., & Ferrari, T. M. (2009). Preparing youth for the 21<sup>st</sup> century knowledge economy: Youth programs and workforce preparation. *Afterschool Matters*. 8 (Spring), 11-25. Retrieved from: [http://www.robertbownefoundation.org/pdf\\_files/2009\\_asm\\_spring.pdf](http://www.robertbownefoundation.org/pdf_files/2009_asm_spring.pdf)

Ferrari, T. M., Arnett, N. E., & Cochran, G. R. (2008). Preparing teens for success: Building 21st century skills through a 4-H work-based learning program. *Journal of Youth Development*, 3(1), Article 080301FA001. Retrieved from: <http://www.nae4ha.org/directory/jyd>

Cochran, G., Arnett, N., & Ferrari, T. M. (2007). Adventure Central: Applying the "demonstration plot" concept to youth development. *Journal of Higher Education Outreach and Engagement*, 11(4). Retrieved from [http://www.uga.edu/ihe/jheoe/11\\_4.html](http://www.uga.edu/ihe/jheoe/11_4.html)

Ferrari, T. M., Futris, T. G., Smathers, C. A., Cochran, G. R., Arnett, N., & Digby, J. K. (2006). Parents' perceptions of family involvement and youth outcomes at an urban 4-H program. *Forum for Family and Consumer Issues*, 11(2). Retrieved from:

[http://www.ces.ncsu.edu/depts/fcs/pub/11\\_2/fa1.html](http://www.ces.ncsu.edu/depts/fcs/pub/11_2/fa1.html)

Ferrari, T. M., & Turner, C. L. (2006). Motivations for joining and continued participation in a 4-H Afterschool program. *Journal of Extension*. 44(4), Article No. 4RIB3. Retrieved from: <http://www.joe.org/joe/2006august/rb3.shtml>

Paisley, J. E., & Ferrari, T. M. (2005). Extent of positive youth-adult relationships in a 4-H Afterschool program. *Journal of Extension*, 43(2), Article 2RIB4. Retrieved from: <http://www.joe.org/joe/2005april/rb4.shtml>

### Editor-Reviewed Journal Articles

Arnett, N. (2013). The 8<sup>th</sup> Habit. Resource review. *Journal of Youth Development*. 8(1), Article 130801RR001.

Retrieved from: <http://nae4a.memberclicks.net/assets/documents/jyd/jyd%20-130801.pdf>

Cochran, G., Catchpole, K., Arnett, N., & Ferrari, T., (2010). Extension's Role in Preparing Youth for the Workforce: A Challenge to Extension Professionals. *Journal of Extension*, 48(4), Article 4COM1. Retrieved from: <http://www.joe.org/joe/2010august/comm1.php>

THE OHIO STATE UNIVERSITY EXTENSION  
4-H YOUTH DEVELOPMENT  
&  
FIVE RIVERS METROPARKS



"PARTNERS IN POSITIVE YOUTH DEVELOPMENT"

## Ph. D. Dissertations & Master's Theses

(Masters Theses advised by Theresa Ferrari)

- Krogel, A. (2011). *A Review of Out-of-School Time Program Quality Exploring the Learning Environment, Content, and Engagement of Youth at Adventure Central*. Unpublished master's thesis, The Ohio State University, Columbus, OH. Available at: [http://etd.ohiolink.edu/view.cgi?acc\\_num=osu1306899416](http://etd.ohiolink.edu/view.cgi?acc_num=osu1306899416)
- Dailey, J.C. (2008). *Internet use and environmental justice: An exploratory study*. Unpublished Ph. D. dissertation, Louisiana State University, Baton Rouge, LA. Available at: <http://etd.lsu.edu/docs/available/etd-11102008-120141/>
- Paisley, J. E. (2002). *An exploration of youths' positive relationships with adults at Adventure Central, a 4-H after-school program*. Unpublished master's thesis, The Ohio State University, Columbus, OH.
- Turner, C. L. (2002). *Adolescents' perceptions of motivation, participation, and commitment at Adventure Central, a 4-H after-school program*. Unpublished master's thesis, The Ohio State University, Columbus, OH.

