










ISLAND METROPARK

TRAIL KEY

HIKING TRAILS



















TRAIL NAME	LENGTH	ESTIMATED HIKE TIME
 Paved Loop Trail	.5 miles	15 MIN.
 Great Miami River, Buckeye and North Country Trails		
 North to Wegerzyn Gardens MetroPark	2 miles (One Way)	45 MIN.
 South to Deeds Point MetroPark	1 mile (One Way)	20 MIN.
 South to RiverScape MetroPark	1.25 miles (One Way)	30 MIN.

PAVED TRAILS

GREAT MIAMI RIVER TRAIL CONNECTIONS	
NORTH 	Stillwater Trail in .24 Miles
SOUTH 	Wolf Creek Trail in 2.3 Miles
	Dayton-Kettering Connector in 1.4 Miles
	Mad River Trail in 1 Mile

Trails are open year-round, but during periods of high water, trails along river may be muddy or impassable. Visit metroparks.org/alerts for park closure information.

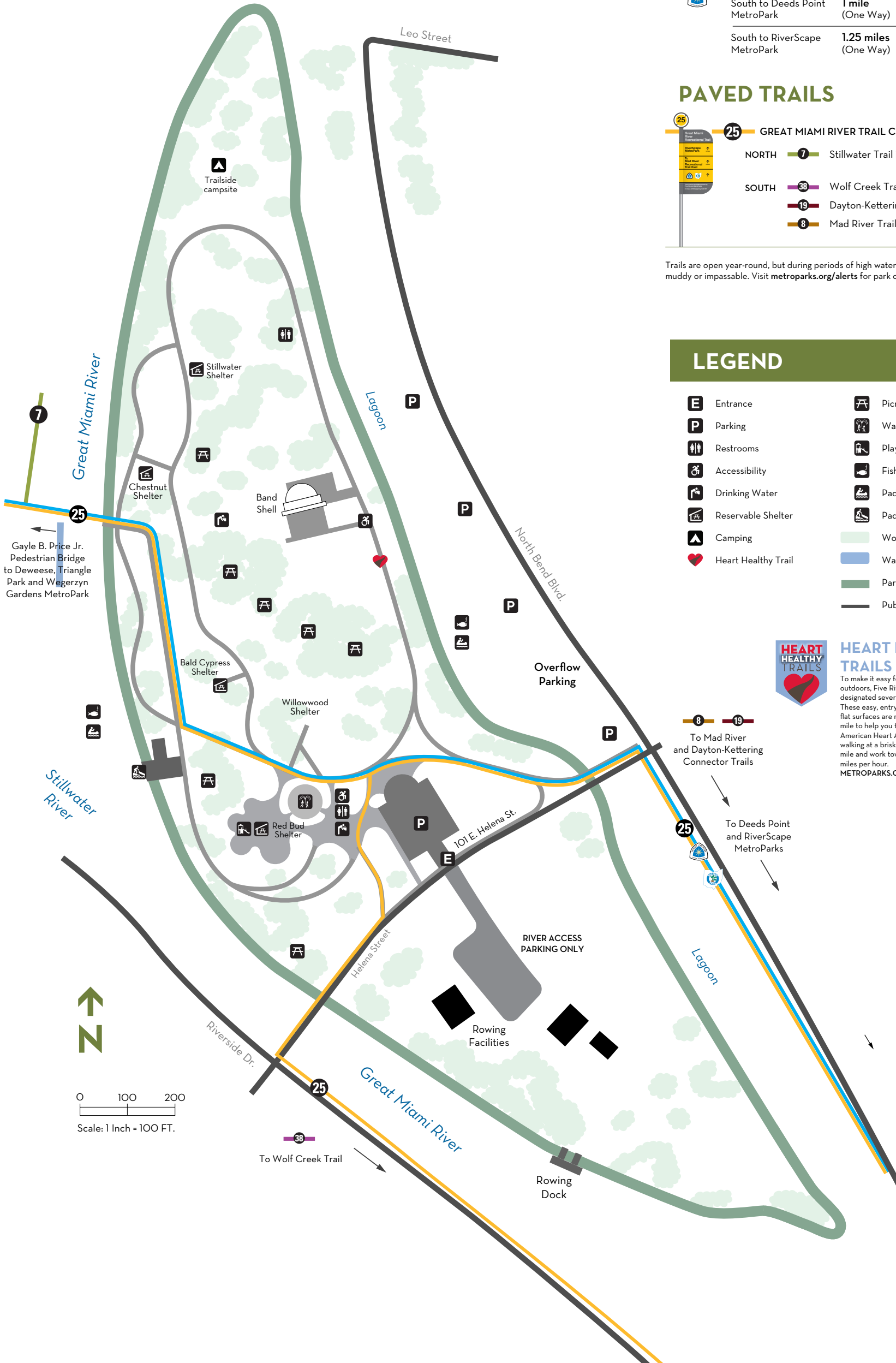
LEGEND

- | | |
|---|---|
|  Entrance |  Picnic Area |
|  Parking |  Water Play Area |
|  Restrooms |  Playground |
|  Accessibility |  Fishing |
|  Drinking Water |  Paddling |
|  Reservable Shelter |  Paddling Launch |
|  Camping |  Woods |
|  Heart Healthy Trail |  Water |
| |  Park Boundary |
| |  Public Road |



HEART HEALTHY TRAILS

To make it easy for you to exercise outdoors, Five Rivers MetroParks has designated several Heart Healthy Trails. These easy, entry-level trails on paved or flat surfaces are marked every quarter mile to help you track your pace. The American Heart Association recommends walking at a brisk pace of 24 minutes per mile and work toward walking at least 2.5 miles per hour. METROPARKS.ORG/HEART-HEALTHY



0 100 200
Scale: 1 Inch = 100 FT.