



**FIVE RIVERS METROPARKS**  
**2017 City Beets**  
**June 7-July 28, 2017**



**City Beets** is an eight week summer youth program for youth age 12-15 to learn about food systems. Teens learn about nutrition and practice their culinary skills. They also visit pieces of the local food puzzle, such as the food bank, a soup kitchen and a local farm. City Beets participants learn to garden using organic methods at the Possum Creek MetroPark farm. They sell produce at the 2<sup>nd</sup> Street market twice during the season. Past participants have gone on to exciting things, one girl challenged her mother and grandmother to grow their own food, eat more veggies and lose weight. A boy, who hoped to become a chef, began growing fruit trees in containers at his apartment. Another girl began a program called Got Veggies, where she and fellow high school students glean from farms and gardens and donate the produce to a food pantry.

**City Beets Mission** To create active youth leaders who are knowledgeable, skilled and empowered through the process of growing, sharing and selling food.

**Highlights of the program include:**

- Grow vegetables in the demonstration garden at Possum Creek MetroPark Farm
- Learn leadership & job skills
- Sell food at the Saturday 2nd Street Market
- Take local volunteer field trips
- Learn about where food comes from
- Prepare & eat snacks from harvested food
- Learn how to make healthy meals and snacks economically
- Make new friends
- <http://www.metroparks.org/GetOutside/CityBeets>



**Sponsorship benefits:**

- Encouraging learning and healthy behavior around food
- Making a difference in someone's life
- Health and wellness
- Additional opportunities based on sponsorship level



Sponsor Level	Plant	Seedling	Seed
Opportunity to join a group field trip	X		
Opportunity to have a City Beets tour of the gardens	X		
Opportunity to attend Monday night garden times	X		
Opportunity to attend the end of season party	X	X	
Opportunity to receive a box of produce and the end of the season or have one donated to the food bank in your name	X	X	
Opportunity for recognition on t-shirt	Logo	name	
Opportunity to receive a t-shirt	4	2	1
Sponsor recognition in Community Garden newsletter -1589 recipients	Logo	name	name
Recognition on MetroParks.org/getoutside/citybeets webpage	Logo	name	name
Inclusion on signage at 2nd Street Market at City Beets booth	Logo	name	name
Opportunity to make a difference in someone's life	X	X	X
Sponsor Investment	\$2,000	\$1,000	\$500

**Sponsorship level** \_\_\_\_\_ Master Gardner \_\_\_\_\_ Supporting \_\_\_\_\_ Friend

Signature \_\_\_\_\_

Signature \_\_\_\_\_

Five Rivers MetroParks

Company \_\_\_\_\_

Chief of Philanthropy

Title \_\_\_\_\_

Date \_\_\_\_\_

Date \_\_\_\_\_

Please contact Lucy Johnson at [Lucy.Johnson@metroparks.org](mailto:Lucy.Johnson@metroparks.org) or call 937-277-4139 for additional information.