## Bulletins & Technical Reports

- Arnett, N. & Cochran, G. (2014). *Alignment of Employee Skills with Job Needs*. Descriptor white paper as part of the Vice President's Conversation on the Future: Trend Research and Analysis.
- Ferrari, T., Arnett, N., Bateson, L., & Gottke, H. (2011). *CampWORKS Toolkit*. Ohio State University Extension.
- Arnett, N., Cochran, G. & Bateson, L. (2010). *The world of work is calling...are you ready?*. Ohio 4-H Idea Starter.
- Arnett, N., Cochran, G., & Ferrari, T. M. (2007). *Work-based learning*. Columbus: Ohio State University Extension, 4-H Youth Development.
- Cochran, G. et al. (2006). *Workforce preparation overview*. Columbus: Ohio State University Extension, 4-H.
- Cochran, G. R., Ferrari, T. M., & Jackson, K. (2005). *4-H Afterschool Demonstration Project (Final Report)*. Columbus: Ohio State University Extension, 4-H.

## Invited Presentations

- Arnett, N. & Ferrari, T. (Oct 2012) "Program of Distinction: At-Risk Youth Program, Cultural Competency Training." *Invited Program Seminar*. Orlando: National Association of Extension 4-H Agents Conference. <http://www.nae4ha2012.com/>
- Arnett, N., Catchpole, K., & Ferrari, T. M. (2009, October). *Job Experience and Training program*. Invited presentation as a national Program of Distinction at the National Association of Extension 4-H Agents annual conference, Rochester, NY.

## Reviews & Abstracts (Peer Reviewed)

- Catchpole, K. & Arnett, N. (Sept 2013) "Increasing Family Involvement with Parent Progress Reports." Abstract of a Poster Presentation. Pittsburg: Galaxy IV Conference. <http://www.cvent.com/events/galaxy-iv-bridging-the-centuries-a-new-era-for-extension/custom-122-5df57109ae3840bd86a6a3c3225d6f32.aspx>
- Ferrari, T. & Arnett, N. (Oct 2012) "The ABC's of Engagement as Experienced by Teen 4-H Camp

- Counselors." *Abstract of a Research Seminar*. Orlando: National Association of Extension 4-H Agents Conference. <http://www.nae4ha2012.com/>
- Ripberger, C., Arnett, N., Cook, K., Femrite, S., & Wagoner, S. (Oct 2012) "Training Teens to Teach Agricultural Biotechnology: A National 4-H Science Demonstration Project." *Abstract of a Program Seminar*. Orlando: National Association of Extension 4-H Agents Conference. <http://www.nae4ha2012.com/>
- Ferrari, T., Arnett, N., Fogt, N., Gottke, H., Horvath, T. Light, M., & Turner, C. (2011, October). *CampWORKS: A Work-Based Learning Approach to 4-H Camp Counselor Training*. Abstract of a program seminar at the National Association of Extension 4-H Agents Conference. Omaha, NE.
- Krogel, A., Ferrari, T., & Arnett, N. (2011, October). *Exploring Point-of-Service Features of Out-of-School Time Program Quality: A Mixed Methods Study of the Learning Environment, Content, and Youth Engagement at Adventure Central*. Abstract of a Research and Evaluation Report at the National Association of Extension 4-H Agents Conference. Omaha, NE.
- Ripberger, C., Arnett, N., & Mullens, A. (2011, October). *4-H Science in Urban Communities Promising Practices – Staffing with AmeriCorps*. Abstract of a competency building workshop at the National Association of Extension 4-H Agents Conference. Omaha, NE.
- Ferrari, T., Arnett, N., & Bateson, L. (2010, May). *Work-based learning goes to camp: Results of a pilot study*. Abstract of a poster presentation at Children, Youth and Families at Risk Conference. San Francisco, CA.
- Krogel, A., Catchpole, K. & Arnett, N. 2010. *AC Wellness Challenge: A plan to get people eating right and moving*. Abstract of a program showcase presented at the Children, Youth and Families at Risk Conference. San Francisco, CA.
- Ferrari, T., Arnett, N., & Bateson, L. 2010. *Work-based learning goes to camp: Results of a pilot study in Ohio*. Abstract of a research and evaluation report at the National Association of Extension 4-H Agents Conference. Phoenix, AZ.
- Catchpole, K., Arnett, N., & Krogel, A. (2010, October). *AC wellness challenge: A plan to get people eating right and moving*. Abstract of a healthy lifestyle seminar at the National Association of Extension 4-H Agents annual conference. Phoenix, AZ.
- Ferrari, T. M., Lekies, K. S., & Arnett, N. (2009, October). "Things I never imagined I'd do": *How opportunities create a context for learning and development at an urban 4-H program*. Abstract of a poster presentation at the National Association of Extension 4-H Agents annual conference, Rochester, NY.
- Catchpole, K. A., Arnett, N., Krogel, A., (2009, May). *Practical tools and resources for work-based learning programs*. Abstract of program showcase presented at CYFAR 2009 conference available at: <http://www1.cyfernet.org/cyfar2009/program-showcase.html>.

Krogel, A., Catchpole, K.A., & Arnett, N. (2009, May). *Episodic volunteers: Who are they and what do I do with them*. Abstract of workshop presented at CYFAR 2009 conference. Available at:

<http://www1.cyfarnet.org/cyfar2009/workshops.html>

Krogel, A., Catchpole, K., Grout, N., & Arnett, N. (2008, September). *Bridging the gap between episodic volunteerism and service-learning*. Abstract of a competency building workshop presented at Galaxy III Conference, Indianapolis, IN.

Ferrari, T. M., Arnett, N., & Lekies, K. (2008, September). *Youths' perspectives on their long-term participation in an urban 4-H youth development program: Results of a qualitative study*. Abstract of a poster session presented at Galaxy III Conference, Indianapolis, IN.

Cochran, G., Arnett, N., McNeely, N. N., & Ferrari, T. M. (2008, September). *Preparing teens for the 21<sup>st</sup> century workforce: Work-based learning as a strategy to bridge the skills gap*. Abstract of a poster session presented at Galaxy III Conference, Indianapolis, IN.

Ferrari, T. M., Arnett, N., Cochran, G., & Grout, N. (2007, October). *All in a day's work: Teens' development of workforce skills in the Job Experience and Training (JET) program*. Abstract of a poster session presented at the National Association of Extension 4-H Agents annual conference, Atlanta, GA.

Cochran, G., Arnett, N., & Ferrari, T. M. (2006, October). *Adventure Central: A research station for urban youth development*. Abstract of a poster session presented at the National Association of Extension 4-H Agents, Milwaukee, WI.

Arnett, N., Cochran, G., Bridgeman, B., & Brady, S. (2006, October). *Teamwork and Cultural Literacy for Teens (TCLT): Building cross-cultural skills*. Abstract of a workshop presented at the National Association of Extension 4-H Agents Annual Conference, Milwaukee, WI.

Ferrari, T. M., Smathers, C. A., Futris, T. G., Digby, J. K., Cochran, G. R., & Arnett, N. (2005, November). *Parents' perceptions of family involvement and youth outcomes at an urban 4-H program*. Abstract of a research and evaluation seminar presented at the National Association of Extension 4-H Agents annual conference, Seattle, WA, p. 49.

Cochran, G., & Arnett, N. (2005). *Workforce prep at Adventure Central: A holistic approach*. Abstract of a seminar presented at the National Association of Extension 4-H Agents annual conference, Seattle, WA, p. 37.

Cochran, G., Arnett, N., & Miller, L. (2004). *Hands-on fun with science and nature*. Abstract of a seminar presented at the National Association of Extension 4-H Agents Annual Conference, Oklahoma City, OK.

Cochran, G., Arnett, N., McNeely, N. N., & Ferrari, T. M. (2003, September). *Adventure Central: Lessons in partnerships, programs, and evaluation*. Abstract of a seminar presented at the Galaxy II Conference, Salt Lake City, UT, p. 67.

Ferrari, T. M., Paisley, J. E., Turner, C. L., Arnett, N., Cochran, G., & McNeely, N. N. (2002, October). *An evaluation of the presence of 4-H critical elements in Adventure Central programming*. Abstract of poster session presented at the National Association of Extension 4-H Agents annual conference, Norfolk, VA, p. 49

## Scholarly Presentations & Posters

Albright, M. B., Arnett, N., & Bloir, K., (2015).

"Organizational Change the Ohio JCEP Way." Poster presentation at Ohio State University Extension Annual Conference. Columbus, OH.

Albright, M. B., Bloir, K., & Arnett N., (2015).

"Organizational Change the Ohio JCEP Way." Poster presentation at Epsilon Sigma Phi Conference. Coeur d'Alene, ID.

Arnett, N., Argabright, K., & Cochran, G., (2015).

"Positive Change through Appreciative Inquiry." Seminar presented at Epsilon Sigma Phi Conference. Coeur d'Alene, ID.

Ferrari, T. & Arnett, N. (2014). "CampWorks Webinar." University of Wisconsin 4-H.

Arnett, N., King, J., & Oberstadt, K., (2014). "Navigating Difficult Conversations." North Central Leadership Conference. Omaha, NE.

Arnett, N., King, J., & Oberstadt, K., (2014). Navigating the Difficult Conversations. National Epsilon Sigma Phi. Indianapolis, IN.

Ripberger, C., Arnett, N., & Mullens, A., (2011).

*Promising Practices in Urban 4-H Science: Staffing with AmeriCorps Webinar*. National 4-H Council.

Cochran, G., McNeely, N., Arnett, N., & Ferrari, T. (2008, October). *How camps develop the future workforce*. Workshop presented at the International Camping Congress, Quebec City, Quebec.

Ferrari, T. M., Arnett, N., & Lekies, K. S. (2008).

*Engaged youth: Outcomes of long-term participation in an urban 4-H youth development program*. Research poster presentation at the Children, Youth, and Families at Risk (CYFAR) Conference, San Antonio, TX.

Ferrari, T. M., Cochran, G., Arnett, N., Smathers, C., Kelbaugh, B., & Sotak, L. (2007). *Developing high quality work-based learning experiences: Examples from Ohio's CYFAR project*. Workshop presented at the Children, Youth, and Families at Risk (CYFAR) Conference, Chicago, IL

Cochran, G., Arnett, N., & Ferrari, T. M. (2006). *Adventure Central: Applying the "demonstration plot" concept to youth development*. Poster session presented at the Outreach Scholarship conference, Columbus, OH.

Arnett, N., Brady, S., Bridgeman, B., & Cochran, G. (2006, May). *Teamwork and Cultural Literacy for Teens (TCLT)*. Workshop presented at the Children, Youth, and Families at Risk (CYFAR) annual conference, Atlanta, GA.

Cochran, G. R., Arnett, N., & Ferrari, T. M. (2006, May). *Adventure Central: A research station for urban youth development*. Program Showcase presented at the Children, Youth, and Families at Risk (CYFAR) annual conference, Atlanta, GA.

Cochran, G., Arnett, N., & Smathers, C. (2006, May). *4-H workforce prep: Real jobs, meaningful experiences, and marketable skills*. Workshop presented at the Children, Youth, and Families at Risk (CYFAR) annual conference, Atlanta, GA.

Smathers, C. A., Cochran, G., Arnett, N., Futris, T., & Ferrari, T. (2005). *Engaging families in out-of-school time: Assessment, development, implementation, and evaluation*. Poster presented at the Children, Youth, and Families at Risk (CYFAR) annual conference, Boston, MA.

- Cochran, G., Arnett, N., & Ferrari, T. (2004). *Lessons in partnerships, programming, and evaluation from an innovative urban youth education center*. Presentation at Epsilon Sigma Phi National Conference, Moline, IL.
- Cochran, G., & Arnett, N. (2004). *Hands-on fun with science and nature*. Presentation at the North Central Volunteer Forum, Indianapolis, IN.
- Cochran, G., & Arnett, N. (2004). *Hands-on fun with science and nature*. Presentation at the Children, Youth, and Families At-Risk Conference, Seattle, WA.
- Modic, L., Cochran, G., & Arnett, N. (2003) *Adventure Central – Innovative urban youth education center*. Presentation at the Ohio Parks and Recreation Association Annual Conference, Dayton, OH.
- Cochran, G., Arnett, N., & Ferrari, T. M. (2003, May). *Adventure Central: An innovative urban education center*. Presentation at the Children, Youth, and Families At-Risk (CYFAR) Conference, Minneapolis, MN.
- Cochran, G., Arnett, N., McNeely, N. N., & Ferrari, T. M. (2003, March). *Adventure Central: An innovative urban education center*. Presentation at the Hours of Opportunity: Positive Youth Development in Out-of-School Time conference, East Lansing, MI.
- McNeely, N. N., & Cochran, G. (2001). *Adventure Central*. Presentation at the North Central Urban Extension Conference, Cleveland, OH.
- Arnett, N. and King J. (2009, December). *Strategies for Navigating Change in the New EERA of Extension*. Poster presented at Ohio State Extension Annual Conference, Columbus, OH.
- McNeely, N., Cochran, G., Arnett, N., & Ferrari, T. (2008). *Preparing youth for success through work-based learning*. Workshop presentation at Ohio State University Extension Annual Conference, Columbus, OH.
- Yost, G. M., & Arnett, N. E. (2007). *Partnerships with MetroParks Table Top Conversation*. Columbus, Ohio: Extension Urban/Metro Program Conversation.
- Cochran, G., Callahan, T., Arnett, N., Bridgeman, B., Cox, K., Ferrari, T., Hall, L., Harris, B., & McNeely, N. N. (2007). Ohio 4-H workforce preparation initiative. Poster presentation at the OSU Extension Annual Conference, Newark, OH.
- Cochran, G., Arnett, N., & Ferrari, T. M. (2006, December). *Adventure Central: A research station for urban youth development*. Poster session presented at the OSU Extension Annual Conference, Worthington, OH.
- Cochran, G., Ferrari, T. M., & Jackson, K. (2005, December 13). *Living healthy after school: 4-H Afterschool demonstration sites*. Poster presented at the OSU Extension Annual Conference, Worthington, OH.

## OSU Extension Presentations & Posters

- Catchpole, K. & Arnett, N., (2013). Increasing Family Involvement with Parent Progress Reports. Poster at Ohio State University Extension Annual Conference. Columbus, Ohio
- Catchpole, K., & Arnett, N., (2012). Crucial Conversations: Tools for Having the Hard Conversations. Seminar presented at OSU Extension Annual Conference. Columbus, OH.
- Catchpole, K. and Krogel, A. (2011). *Inclusion: Beyond the Diversity Training*. Seminar presented at Ohio State University Extension Annual Conference. Columbus, OH.
- Ferrari, T., & Arnett, N., Presenter. (2011). *4-H Members Have What Employers Want, But Do They Know It?* Presented at Ohio 4-H Volunteer Conference.
- Ferrari, T & Arnett, N., Presenter. (2011). *Camp Counseling is Real Work*. Presented at Ohio 4-H Teen Conference.
- Ferrari, N., Arnett, N., Bowman, T., Soule, G., & Winters, T. (2010). *4-H Members Have What Employers Want, But Do They Know It?* Presented at Ohio 4-H Volunteer Conference.
- Ferrari, T., & Arnett, N., Bowman, T., Fogt, N., & Winters, T., Presenter. (2010). *I'm Working at Camp Counseling*. Presented at Ohio 4-H Teen Conference.
- Catchpole, K., Arnett, N., and Krogel, A. (2009, December). *JET Program Package: Practical Tools and Resources for Work-based Learning Programs*. Poster presented at Ohio State Extension Annual Conference, Columbus, OH.
- Ferrari, T., Arnett, N., and Bateson, L. (2009, December). *Value Added: Applying Principles of Work-Based Learning to the 4-H Camp Counselor Program*. Poster presented at Ohio State Extension Annual Conference, Columbus, OH.
- Smathers, C., Futris, T., Ferrari, T. M., Cochran, G., Arnett, N. (2005, December 13). *CYFAR: A catalyst for engaging families in out-of-school time and promoting organizational change*. Poster presented at the OSU Extension Annual Conference, Worthington, OH.
- Smathers, C., Futris, T., Ferrari, T. M., Cochran, G., & Arnett, N. (2005, October 7). *CYFAR: A catalyst for engaging urban families in out-of-school time and promoting organizational change*. Poster presented at the OSU Extension Urban Conversation, Worthington, OH.
- Cochran, G., Ferrari, T. M., & Jackson, K. (2005, October 7). *Collaborating for positive impact in after-school programs*. Poster presented at the OSU Extension Urban Conversation, Worthington, OH.
- Cochran, G., & Arnett, N. (2004). *Hands-on fun with science and nature*. Roundtable presentation at the OSU Extension Annual Conference, Columbus, OH.
- Arnett, N., Brady, S., & Cochran, G. (2004) . *TCLT (Teamwork and Cultural Literacy for Teens)*. Poster session presented at the OSU Extension Annual Conference, Columbus, OH.

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